HOLY CATSUIT, BATMAN!

RICHARD CROUSE PICKS THE MOST PURR-FECT VILLAIN OF THEM ALL PAGE 21

Adero Showhome in Reunion

The only thing more attractive than a Sabal home is the price

Now building in Mahogany, Copperfield, Riversong and Reunion.

SABAL

the uncommonly stylish homebuilder

sabalhomes.com

CALGARY metro®

Wednesday, July 18, 2012

News worth sharing.

metronews.ca | twitter.com/metrocalgary | facebook.com/metrocalgary

If city council approves Ald. Peter Demong's request, 100 foremen with the city roads department could soon be equipped with iPads. CANDICE WARD/FOR METRO

Order of iPads could speed up fixing potholes

311. City alderman says service requests could be processed faster

KATIE TURNER
katie.turner@metronews.ca

In an effort to streamline 311-service requests, one city alderman is requesting 100 foremen in the roads department be given iPads, linking them directly to citizen requests.

Ald. Peter Demong will put forward an application later this month requesting city council dole out $185,000 to purchase the iPads and cover the first year of operating costs.

Using a 311 app, which is already being created, Calgarians can, for example, snap a photo of a pothole, send it to 311 and the service request will be accessible directly by the foreman.

"Any time you get a pothole request, one of the road's supervisors jobs is to confirm the address ... by using the GPS on the phone when you email the picture, that automatically does it," said Demong.

"(It could eliminate) a lot of manual work, a lot of lost time."

Currently, each request is forwarded to one person in the roads department, printed off, distributed to the foreman and filled out manually by staff, according to Demong.

Sean Somers of the city's roads department said a handful of foremen are already using iPads in the field and the feedback has been positive.

"They have the ability to either act on (a service request) or close it on the spot," he said.

"At the end of the day, it's a time saver, which also means a money saver."

Demong said if this program is successful, he hopes to expand it across other business units.

"From here, I'm looking at who's next," he said. "Just cutting the red tape and the paperwork involved — I think it could be huge."

Follow Katie Turner on Twitter @Metro_Katie

For service

- **Requests.** The roads department receives more than 80,000 service requests every year from 311.
- **Budget costs.** The additional annual cost to the roads department's budget will be $80,000 for ongoing operation of the iPads.

RBC Royal Bank

Want cash-smart kids? We have an app for that.

Check out *Learning Money with Leo*™ – our Free new iPad app designed to help kids learn basic money skills with fun games and stories.

Learn more at rbc.com/moneywleo

Advice you can bank on™

® / ™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. Used under licence.

CMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COMCMPAUTO.COM

Over 500 Cars in Stock

Best Prices of the Year

CMP

SUMMER TENT SALE

JULY 19-21

ICE CREAM, BOUNCY CASTLE, GAMES AND PRIZES!

Visit the #1 GM Volume Dealer in Canada

2012 GMC

SIERRA 1500 EXT CAB

0.99% FOR 84 MONTHS

4.3l v6 AUTO, ONSTAR, STABILITY AND TRACTION CTRL, A/C, CRUISE CONTROL, BLOCK HEATER

$129 B/W*

$22,900

P120992

2012 CHEVROLET

CRUZE LS

0% Financing Available

ONSTAR, STABILITY AND TRACTION CTRL, PWR LOCKS AND WINDOWS

$93 B/W

$16,750

C121368

2012 CHEVROLET

MALIBU LS

0% Financing Available

ONSTAR, STABILITY AND TRACTION CTRL, PWR LOCKS AND WINDOWS

$135 B/W

$24,499

C121365

2012 CHEVROLET

EQUINOX LS

0% Financing Available for 84 months

AUTO, FWD, A/C, PWR LOCKS & WINDOWS, BLOCK HEATER, ONSTAR

$148 B/W

$26,900

C120668

*SIERRA PAYMENT O.A.C. @ 0.99% FOR 84 MONTHS. CRUZE, MALIBU & EQUINOX PAYMENTS O.A.C. @ 0% FOR 84 MONTHS. VEHICLES MAY NOT BE EXACTLY AS SHOWN. ERRORS & OMISSIONS EXEMPT. TAXES (GST, $20 TIRE & $100 A/C) AND FEES ($449 ADMINISTRATION, $149.95 WHEELS LOCKS AND NITROGEN & $6.25 AMVIC) NOT INCLUDED.

CMP GM

CHEVROLET Cadillac BUICK GMC

1313 36 St. NE, Calgary, AB T2A 6P9

403-207-1000 cmpauto.com

REBUILD YOUR CREDIT

BANKRUPTCY
DIVORCE
NO CREDIT
BAD CREDIT
403-207-1011

www.calgaryautofinancing.com

Canada's 50 Best Managed Companies

AMVIC LICENSED

CHEVROLET BUICK GMC Cadillac CMP

16 AVE NE

DEERFOOT TR N

COAST PLAZA HOTEL

CMP

36 ST NE

12 AVE NE

MEMORIAL DR

FOLLOW US FOR NEWS, EVENTS, SPECIALS, PRIZES:

FREE MOBILE APP: Available on the iPhone App Store

Deadly road

Province to fast-track Hwy. 63 project

The Alberta government is speeding up three construction projects along dangerous Highway 63.

Tenders are going out for two new passing lanes and extensions to six existing lanes added between House River and the junction with Highway 881, with completion expected by next summer.

The other projects include grading for the next section of highway twinning and several kilometres of tree clearing.

Alberta Transportation spokesman Parker Hogan says the projects were already on the books.

A recent report suggested speeders should face higher fines and have their vehicles towed away on the spot.

THE CANADIAN PRESS

Significant damage

Shaw fire forces relocation of 900 workers

After a fire that knocked out services across the province, Shaw announced Tuesday they would have to relocate 900 employees after significant damage to the building.

According to a release from Shaw, the employees will be relocated for several months following "significant damage" from the company's anti-fire sprinkler system.

Shaw service outages affected tens of thousands after a fire on the 13th floor of the Shaw Court building at 6 Street and 3 Avenue S.W. July 11 left the company's infrastructure crippled.

Service has since been largely restored and the building restoration process is underway.

"We understand the frustration that this incident has had on our customers, tenants and many Albertans as a result of last week's fire," said Shaw president Peter Bissonnette. METRO

Apology. Deputy premier takes heat for landslide joke on Facebook

Alberta Deputy Premier Thomas Lukaszuk is backtracking after a joke he made about recent landslides on his Facebook page.

AlbertaArdvark.blogspot.ca showed a posting with a landslide photo on Lukaszuk's Facebook page captioned, "Fairmont in Hot Springs has a good deal on rooms today. If a little bit of mud doesn't bother you, book now!!"

Lukaszuk later apologized via Twitter. METRO

Deputy Premier Thomas Lukaszuk
METRO FILE

Comfortable? Calgary transit asks for feedback on its train seating

Transit users are being asked to weigh in on CTrain seating layout ahead of Calgary Transit's purchase of new light rail vehicles (LRV).

Later this year or early next year, Calgary Transit plans to purchase several new LRVs. Customers have the chance to provide input via an online survey until Friday.

"We want to get customer feedback on current CTrain configurations — seating types, standing areas, that sort of thing," said spokesman Stephen Tauro.

To take the survey, visit calgarytransit.com/survey/seating-mobility. METRO

Quoted

"It's a matter of finding out what our customers like."

Spokesman Stephen Tauro

Overcrowded shelter issues unusual plea

No other options. Humane Society is asking Calgarians to only drop off animals as a last resort

ALICIA GERRIOR
calgary@metronews.ca

The Calgary Humane Society is taking drastic measures in order to address a growing problem at their southeast facility.

Space at the Humane Society is so tight that the shelter is asking Calgarians to exhaust all options before surrendering their animals to them.

Currently caring for 710 animals, and accepting an average of 20-30 animals a day, the shelter is well over its estimated 400 animal capacity.

"This is the worst I've seen it," said Christy Thompson, a spokesperson for the Calgary Humane Society.

Because the Humane Society is an open-admissions shelter, it can never turn an animal away — regardless of how little space is available.

Thompson said they wanted to avoid resorting to euthanasia to create some much-needed space.

"Euthanasia hasn't increased at this point, but that's what we're trying to avoid," she said.

Your furry friend could be first on the list to receive the toxic injection if you bring them to the shelter right now, Thompson warned.

"People need to realize that when they are bringing their animals to us that (euthanasia) is a very strong possibility at this point."

Hoarding cases are to blame for the over-crowding at the shelter, said Thompson.

"We've had some protection cases that have brought in a large number of animals all at once," said Thompson.

"It really does put a strain on our resources."

Pet overcrowding is becoming a major concern at the Calgary Humane Society, and they are asking Calgarians to hold off on surrendering pets if they can. COURTESY CALGARY HUMANE SOCIETY

How you can help

- Adopt from the CHS and encourage friends and family to do the same.
- If behaviour issues are a problem, call the CHS helpline at 403-723-6057 for possible help.

1 NEWS

On the web

Magic with the moonwalk

Think you've got Michael Jackson's moves? Here's your chance to prove it, says music legend Berry Gordy, who will bring Motown's most influential singers to Broadway. Go to metronews.ca to read more about the making of the musical.

History revealed

France will for the first time open records that allow the public to see how the deportation of the country's Jews came to pass. Go to metronews.ca to see a slideshow of the chilling records.

Mobile news

Who needs the fire brigade when all you really require these days is a neighbour with arms of steel. Scan the code to see how a heroic man rescued a girl who fell from her third-floor apartment.

meet the Lieutenant Governor • children's activities • refreshments • music

www.assembly.ab.ca/jubileegardenparty

You are cordially invited to the Diamond Jubilee

Garden Party

McDougall Centre, 455 – 6 Street S.W.
July 21, 2012, 1 to 4 p.m.

• Produced in partnership with Canadian Heritage
• Produit en collaboration avec Patrimoine canadien

Canadian Heritage Patrimoine canadien Canada

Alberta

Chinese community groups support shark-fin ban

Culture shift. But some say city ban of the culinary delicacy might not be effective

ALICIA GERRIOR
Calgary@metronews.ca

There will be no more shark-fin soup in Calgary come October, and despite the dish being a cultural tradition, some in the Chinese community say it's no big deal.

On Monday, city council voted 13-2 to ban the possession, distribution and consumption of shark fin and any of its byproducts, a move supported by Judy Nguyen, a director at the Sien Lok Society of Calgary.

"I don't think it'll negatively affect Chinese culture in the city," she said.

While she respects the fact that shark-fin soup is a popular delicacy in Chinese cuisine, she said the brutality of shark fishing is "too much."

"We can still have the tradition," she said. "There are alternatives. There are other dishes that are just as equally praised as shark-fin soup."

The ban may come as a shock to older members of Calgary's Chinese community, Nguyen admitted. But cultures change over time, she noted.

"Women used to bind their feet for the sake of keeping them small because of tradition," she said. "But we no longer do that because it doesn't make sense."

Tony Wong, secretary of the board of directors at the Calgary Chinese Cultural Centre, supports the ban, but questions how successful it will be.

"I doubt how effective it'll be to have an official ban because people ban all kinds of narcotics and heroin but people still have ways to get them," he said.

Shark attack

- More than 73 million sharks are killed every year to supply demand for their fins.
- In the past generation more than 90 per cent of the world's sharks have disappeared.
- Scientists estimate most species will be extinct in 10 to 20 years without immediate action.

Source: sharkfinfreecalgary.com

Is time running out? THE CANADIAN PRESS

"There are other dishes that are just as equally praised as shark-fin soup," says Judy Nguyen, a director at the Sien Lok Society of Calgary who supports the city ban. THE CANADIAN PRESS FILE

Disability advocate concerned over CTrain ramp closure

Notices are up at Heritage Station alerting to users of ongoing construction. CANDICE WARD/FOR METRO

An accessibility advocate is calling for Calgary Transit to come up with better access plans, after the temporary closure of another ramp at a city CTrain station.

Those with mobility issues will be restricted from using the ground-level crossing at Heritage Station, as construction is underway to convert the platform to accommodate four-car trains.

Spokesperson Stephen Tauro said Calgary Transit understands the inconvenience for people with disabilities, but due to safety concerns, access to the ramp had to be restricted.

"For us to have people travelling through an active construction site is a huge safety hazard," he said, adding that alternative bus routes and signs have been placed at the station to help people.

Colleen Huston with the Disability Action Hall said Calgarians with mobility issues struggled when the ramp at Sunnyside Station was closed this spring, and she's concerned about future construction as well.

"We would like to see, any time a construction company bids on a contract, that there is a stronger mobility-access plan," she said.

Huston said the low-floor buses provided as an alternative aren't as accommodating as the train for those with reduced mobility.

"Is that the best we can do? I don't know."

Tauro said all the stations will have to be equipped for four-car trains by 2014, but Transit doesn't foresee any other issues with restricted access to ramps.

"We're just trying to manage the construction timeline and ensure the safety of our customers and minimize disruption as much as possible." KATIE TURNER/METRO

Getting around

- Bus routes 39, 79, 80 or 81 will get you from Heritage Station to the adjacent Southland or Chinook stations.
- The Calgary Transit Customer Service will also help commuters find alternative routes at 403-262-1000.

The Royal Canadian Numismatic Association - 2012 Annual Convention
Canada's Money Collector Show
July 20th to 22nd
FREE Admission
Public is Welcome
The Westin Hotel 320 4th Ave., SW
HOURS
Friday, July 20th 10:00am to 6:00pm
Saturday, July 21st 10:00am to 5:00pm
Sunday, July 22nd 10:00am to 4:00pm
Coin Dealers from across North America. Educational Displays on site.
Youth Table will be set-up. Learn all about coins and paper money.
The Bank of Canada and The Royal Canadian Mint will be there.
Check out the meetings that are taking place at the Convention.
BUY-SELL-TRADE
Come and See Coins and Paper Money from all around the World.
The Royal Canadian Mint is having a coin exchange. Bring in an old coin and they will exchange it for one of their recently released commemorative coins of the same denomination.
For information on all the activities taking place please visit: www.rcna.ca

Health Care Aide
No-cost Training
for Eligible Immigrants
Call today for more information
403.569.3341
Training starts September 2012
Centre for Newcomers
Welcoming People from Around the World

Instant Gratification
Check out our quick possession homes in Mahogany, Copperfield, Riversong and Reunion.
SABAL
the uncommonly stylish homebuilder
sabalhomes.com

HYUNDAI | NEW THINKING. NEW POSSIBILITIES.

YOUR CALGARY ADVANTAGE HYUNDAI DEALERS PRESENT:

THE HYUNDAI ADVANTAGE

LOWER PRICES + 0%† FINANCING FOR UP TO 48 MONTHS

GLS model shown

2012 ELANTRA TOURING GL

HIGHWAY 6.4L/100 KM 44 MPG▼

INCLUDES: AIR CONDITIONING WITH GLOVE BOX COOLER ▪ HEATED FRONT SEATS & MIRRORS ▪ 6 AIRBAGS WITH FRONT ACTIVE HEAD RESTRAINTS ▪ CRUISE CONTROL ▪ REMOTE KEYLESS ENTRY ▪ POWER WINDOWS, DOORS, LOCKS & MIRRORS

ELANTRA TOURING GL 5-SPEED MANUAL. DELIVERY & DESTINATION INCLUDED.

WAS $~~19,694~~ | $3,699 PRICE ADJUSTMENT‡ | NOW $15,995♦ INCLUDES AIR CONDITIONING | + 0%† FINANCING FOR 48 MONTHS

Limited model shown

2013 SONATA

HIGHWAY 5.7L/100 KM 50 MPG▼

INCLUDES: AIR CONDITIONING ▪ HEATED FRONT SEATS & MIRRORS ▪ 6 AIRBAGS WITH FRONT ACTIVE HEAD RESTRAINTS ▪ CRUISE CONTROL ▪ XM RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM

SONATA GL AUTO. DELIVERY & DESTINATION INCLUDED.

THE MOST FUEL-EFFICIENT FULL-SIZED CAR – NATURAL RESOURCE CANADA'S 2012 ECOENERGY VEHICLE AWARD^

★★★★★ AWARDED THE HIGHEST GOVERNMENT U.S.-CRASH SAFETY RATING U.S. NATIONAL HIGHWAY TRAFFIC SAFETY ADMINISTRATION

WAS $~~25,564~~ | $2,569 PRICE ADJUSTMENT‡ | NOW $22,995♦ INCLUDES AUTO & AIR | + 0%† FINANCING FOR 48 MONTHS

Limited model shown

2012 TUCSON

HIGHWAY 7.4L/100 KM 38 MPG▼

INCLUDES: AIR CONDITIONING ▪ EZ LANE CHANGE ASSIST ▪ DOWNHILL BRAKE CONTROL AND HILLSTART ASSIST ▪ MOTOR DRIVEN POWER STEERING ▪ REAR SPOILER ▪ iPOD®/USB/MP3 AUXILIARY INPUT JACKS

TUCSON L 5-SPEED MANUAL. DELIVERY & DESTINATION INCLUDED.

WAS $~~21,759~~ | $3,764 PRICE ADJUSTMENT‡ | NOW $17,995♦ INCLUDES AIR CONDITIONING | + 0%† FINANCING FOR 48 MONTHS

Limited model shown

2012 SANTA FE PREMIUM PKG.

HIGHWAY 7.2L/100 KM 39 MPG▼

INCLUDES: AIR CONDITIONING ▪ POWER SUNROOF ▪ HEATED FRONT SEATS & MIRRORS ▪ CRUISE CONTROL ▪ XM RADIO WITH BLUETOOTH® HANDS FREE PHONE SYSTEM ▪ 18" ALLOY WHEELS

SANTA FE GL 2.4 PREMIUM PKG. DELIVERY & DESTINATION INCLUDED.

WAS $~~29,459~~ | $4,464 PRICE ADJUSTMENT‡ | NOW $24,995♦ INCLUDES AUTO & AIR | + 0%† FINANCING FOR 48 MONTHS

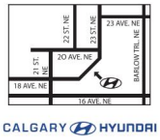
5 YEAR WARRANTY 100,000 KM COMPREHENSIVE LIMITED WARRANTY^

5-year/100,000 km Comprehensive Limited Warranty
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

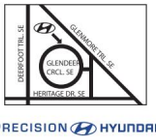
HyundaiCanada.com

YOUR CALGARY HYUNDAI™ DEALERS

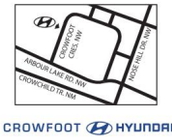
GET THE SMART ADVANTAGE AT ONE OF YOUR CALGARY HYUNDAI DEALERS TODAY



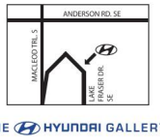
CALGARY HYUNDAI
1920 23rd St. N.E. Calgary,
403-250-9990



PRECISION HYUNDAI
130 Glendeer Cir. S.E. Calgary,
403-538-9536



CROWFOOT HYUNDAI
710 Crowfoot Crescent NW,
403-374-3374



THE HYUNDAI GALLERY
11770 Lake Fraser Dr. S.E., Calgary
403-225-6512

†"The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offers available O.A.C. from Hyundai Financial Services based on a new 2012 Elantra Touring GL 5-Speed Manual/2013 Sonata GL Automatic/2012 Tucson L 5-Speed Manual/2012 Santa Fe GL 2.4 Premium Pkg. with an annual finance rate of 0%/0%/0%/0% for 48/48/48/48 months. Bi-weekly payment is $154/$222/$174/$241. No down payment is required. Cost of Borrowing is $0/$0/$0/$0. Finance offers include Delivery and Destination of $1,495/$1,565/$1,760/$1,760. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, PDE., dealer admin fees and a full tank of gas. Financing example: 2013 Sonata GL Automatic for $22,995 at 0% per annum equals $222 bi-weekly for 48 months for a total obligation of $22,995. Cash price is $22,995. Cost of Borrowing is $0. Example price includes Delivery and Destination of $1,565. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, PDE., dealer admin fees and a full tank of gas. ♦Prices for models shown (after deducting price adjustment): 2012 Elantra Touring GLS Manual/2013 Sonata Limited/2012 Tucson Limited AWD/2012 Santa Fe 3.5 Limited AWD is $18,644/$28,064/$30,109/$32,059. Delivery and Destination charges of $1,495/$1,565/$1,760/$1,760 included. Registration, insurance, PPSA, fees, levies, charges, license fees and all applicable taxes are excluded. Delivery and destination charge includes freight, PDE., dealer admin fees and a full tank of gas. ▼Fuel consumption for 2012 Elantra Touring GL 5-Speed Manual/HWY 6.4L/100KM, City 8.9L/100KM/2012 Sonata GL Auto (HWY 5.7L/100KM, City 8.7L/100KM)/2012 Tucson L 5-speed (HWY 7.4L/100KM, City 10.1L/100KM)/2012 Santa Fe GL 2.4 Auto (HWY 7.2L/100KM, City 10.4L/100KM) are based on Energuide. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. ‡Price adjustments are calculated against the vehicle's starting price. Price adjustments of $3,699/$2,569/$3,764/$4,464 available on 2012 Elantra Touring GL 5-Speed Manual/2013 Sonata GL Automatic/2012 Tucson L 5-speed Manual/2012 Santa Fe GL 2.4 Premium Pkg. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ♦‡†Offers available for a limited time, and subject to change or cancellation without notice. See dealer for complete details. Dealer may sell for less. Inventory is limited, dealer order may be required. ^Based on Natural Resource Canada's 2012 ecoEnergy award for most fuel efficient full-size car. ▲Government 5-Star Safety Ratings are part of the U.S. National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). †Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

Coast to coast. Charity raises 25,000 pounds of food

Five Hole For Foods, a not-for-profit organization that aims to raise awareness and food for local food banks, took its coast-to-coast tour to Calgary on Tuesday.

The organization sets up a hockey rink in each city and invites the public to simply play hockey for a can of food to fight hunger.

By Tuesday afternoon they had already raised 25,000 pounds of food. METRO

Members of the media, including Metro staffers, helped generate buzz for Five Hole For Food in Calgary Tuesday. COURTESY OF DONNA MCTAGGART

Trauma situations

Nurses' emotions held inside: Study

Research done at the U of C examined the emotional toll trauma situations take on nurses in hospitals.

The work, done by Stephanie Dykalski, shows that nurses compare cases to events in their own lives, and hold the emotion inside. Dykalski said she'd like to see the research open doors of communication between frontline nurses and their managers. METRO

Immigration services

Calgary gangster to stay in custody

The ruling at an immigration hearing Tuesday for a reputed Calgary gangster will keep him in Canada Border Services Custody.

Tien Ngoc Ho, affiliated with FOB Killers, is awaiting deportation to Vietnam and officials said his release would pose a danger to the public, due to the possibility he could be targeted by rival gangs, putting citizens in possible line of fire. METRO

Shaw fire. Provincial services now back online

All government services have been restored after a fire in downtown Calgary last week that knocked out computers and telecommunications.

The July 11 fire at the Shaw Communications' headquarters caused the outage of a data centre that supports a variety of provincial services.

Most were restored two days later, but the motor-vehicle registry and land titles data needed more time to restore and test to ensure they were stable and working properly.

THE CANADIAN PRESS

Patrick Rosseau, principal creative visionary at budtobud, shows off his creation, which is now available online. CANDICE WARD/FOR METRO

All ears, Calgary? App connects music, friends

Local creator likens app to a music festival.
'You have five or six different stages at the same time'

CANDICE WARD
calgary@metronews.ca

A mash-up of iTunes and Facebook is changing how people around the world are listening to music.

It's called budtobud. A game-changing music app developed right here in Calgary, it lets you see what music your friends are listening to in real time, from anywhere in the world. You can even chat and listen in with them — and it's free.

"I've got friends in France, Romania, back east and we're listening to music together, just like if we would be next to each other," said Patrick Rousseau, co-founder of the app.

Besides the shared listening experience, the app gives users a chance to discover new music.

"It's actually just opened up a whole new world of music, kind of at your fingertips," said budtobud user Christian Chattaway.

He likened the app to a music festival.

"You have five or six different stages at the same time," he said, adding the user can pick and choose which of their friend's music they want to listen in on.

Rousseau said the shared listening experience his app brings is what is missing from music nowadays.

"You used to be able to take your record or CD to your friend's house or listen to whatever they have, next to each other," he said.

"That went away."

How to get it

• To download the app for iPhone or iPad, visit budtobud.com

Pegasus Security Training Academy

Security Guard Training
Licensed by the Solicitor General & Ministry of Public Security
• Alberta Basic Security Training (Day courses, Evening courses & Weekend Courses)

Other Course:
• PPCT • First Aid/CPR

PLEASE CALL 403-453-1186
Email: info@pegasussecuritytrainingacademy.com
www.pegasussecuritytrainingacademy.com

Discover the Airdrie Advantage

For a limited time receive a $10,000 builder/developer incentive package when you purchase a Sabal Home.

laned homes from $294,791
showhomes: 2359 Reunion Street 403.980.2800
front garage homes from $358,000
showhomes: 2370 Reunion Street 403.948.1949

prices include home, lot & GST.

REUNION AIRDRIE

SABAL

the uncommonly stylish homebuilder

* Limited time offer. Your Sabal Sales Associate has complete details. Prices subject to change without notice.

sabalhomes.com

PUBLIC INVESTOR NOTICE

30K Condos and Homes in the U.S.

Exclusive to Canadian Residents!

ATTEND MILLIONAIRE MENTOR GROUP'S FREE 2 HOUR SEMINAR

Now Canadians can buy U.S. REAL ESTATE at 70% OFF!

$51,323 PROFIT First Deal!

"We didn't know anything about real estate until we met MMG a few months ago. We invested $100K into 3 condos and made a quick flip for 51K profit" — Mary and Lou V.

You don't need cash, credit or experience to take advantage of the incredible opportunity. You just need the desire to own your own personal real estate **CASH COW**. Attend this FREE 2 hour seminar and find out how you can own up to 10 investment properties in the U.S. for pennies on the dollar. Why not put $30,000 in your pocket each month? **Take advantage of the U.S. GOLD RUSH** just like so many other fellow Canadians.

At this FREE 2 hour seminar you'll learn how to spot, finance and create instant cash flow on any one of many MLS properties available.

Learn How to Access Properties in FLORIDA and GEORGIA at Free Seminar

HOME in ORLANDO, FL
Sold $160K in 2007
NOW ONLY **$28,000**

Condo W Palm Beach, FL
Sold $112K in 2006
NOW ONLY **$22,900**

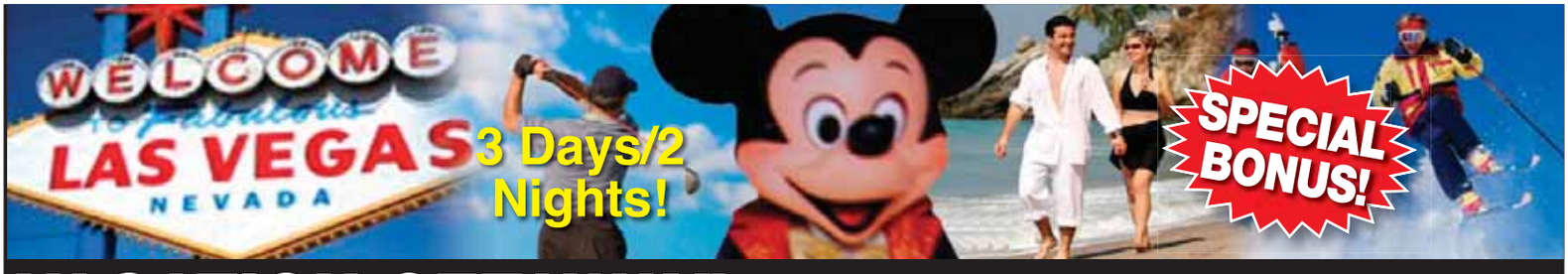
Condo in Miami, FL
Sold $199K in 2007
NOW ONLY **$44,900**

Condo in Cape Coral, FL
Sold $99K in 2006
NOW ONLY **$27,500**

HOME in ATLANTA, GA
4 Bed, 2 Bath, 2 C Garage
NOW ONLY **$55,000**

Condo in ATLANTA, GA
Sold $180K in 2006
NOW ONLY **$36,000**

HOME in ATLANTA, GA
3 Bed, 2 Bath, 2 C Garage
NOW ONLY **$27,000**



VACATION GETAWAY! 3 Days/2 Nights! WHEN YOU ATTEND

FREE GIFTS!

WHEN YOU ATTEND

Hot List And MP3 Player

Millionaire Mentor Group presents...

Call Now 1.866.403.6489

register online at www.CalgaryGoldRush.com

CALGARY
Wednesday, July 25
2 pm or 7 pm
DELTA CALGARY SOUTH
135 Southland Southeast

CALGARY
Thursday, July 26
2 pm or 7 pm
HOTEL LE GERMAIN
899 Centre St. Southwest

© 2012 Millionaire Mentor Group. All Rights Reserved. No properties will be offered at seminar. Seminar is for education purposes only.

Calgary tourist attractions like the new Telus Spark centre are experiencing strong attendance, likely buoyed by Stampede visitors looking for something a little extra to do while in town. METRO FILE

Other Calgary tourist attractions experience the Stampede effect

Tourism. City highlights hoping to continue riding the wave of visitors

CELESTE DE MUELENAERE
calgary@metronews.ca

With the Calgary Stampede centennial celebrations hauling in a record-breaking 1.4 million guests, it's no surprise other tourist hubs also reaped the benefits of the Greatest Outdoor Show on Earth's visitor pull.

Megan Douglas, marketing director at Telus Spark Science Centre, said they too experienced great attendance numbers that spilled over from the Stampede grounds.

"We were actually closed this time last year," she said. "But we've seen a really steady and strong attendance over Stampede."

With more than 11,000 people through Spark's doors throughout the 10 days, Douglas said they hope to continue seeing strong numbers throughout the summer.

Glenbow Museum's communications and marketing co-ordinator, Tanis Shortt, verified that very steady and strong attendance was recorded at their facility as well.

While the Calgary Zoo didn't necessarily see an influx in attendance, communications co-ordinator Trish Exton-Parder said, they did get residual people who were in town for the western experience checking in with their furry occupants too.

"More than a number surge, we get a variety of new visitors and people to see what we're all about," she said.

City's tourism economy expected to exceed 2012 numbers

Although the Stampede dust has settled and all the out-of-towners have crept back to their hometowns to resume their daily lives, Calgarians are not free of foreign visitors quite yet.

Randy Williams, CEO and president of Tourism Calgary, said they are expecting a six to eight per cent growth this tourism season over last year — six conservatively and eight optimistically.

"The Stampede certainly will be a big contributor to that growth of the tourism economy for 2012 and we're hopeful that growth will continue through August," he said.

While Fort Calgary, Heritage Park and Calaway Park, as well as the 100th anniversary of Stampede, are all tourist draws in their own right, Williams attributes the anticipated increase to other new additions to the city that have generated travel traffic.

The tourism president said everything from the addition of Penguin Plunge at the Calgary Zoo to the new Telus Spark Science Centre have played a part in the industry's growth.

"We've had a number of promotions and more money being spent in our target markets to attract people here and certainly more attractions that are new to the city that would create some interest," he said.

Events still to come this summer: The UFC, Calgary Folk Fest, GlobalFest, as well as some sporting events such as the water-ski nationals.

CELESTE DE MUELENAERE/FOR METRO

Zombie apocalypse for charity

Fundraiser. Are you a zombie or hunter? Game will test survival skills

KATIE TURNER
katie.turner@metronews.ca

Ever wonder if you'd survive in the event of a zombie apocalypse? An upcoming charity event will allow Calgarians to test their skills.

Apocalypse Wars will give Calgarians the opportunity to play the role of flesh-eating zombie or human hunter all in an effort to raise money for two local charities.

Chairperson of the event, Tara McLaughlin, explained the fundraiser will be a massive zombies-versus-humans capture-the-flag game.

"The hunters have to go into zombie-infested territory and retrieve a cure in a critical time frame in order to win the game," she said. "And the zombies have to prevent them from doing that."

Taking place on Aug. 12, there will be two games, with up to 100 players in each game, and players can choose whether they'd like to be a zombie or a hunter.

McLaughlin said, in the interest of creating a real-life scenario, there will be more zombies than hunters.

"We'll have a professional makeup artist coming if people want to get gored up like a zombie.... We'll have a whole contamination zone."

McLaughlin said they hope the event will be a fun way for people to test their survival skills while raising money.

"It's a safe way to see how you would fare," she said. "Calgary needs something like this."

Will you survive?

- Tickets are $25 per game and can be bought at apocalypsewars.ca by those 18 and over.
- The first game starts at 1:30 and the second begins at 2:30 p.m.
- The proceeds will go towards Brown Bagging for Calgary's Kids and the Jesse Kinlay Memorial Fund.

Zombies and humans will go head to head next month during a charity capture-the-flag game. COURTESY RUNRABBIT ENTERTAINMENT

Diamond Jubilee Medals. Outstanding Calgary leaders honoured

Twenty-six community leaders from a range of sectors were honoured with Queen Elizabeth II Diamond Jubilee Medals for outstanding service and citizenship on Tuesday.

The medal, a national honour, recognizes citizens who have contributed significantly to their communities, as well as those who have served the province and the nation.

Members of the Canadian Forces, as well as members and officers of the Order of Canada, leaders in a range of areas from business, energy and medicine to arts and culture, were recipients at the ceremony at McDougall Centre.

Other Diamond Jubilee Medal ceremonies, hosted by the lieutenant-governor and other dignitaries are being presented across the province. METRO

Stage. Calgary playwright gets a Broadway reading

Almost all playwrights dream of having their plays performed on Broadway, and that dream could become a reality for one Calgary musical being tested in the Big Apple.

Calgary's own Jeremy de Bergerac will get a staged reading in New York by Davenport Theatrical Enterprises, the producer of Altar Boyz and the Broadway revival of Godspell.

The musical follows the story of a group of Catholic school students in the 1960s as they rehearse for their school production of Cyrano de Bergerac.

Jeremy de Bergerac has been nominated for five Betty Mitchell Awards, which honour outstanding achievement in Calgary's professional theatre community, for the 2011-2012 season. METRO

When?

The reading will take place at 8 p.m. on Aug. 6th in New York.

Sentencing hearing

Hopley's mom hopes he gets help in prison

The mother of a B.C. man who admitted to abducting a three-year-old boy last year hopes her son will receive the help he needs in prison.

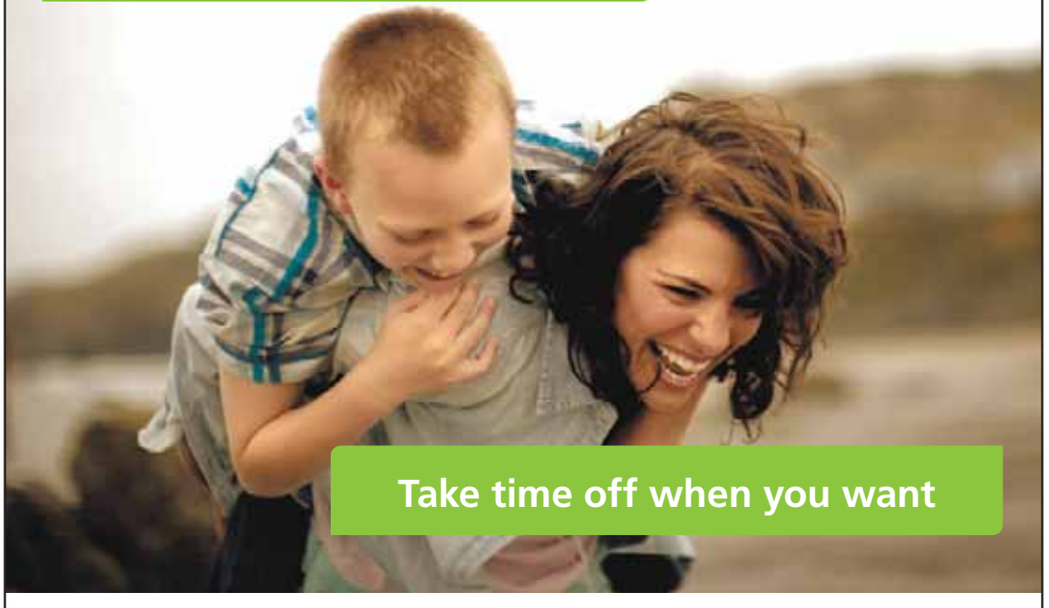
A sentencing hearing for Randall Hopley, 46, begins Wednesday in a Cranbrook, B.C., court for the four-day abduction of Kienan Hebert from the boy's home in Sparwood, B.C., last September.

Hopley's mother Margaret Fink said she's been hearing from her son every week and he seems to be doing well.

"I'm hoping he will get a lot of help and remember what he did to the little boy. He needs some help," she said. THE CANADIAN PRESS

TD Canada Trust

Pay a little more towards your mortgage each month



Take time off when you want

Take a Payment Vacation

Find out how to take advantage of new flexible mortgage features today.

We know how important managing your mortgage is. We also know how important it is to live life to the fullest. That's why a TD mortgage offers a range of flexible features that helps you balance both.

Take our Payment Vacation. With it, you arrange to pre-pay a little more each month and work towards the opportunity to take time away from your mortgage payments when it benefits you the most.[1] Staying at home with a new baby, finishing that degree, taking a sabbatical or something else entirely – the choice is yours.

Get in touch with us today to discuss how our flexible mortgage features can help you get the most out of life.

www.tdcanadatrust.com/home 1-888-632-9469

Banking can be this comfortable

[1]Subject to approval. Conditions apply. ®/ The TD logo and other trade-marks are the property of The Toronto-Dominion Bank or a wholly-owned subsidiary, in Canada and/or other countries.

Syria. Violent clashes spreading in Damascus

Intense clashes between Syrian rebels and government forces backed by helicopters spread to new areas of the capital Damascus Tuesday, including a brief firefight near Parliament. It was the third straight day of fighting that has posed an unprecedented challenge to government rule in the seat of President Bashar Assad's power.

Terrified families were fleeing the city or said they were prepared to leave at a moment's notice. Residents said they were packing "getaway bags" in case they had to run for their lives.

"My bag has my family's passports, our university degrees, some cash and medicine," said a 57-year-old father of two told The Associated Press, asking that his first name not be used for fear of reprisals. "It is very hard to imagine leaving your home and everything you worked to get, but it's a matter of life and death."

THE ASSOCIATED PRESS

Videos

An amateur video showed two armoured personnel carriers with heavy machine guns on top along with troops who were said to be advancing in an empty road toward Midan.

- Another video showed a military helicopter flying over the Damascus neighbourhood of Qaboun. The authenticity of the videos could not be independently verified.

Nasa Indians demand soldiers stay off their land

Nasa Indians drag off a soldier in Toribio, southern Colombia, Tuesday. Dozens of Indians attacked half-a-dozen soldiers guarding communication towers on the outskirts of the town. Indians have demanded that security forces and leftist rebels stay off their land. WILLIAM FERNANDO MARTINEZ/THE ASSOCIATED PRESS

Pakistan. WHO doctor working with anti-polio campaign hit by gunfire

Gunmen in the Pakistani city of Karachi opened fire Tuesday on a vehicle carrying a doctor working with the World Health Organization on an anti-polio campaign, wounding him in the stomach, the organization said.

The head of the World Health Organization's polio-eradication program in Pakistan, Dr. Elias Durry, said the doctor is an international volunteer helping supervise the project. He said the man underwent surgery in Karachi.

Pakistan is in the middle of a campaign to vaccinate children under five. Taliban militants in northern Pakistan have barred the vaccination campaign from territory under their control, saying it can't go forward until the U.S. stops drone strikes.

THE ASSOCIATED PRESS

Pakistani health worker Naela Emanuel gives a polio vaccine to a child in a Christian neighborhood in Islamabad Tuesday. THE ASSOCIATED PRESS

Feud over military draft divides Israel's coalition

Military. Prime Minister Benjamin Netanyahu loses key Kadima Party votes

Israel plunged toward a political crisis Tuesday after the largest member of the government quit, leaving Prime Minister Benjamin Netanyahu in charge of a hard-line coalition opposed to most Mideast peace moves.

The moderate Kadima Party voted to pull out of the government just two months after joining. The move appeared to push the country closer to early elections, a scenario that would paralyze Mideast diplomacy for months. Even if Netanyahu manages to hold the truncated coalition together, the sudden crisis has broader implications for Mideast peace, leaving him in charge of a narrow parliamentary majority dominated by religious and nationalist hardliners who oppose concessions to the Palestinians.

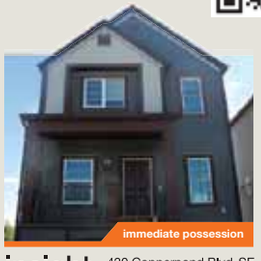
Kadima Leader Shaul Mofaz had brought the party into the coalition to work with Netanyahu on ending a contentious, decades-old system that has granted draft exemptions to tens of thousands of ultra-Orthodox Jewish seminary students. But with a court-ordered Aug. 1 deadline looming, the sides were unable to forge a compromise.

Kadima is the largest party in Israel's parliament, winning one more seat than Netanyahu's Likud Party in the last election, but it was left outside the government when Netanyahu set up his original hard-line team.

The draft exemptions have caused widespread resentment among Israel's secular majority, who are required to perform up to three years of compulsory service. Ultra-Orthodox leaders have been equally adamant in their refusal to compromise, claiming their young men serve the nation through prayer and study. THE ASSOCIATED PRESS

Instant Gratification
Ready for Quick Possession and Priced to Move

axiom 74 Reunion Grove NW 1,658 sq.ft
$339100
Includes home, lot & GST



insight 430 Copperpond Blvd. SE 1,656 sq.ft
$366500
Includes home, lot & GST

SABAL
the uncommonly stylish homebuilder
sabalhomes.com

PROUDLY SERVING 25 YEARS CALGARY'S PETS FOR
25th ANNIVERSARY COME & CELEBRATE
SATURDAY JULY 21, 2012
IT'S OUR BIGGEST SALE IN OUR 25 YEARS!
COME IN & ENTER TO WIN ONE OF SEVERAL PRIZES!
PAWS PET FOOD & ACCESSORIES
3204 – 17 Ave. SW 403.2494.944
8403 Elbow Dr. SW 403.640.1666
TANKSALOT TROPICAL FISH & SUPPLIES 8403 Elbow Dr. SW 403.259.8265
PAWSPETFOOD.CA

metro
CANADA'S FIRST NEWS APP IN NEWSSTAND
Now available for iPad, iPhone and iPod touch!

An archive front page of Le Matin reading "Jews must wear the yellow star starting June 7."
REMY DE LA MAUVINIERE/THE ASSOCIATED PRESS

Chilling archives of Jewish deportations exhibited in France

Second World War. One of the worst periods in country's history, unknown to majority of its younger generation, gets exposed

They are among France's darkest days: Police dragged more than 13,000 Jews from their homes, confined them in a Paris cycling stadium with little food or water, and then deported them to their deaths in the concentration camp at Auschwitz.

But even in France, one of the most brazen collaborations between authorities and the Nazis during the Second World War is unknown to many from younger generations.

Police are hoping to change that, opening up their archives on France's biggest single deportation of French Jews for the first time to the public on Thursday.

The often chilling records are being exhibited in the Paris Jewish district's city hall to coincide with the 70th anniversary of the two-day "Vel d'Hiv" roundup, named for the Velodrome d'Hiver, or Winter Velodrome. Many thousands were rounded up on July 16 and 17, 1942, then holed up in miserable conditions in the stadium, just a stone's throw from the Eiffel Tower, before being bused to the French camp at Drancy and then taken by train to Auschwitz.

France struggled for years to come to terms with the extent of its wartime collaboration with the Nazis, but over the decades officials have been showing greater willingness to acknowledge the shameful period in its history.

"This is our history, it's vital for the country to know," said curator Olivier Accarie. "Today, we are ready to confront this."

THE ASSOCIATED PRESS

Dark past

- Tallies list the daily count of men, women and children detained, alongside stark black-and-white photographs of deportees.
- A registry of those forced to wear the yellow star and a Jewish census show how police knew who to take.
- Meticulous handwritten lists detail personal possessions handed over to police. Others list the value of property, such as jewelry, confiscated — often forcibly — during the deportation.

On-the-road record

Clinton travels to most countries

Since becoming secretary of state, Hillary Rodham Clinton has travelled to a record 102 countries, according to the State Department.

THE ASSOCIATED PRESS

At least 11 shot

Shooter targeted person in bar?

U.S. police say a gunman who fired into a crowded Alabama bar with a military-style assault weapon and hit at least 11 people was targeting someone.

THE ASSOCIATED PRESS

Happy 94th. A day to honour Nelson Mandela

Former U.S. president Bill Clinton and his daughter Chelsea visited Nelson Mandela in his home village in South Africa on Tuesday, the eve of the anti-apartheid icon's 94th birthday.

Mandela, increasingly frail, no longer appears in public. Clinton visited his homestead in Qunu, the southeastern village of his birth, and spent more than 90 minutes there. He declined to speak with reporters afterwards.

On Wednesday, South Africa and supporters around the world celebrate Nelson Mandela International Day. Millions dedicate 67 minutes of the day to community work and projects for the needy to mark Mandela's 67 years in active politics.

A giant mosaic portrait of former South African president Nelson Mandela. THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

RBC Royal Bank

DEBIT is a winning way to pay online.

You could WIN $10,000 with RBC® Virtual Visa‡ Debit*.

You're going to love this new way to pay by debit when you make purchases online. Introducing **RBC Virtual Visa Debit**: the simple and secure way to pay online directly from your current RBC banking account – with no added transaction fees[1]. Plus, every time you use it, you'll be entered to win 1 of 5 monthly prizes of $1,000, or a grand prize of $10,000*.

Works like DEBIT. Accepted like VISA.

Call 1-800-769-2511 today to request your RBC Virtual Visa Debit reference card or visit **rbc.com/vvd** for more details.

Advice you can bank on™

* Winners will have the funds deposited directly into the RBC Royal Bank® banking account associated with their Virtual Visa Debit. No purchase necessary. Contest runs from May 1, 2012 to October 31, 2012. Monthly draws begin June 20, 2012 based on May 2012 month end purchases. Winners will be announced on the 30th day of the following month throughout the Contest Period, commencing on June 30. For full contest rules and how to enter without purchase, please visit www.rbc.com/virtualvisadebit/contest. [1] When you use Virtual Visa Debit to make a payment, the funds will be debited from the account you access with your RBC Royal Bank Client Card when you select the "Chequing" option on a merchant payment terminal or at an automatic teller machine. The merchant performs an authorization on your account at the time of the purchase and the charge is immediately debited from that account. In some cases, merchants may need to adjust the authorization amount. Should this occur, a credit adjustment in the amount of the original authorization will be credited to your account, followed immediately by a debit adjustment that reflects the final transaction amount. Please see your RBC Royal Bank Virtual Visa Debit Agreement for further details. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ‡ All other trademarks are the property of their respective owner(s).

Again! Another brazen mass shooting shocks T.O.

Two dead, 21 sent to hospital. Horror comes to a crowded block party just weeks after Eaton Centre shooting left the city reeling

Neighbours watch as police investigate at the shooting scene Tuesday. AARON VINCENT ELKAIM/THE CANADIAN PRESS

A mass shooting left Canada's biggest city in shock Tuesday.

The searing hail of bullets at a Toronto neighbourhood block party killed two people and sent 21 others to hospital, including a 22-month-old toddler.

One of the two people killed was identified as 14-year-old Shyanne Charles of Toronto.

Police say it's the worst gun violence in the city's recent history — and they believe it was gang related.

More grimly, they suspect deadly retaliation to take place and were sending reinforcements to the racially diverse area Tuesday.

More than 200 people were at the barbecue party in the city's east end Monday night when gunmen sprayed the crowd with bullets.

Tears shone in one man's eyes as he said: "I saw people running, I heard 'crack, crack' and I hit the ground.

"It was like a Quentin Tarantino movie."

Mayor Rob Ford called it a "horrible tragedy" but added: "I know this is the safest city in the world. I've always said that, I truly believe it."

Police Chief Bill Blair said police have received "some co-operation" from witnesses, and called on all community members who attended the party to help with the investigation.

Messages of grief quickly appeared on social media.

"The hood gained another angel to look over us, RIP," one person wrote on Twitter.

THE CANADIAN PRESS

Shyanne Charles was shot dead. She was just 14. TORSTAR NEWS SERVICE

Activists angered. Scout leaders in U.S. refuse to drop ban on gays

After a confidential two-year review, the Boy Scouts of America on Tuesday emphatically reaffirmed its policy of excluding gays.

The Scouts cited support from parents as a key reason for keeping the policy and expressed hope the prolonged debate over it might subside.

Bitter reactions from gay-rights activists suggested that was unlikely.

The Scouts' national spokesperson, Deron Smith, said an 11-member special committee decided the exclusion policy "is absolutely the best policy" for the 112-year-old organization.

The Scouts' chief executive, Bob Mazzuca, contended most Scout families support the policy, which applies to both adult leaders and Scouts.

But the president of the largest U.S. gay-rights group, Chad Griffin of the Human Rights Campaign, called the Scouts' decision "a missed opportunity of colossal proportions."

"With the country moving toward inclusion, the leaders of the Boy Scouts of America have instead sent a message to young people that only some of them are valued," he said.

Jennifer Tyrrell, with son Cruz, was ousted as a Cub Scout den mother because she's gay. THE ASSOCIATED PRESS

"They've chosen to teach division and intolerance."

One ongoing protest campaign involves Jennifer Tyrrell, the Ohio mother of a seven-year-old Cub Scout who was ousted as a den mother because she is lesbian.

A report says more than 300,000 people have signed a petition urging the Scouts to reinstate Tyrrell.

THE ASSOCIATED PRESS

EARLY BIRD GETS THE MASERATI

KINSMEN LOTTO for the Alberta CHILDREN'S HOSPITAL

2012 MASERATI GranTurismo 4.7

Valued Over: $168,000

ONLY 6 DAYS LEFT!

1784 PRIZES VALUED OVER $2.26 MILLION

www.homelotto.com

or Call 403-531-2273 (Calgary) 1-888-531-2273 (Toll Free)

Presented by: KINSMEN CARE FOUNDATION

TICKETS $100 EACH 6 FOR $200 15 FOR $300

Proceeds to: Alberta Children's HOSPITAL FOUNDATION

The Early Bird Draw will be held on Aug. 7th at Stride Management Corp. 3950 -12 Street NE, Calgary, Alberta starting at 11 am. Only tickets received before 11 pm, Jul. 24th will be eligible for this draw. The final draws start on Sep. 7th at 6 pm and continue on Sep. 8th at 9 am at the grand prize show home. Only tickets received before 11 pm Aug. 19th will be eligible. Total number of tickets will be 16,000 single tickets at $100 each, 8,500 sets of 6 for $200 and 6,750 sets of 15 for $300 for a grand total of 168,250 tickets. The Kin Win 50 draw will be held on Sep. 7th at the grand prize show home stating at 6:00 pm. Only tickets purchased before 11 pm Aug. 19th will be eligible. Total number of tickets will be 6,000 at $5 each, 11,000 at 10 for $25, and 7,900 at 25 for $50 for a grand total of 313,500 tickets. Project managed by Bob Wallace #RTM12941 / Stride Management Corp. For complete rules go to homelotto.com.

Kinsmen Lotto Licence #331403 KinWin 50 Licence #331404

Border agents outraged by bomb-threat claim

Ambassador Bridge closed. Firm that owns it implies anger over job cuts was to blame

Allegations that disgruntled Canadian border agents may have been behind a bogus bomb threat have outraged their union.

The bomb threat forced Canadian and U.S. authorities to close the Ambassador Bridge for several hours.

But the allegations are "baseless," union leaders said Tuesday.

The bomb threat, the second in recent days, was called in around 7:20 p.m. Monday to authorities on the U.S. side of the bridge that links Detroit with Windsor.

In a news release, the Detroit International Bridge Company, which owns the Ambassador Bridge, said it suspected the bomb threat had "something to do" with announced job cuts at Canada Border Services Agency.

"We cannot confirm, but suspect, that this has something to do with Canada's disinvestment at the border by cutting back on customs agents," said the statement.

Jason McMichael, vice-president of the Customs and Immigration Union, said he was outraged at the allegations.

"Certainly they were completely baseless, completely without merit and the members that I represent who work for the Canada Border Services Agency all across the country were insulted by them," he said from Ottawa.

THE CANADIAN PRESS

Suicide in Ottawa

Appeal court says no to ex-nurse

A Minnesota appeal court has upheld the conviction of a former U.S. nurse who gave a young Canadian woman and a British man instructions on how to kill themselves.

The woman was 18-year-old university student Nadia Kajouji, of Brampton, Ont., who jumped into a frozen Ottawa river in 2008.

William Melchert-Dinkel, 49, of Faribault, scanned online chat rooms for suicidal people, the evidence shows.

He has argued he merely exercised his right to free speech.

Melchert-Dinkel was convicted last year of two counts of aiding suicide. He was sentenced to more than six years in prison but the terms of his parole meant he would only be imprisoned for about a year.

THE ASSOCIATED PRESS

'Powder' in envelope

Magnotta mail sparks shutdown

An envelope addressed to murder suspect Luka Rocco Magnotta caused a major shutdown at a bustling Canada Post sorting centre in Montreal.

A union local official said police found a white powdery substance inside the envelope.

THE CANADIAN PRESS

HAIR LOSS PROBLEM?
Find the solution to your hair loss problem today,
BEFORE IT IS TOO LATE!
Natural Hair Regrowth With FU YAN's Special Treatment System & Chinese Traditional Premium Herbs. (works for Men & Women)
Reasonable, Faster, and Better Results!
BEFORE BEFORE BEFORE BEFORE
AFTER AFTER AFTER AFTER
*These actual before and after pictures will build your confidence in the FU YAN system. We will not deceive our customers with the use of false bald model's photographs and misleading advertising.
Many Albertan's have thanked FU YAN
EXCELLENT SUCCESS RATE
Some conditions apply
• No Medication • No Surgery
• No Side Effects • No Gimmicks
FU YAN NATURAL HAIR
REGROWTH TREATMENT CENTRE™
Suite 201, 2705 Centre St. NW Calgary AB T2E 2V5
TEL: 230-0200 FAX: 230-0213

Did she diss his kiss? White House says no

This photo combination shows a sequence of U.S. President Barack Obama kissing Michelle Obama on Monday at the Verizon Center in Washington, D.C., while being shown on the arena's Kiss Cam video screen. They were there to watch an Olympic men's exhibition basketball game between Team USA and Brazil. ALEX BRANDON/THE ASSOCIATED PRESS

The White House insists that the missing kiss was no rejection.

Sure, U.S. President Barack Obama planted one on Michelle Obama during Monday night's exhibition game by the U.S. Olympic men's basketball team. But that was their second appearance on the Verizon Center arena's Kiss Cam.

The camera focuses on couples in the crowd and they are expected to kiss.

The first time the Obamas' images flashed on the overhead scoreboard, Mrs. Obama was seen shaking her head "no."

However, deputy press secretary Josh Earnest said Tuesday this was not a marital brushoff. He said the couple didn't realize it was the Kiss Cam watching them; they only found this out after, during halftime, when their daughters asked why they had ducked the chance to smooch.

The president got his do-over later in the game when the Kiss Cam again swung his way. This time, he gave Mrs. Obama a big kiss on the lips, and added a peck on the forehead for good measure. The crowd roared.

"This incident was the subject of some high-level conversations on the helicopter en route to Andrews Air Force Base this morning," said Earnest, briefing reporters aboard Air Force One en route to a day of politicking in Texas.

"I can tell you based on a very good source that reports that the president was rebuffed are false," Earnest said.

THE ASSOCIATED PRESS

Quoted

"I can tell you based on a very good source that reports that the president was rebuffed are false."

White House deputy press secretary Josh Earnest

Back to the wild

Marine mammal experts release Jasmine, a female manatee, on Tuesday in Florida Bay at Islamorada, Fla. The manatee was rescued in March off the Florida Keys after it suffered a collision with a boat. It was treated at the Miami Seaquarium, where it made a full recovery.

ANDY NEWMAN/FLORIDA KEYS NEWS BUREAU/THE ASSOCIATED PRESS

U.S. election

Romney stays firm on tax returns

Mitt Romney remained defiant Tuesday in the face of relentless pressure to release more of his tax returns, while his campaign dropped further hints the presumptive Republican nominee will soon unveil the identity of his running mate. THE CANADIAN PRESS

Greenland

Giant iceberg breaks off glacier

An iceberg twice the size of Manhattan tore off one of Greenland's largest glaciers. Scientists were watching a crack in a floating ice shelf, and now say it has fully broken. THE ASSOCIATED PRESS

Asylum seeker

Chinese dissident to write memoir

Blind Chinese dissident Chen Guangcheng, who in April sought refuge in the U.S. embassy in Beijing, will have a memoir coming out in fall 2013.

THE ASSOCIATED PRESS

All our data plans are now just

$30

WAS $55

Offer valid July 12 - July 22

Taxes are extra. Limited time offer. Restrictions may apply on combining offers with other offers or promotions and only applicable to new activations. $30 offer applies to all regular plans for 1 year with the exception of Mobilicity's $25 Unlimited Starter Plan. Offer/Credit valid only while customer is on automatic monthly payments (preauthorized credit/ debit payment). Phone protection plan requires registration and may be voided if not registered on or before July 25, 2012. All unlimited features included in each plan/add-on, including unlimited talk, text and data features, must originate and be used within the Mobilicity Unlimited Zones. Premium and special numbers are excluded. Taxes are included in roaming charges listed here. Additional terms and conditions apply. Subject to change without notice. (c) 2012 Mobilicity. 'Mobilicity', 'Now that's smart', the Mobilicity designs and the Mobilicity logo are trademarks of Mobilicity. Other trademarks shown may be held by their respective owners. All rights reserved.

mobilicity™ Now that's smart.

Mobilicity Stores

Calgary
Sunridge Mall
Northland Village Mall
Pacific Place Mall
Marlborough Mall
Westbrook Mall
Deerfoot Mall

1518 Centre St NE, Unit 195
77 Castleridge Blvd NE
4805 17th Ave SE
6219 Centre Street NW

Authorized Dealers

Great Tel Mobility:
4908 17th Ave SE, Unit 101
Mobile Zone: 2640 52nd St NE, Unit 101
Express Computer Store:
9737 MacLeod Tr SW, Unit 210
Ascot Business Systems:
3716 61st Ave SE, Unit 104A
Sol Optix: 628 17th Ave SW
M&C Food Mart: 1412 9th Ave SE

Stanley Park Grocery:
4649 MacLeod Tr SW
Hing Wah Imports: 312 Centre St SE
IC Computers:
3715 51st St SW, Unit 122
Mike's Import: 2442 34th Ave SW
Martindale Video Crossing:
83 Martindale Blvd NE

Search. Save. Savour.
ON THE TABLE
SEARCH. SAVE. SAVOUR.
YOU'LL NEVER RUN OUT OF DAILY MEAL-PLANNING IDEAS AGAIN.
NO MATTER WHERE YOU ARE.
Cheeseburger

THE NEW
ON THE TABLE
APPLICATION

- A bank of delectable recipes
- A menu-planning tool
- A shopping list function linked to local promotions
- Geo-localised searches of restaurants, grocery stores, fruit stores, etc.

Available on the App Store

tc • MEDIA

Manitoba. Man says he never talked sex with judge in naked photos case

A man who says he was sexually harassed by a Manitoba judge admitted Tuesday he never had any discussion with her about sex, but insisted she was part of a strange plan of sexual harassment that included two meetings at a Winnipeg bar.

"She had to know why she was there. (Her husband) had been trying to convince her to get into this stuff with me," Alexander Chapman told the Canadian Judicial Council inquiry into Lori Douglas, an associate chief justice of the Manitoba Court of Queen's Bench.

The inquiry is examining whether Douglas should be removed from the bench because of Chapman's complaint and because of sexually explicit photos of her that were posted to the Internet.

King and Douglas have said all along that King uploaded the photos and approached Chapman for sex without Douglas's knowledge. The couple have remained married and have explained that King was going through a mental breakdown at the time. King has already been sanctioned by the Law Society of Manitoba for professional misconduct.

Background

Chapman alleges he was the target of a sexual plan by Douglas and her husband, Jack King, in 2003.

- Chapman alleges he was approached by King to have sex with Douglas, and was directed to a website featuring photos of her in bondage and performing sex acts.

Under questioning Tuesday, Chapman admitted that all the phone calls, emails and other communication he had about sex were with King only.

"This is all from him. You never received anything from her, did you?," asked Kirsten Crain, one of the independent lawyers leading the inquiry.

"No," Chapman agreed.

The only direct interaction between Douglas and Chapman occurred during two meetings at a downtown Winnipeg bar in May 2003.

THE CANADIAN PRESS

Mars mission may provide chance to cook in space

2030. NASA scientists already working on healthy menu for the distant future

Lockeed Martin senior research scientist Maya Cooper shows a vegan pizza developed at NASA's Advanced Food Technology Project at Johnson Space Center in Houston Tuesday. MICHAEL STRAVATO/THE ASSOCIATED PRESS

NASA scientists are working on a new mission: Build a menu for a planned journey to Mars in the 2030s.

The menu must sustain a group of six to eight astronauts, keep them healthy and happy and also offer a broad array of food. That's no simple feat considering it will likely take six months to get to the Red Planet, astronauts will have to stay there 18 months and then it will take another six months to return to Earth.

"We don't have the option to send a vehicle every six months and send more food as we do for International Space Station," said Maya Cooper, senior research scientist with Lockheed Martin who is leading the efforts to build the menu.

Unlike the space station, Mars has a little gravity, allowing NASA to consider significant changes to the current space menu. That's where Cooper's team comes in. Travel to Mars opens the possibility that astronauts can do things like chop vegetables and do a little cooking of their own. Even though pressure levels are different than on Earth, scientists think it will be possible to boil water with a pressure cooker, too.

One option Cooper and her staff in the Johnson Space Center in Houston are considering is having the astronauts care for a "Martian greenhouse." They would have a variety of fruits and vegetables — from carrots to bell peppers — in a hydroponic solution, meaning they would be planted in mineral-laced water instead of soil. The astronauts would care for their garden and then use those ingredients, combined with others, such as nuts and spices brought from Earth, to prepare their meals.

THE ASSOCIATED PRESS

FROM BIG TRANSFORMATIONS TO LITTLE UPDATES.
Get showhome-style renovations done right.
Updating your home is easier than ever with the experts at Cardel Designs.
Start crafting an inspired space today. Call or visit us online to learn how. Plus ask about our referral rewards program.
cardeldesigns.com | 403.640.5448
CARDEL DESIGNS

ROGERS™ authorized dealer

CALGARY

Deerfoot Meadows
(403) 253-1800
Northland Village
(403) 247-8415
Marlborough Mall
(403) 248-5554
(403) 235-6779
Chinook Park Plaza
(403) 252-2227
Macleod Trail Co-op Shopping Centre
(403) 287-0870
2015 32 Ave. NE
(403) 291-6801
Shawnessy Shopping Centre
(403) 254-6901
Marda Loop
(403) 265-5555
Gulf Canada Square
(403) 261-2012
SunCor Energy Centre
(403) 532-5994
Beacon Hill
(403) 295-8006
South Trail Crossing
(403) 257-6655
Crowfoot Crossing
(403) 215-7300
17th Avenue Plaza
(403) 974-3150
Beddington Towne Centre
(403) 216-9363
T & T Supermarket
(403) 230-3380
London Town Square
(403) 219-2113
Aspen Landing
(403) 727-2019
City Plaza
(403) 263-7595
Okotoks
(403) 995-9349
TD Square
(403) 571-7760

ROGERS plus

CALGARY

Millrise Plaza
(403) 256-2015
London Place West Shopping Centre
(403) 246-7333
5244 Falsbridge Gate NE
(403) 280-5533
Market Mall
(403) 202-0200
Sunridge Mall
(403) 280-5151
Chinook Centre
(403) 253-0229
Southcentre Mall
(403) 225-6593
North Hill Centre
(403) 202-1801
Deerfoot Mall
(403) 275-3500

OFFER ENDS AUG. 8TH

Now see what your phone can really do.

THE NEW 6 GB SUPER PLAN

What will you do with 6 GB?*

You could download 1,493 songs. You could send or receive 19,980 e-mails. You could stream 100 hours of YouTube™ videos. You could update your status 1,148 times every day. Not that you would, but you could. So, wherever you are and whenever you need it, with 6 GB a month there's practically no limit to what you can do.

6 GB OF DATA | UNLIMITED CANADA-WIDE MY10[1] | **UNLIMITED** MESSAGING[2]
UNLIMITED 6PM EVENINGS & WEEKENDS[3] | **200 WEEKDAY MINUTES**[4]

$60/mo± Includes all monthly fees

Scan to find a store near you

Hurry in and get the latest superphones with the new 6 GB Super Plan today.

rogers.com/SuperPlan

CONNECT EXCITING TALK SHARE RELIABLE NETWORK CHAT TALK FRIENDS SURF LIFE TEXT FIRST FREEDOM CONNECT ACCESS CHAT ACCESS FREEDOM EXCITING FRIENDS

Creating World-Leading Internet Experiences.

ROGERS™

ROGERS™ authorized dealer · ROGERS plus · «WIRELESSWAVE» · WIRELESS etc... · COSTCO WHOLESALE · FUTURE SHOP · SONY · booth wireless · BEST BUY · Walmart · THE MOBILE SHOP

Offers available for a limited time and subject to change without notice. *Estimates not cumulative and are estimates only, actual usage will vary. Usage subject to Rogers Terms of Service and Acceptable Use Policy, available at **rogers.com/terms**. Data usage is measured in kilobytes (kB) rounded to the next full kB in Canada and the U.S. and rounded to the next 20 kB elsewhere. Usage exceeding the data allotment provided is charged in $10 increments ($10/GB). U.S. data roaming is **$0.006**/kB and International data roaming is **$0.03**/kB. ±A one-time Activation Fee of up to $35 (varies by province) also applies. Where applicable, additional airtime, data, long distance, roaming, options and taxes are extra and billed monthly. **1** Unlimited Canada-wide calls apply to 10 numbers on MY10 list. International long distance, text-to-landline and roaming charges extra. Only 10-digit Canadian-based numbers eligible (excludes customers' own wireless number, voicemail retrieval number and special numbers like 1-800/1-900). One MY10 update/month. A $5 charge will apply for each update via customer care. **2** Compatible device required. Includes Extreme text/picture/video messages sent from Canada to Canadian wireless numbers and received texts from anywhere. Sent/received premium texts (alerts, messages related to content and promotions) sent international texts and sent/received Extreme Text picture/video/IM/email (as applicable) while roaming not included and charged at applicable rates. **3** Local calls evenings from 6 pm to 7 am Mon.-Fri. and weekends from 6 pm Fri. to 7 am Mon. excluding calls made through Call Forwarding, Video Calling or similar services. **4** Local calls only, excluding calls made through Call Forwarding, Video Calling or similar services. TM & ©2012 Marvel Characters, Inc. ©2012 CPII. All Rights Reserved. ©2012 Rogers Communications.

Debt. Higher interest rate would be trouble for many Canadians: Survey

Canadians who are worried about the amount of interest they pay for borrowing money could be relieved to hear the central bank decided Tuesday to keep its benchmark rate at a relatively low level of one per cent until at least the fall.

But a recent survey, which found a significant interest-rate hike would pose a challenge to nearly half of those polled, highlights the need for better financial literacy.

Of the 1,000 Canadians randomly sampled by Harris Decima via telephone, 48 per cent of them said a significant interest-rake hike would make it difficult for them to keep up with mortgage or debt payments.

By the numbers

48%

48 per cent of the 1,000 Canadians sampled for the survey said a rate hike would make it difficult to keep up with payments.

The study came out as the Bank of Canada announced Tuesday that it will keep its key interest rates low at least until the next policy meeting in September.

The survey, commissioned by the CICA, found that roughly 60 per cent of those surveyed save less than 10 per cent of their monthly income.

THE CANADIAN PRESS

Yahoo. CEO's pregnancy reignites age-old debate

Marissa Mayer, the newly named CEO of Yahoo, has announced to her online followers that she and her husband are expecting a baby boy.

Was it a watershed moment in the perennial debate over whether women can "have it all," with the pendulum swinging happily in the positive direction?

Or was it, as some claimed in the inevitable back-and-forth on Twitter, actually a development that would increase pressure on other working moms, who might not have nearly the resources that Mayer does, in terms of wealth, power, talent and flexibility on the job?

What was clear was that Mayer's situation as a pregnant CEO of a Fortune 500 company is not only rare, but probably unique. She becomes only the 20th current female CEO of a Fortune 500 company, according to Catalyst, an organization that tracks women's advancement in the workplace. That's only four per cent of Fortune 500 chiefs. THE ASSOCIATED PRESS

Canadian credit card users may face higher costs

Extra fees. Canadian retailers currently absorbing transaction charges when customers use their Visa or MasterCard

Canadian shoppers who use credit cards may soon find themselves slapped with extra fees, if retailers win a fight against being stuck with transaction charges from Visa and MasterCard.

Retail organizations renewed their calls Tuesday for Ottawa to loosen credit card regulations following a landmark ruling south of the border that could have implications for a case that will be decided by a federal tribunal later this year.

Last week, a landmark settlement in the United States between Visa, MasterCard and merchants thrust the debate back into the spotlight in Canada.

The two credit card companies, as well as several major banks, reached an agreement to pay U.S. retailers at least $6 billion US to settle a long-running lawsuit that alleged the card issuers conspired to fix the fees that stores pay to accept credit cards.

The Canadian Federation of Independent Business (CFIB), which has more than 100,000 member businesses across Canada, is calling for changes to the federally regulated code of conduct that would allow retailers more rights, including the ability to make credit card users pay a surcharge or refuse credit cards at their stores.

The CFIB wants merchants to have the ability to add surcharges on credit card users that would counteract the transaction fees charged by some credit card companies

Competition Bureau

- The Competition Bureau argues that restrictive contracts by Visa and MasterCard allow the two credit card companies — which represent 92 per cent of the market — to essentially dictate terms to merchants.
- The tribunal has the power to force credit card companies to change their operations, but it cannot levy a monetary penalty in the case. A decision is expected later this year.

Currently Visa and MasterCard rules state that merchants cannot levy any surcharges on credit card users, forcing retailers to absorb the cost of usage themselves.

THE CANADIAN PRESS

Taking on big pharma with little mice

Michel Vandenbosch, head of the animal-rights group Gaia, displays some fake mice as he stages a protest in front of a local branch of the international pharmaceutical company Ipsen, in Merelbeke, Belgium, on Tuesday. Protesters are demanding that Ipsen stop using mice for testing its Botox brand. YVES LOGGHE/THE ASSOCIATED PRESS

Tech trends

Thinner screen for next iPhone?

A published report says the new iPhone will have a thinner screen. That could leave more room for a larger battery.

The Wall Street Journal is citing unnamed sources in reporting that the new iPhone will have a screen that can sense touches without the need for a separate, touch-sensitive layer.

Tuesday's report says that would shave off half a millimetre from the thickness of the screen.

Apple doesn't comment on its product plans. A new iPhone is expected this fall.

THE ASSOCIATED PRESS

Market-rate scandal

Bank governor testifies on LIBOR

The governor of the Bank of England said Tuesday that U.S. authorities did not show him any evidence of manipulation of a key market rate when they raised concerns in 2008.

Mervyn King told a House of Commons committee that during the 2008 financial crisis, there was widespread concern about what the London interbank offered rate, or LIBOR, was indicating about the state of banks. However, there were no fears being voiced about misreporting.

THE ASSOCIATED PRESS

Real estate

National Bank lowers some mortgage rates

National Bank has lowered some of its shorter-term fixed residential mortgage rates.

The bank dropped its two-year closed rate by two-tenths of a percentage point to 3.35 per cent. Its one-year rate was lowered by four-tenths of a percentage point to 3.5 per cent.

The bank's six-month rate fell more than four-tenths of a percentage point to 4.45 per cent.

The changes come into effect on Wednesday.

THE CANADIAN PRESS

Service Directory
To advertise contact Carmen Kuhmayer at 403.539.4950

LEGAL SERVICES

Canadian Legal Resource Centre Inc.
24+ Years Experience • Voted #1 Paralegal Company
UNCONTESTED DIVORCE
Legal Separation Agreement • Spousal Land Transfers
www.canadianlegal.org
CRIMINAL RECORD?
Record Suspension (Pardon) • US Travel Waiver
Fingerprinting
CALL NOW! 403.229.2774 Open Mon-Sat FREE CONSULTATION

MEDITATION

MYSTIC EYE SPIRITUAL READINGS
57 YEARS EXPERIENCE
100% Guaranteed Results
Come in today for a better tomorrow
SPECIALIZING IN REUNITING LOVED ONES
REMOVES ALL BAD LUCK SPELLS AND NEGATIVE ENERGY
1/2 price SPECIAL
Palm • Tarot • Energy Readings
403.228.2258 BY APPOINTMENT ONLY
SOLVE ALL PROBLEMS OF LIFE

WORD FOR TODAY

The more time you spend with Jesus, the more you get to be like Him - in holiness, in splendour, in power. Do you know Jesus?

(All of us can see and reflect the glory of Jesus. And He gradually makes us like Himself and changes us into His glorious image. 2 Cor. 3:18)

WORDFORTODAY.CA

Market Minute

DOLLAR 98.76¢ (+0.21¢)

Natural gas: $2.796 US (-1¢)
Dow Jones: 12,805.54 (+78.33)

TSX 11,571.19 (+50.02)

OIL $89.22 US (-79¢)

GOLD $1,589.50 US (-$2.10)

SPAM — ONE OF THE WORLD'S WONDERS

JUST SAYIN'
Paul Sullivan
metronews.ca/justsaying

Let the bells ring out! Let the banners fly!

It's the 75th anniversary of Spam, the canned lunch meat that tastes like dog food. (Quickly, lest the Hormel people get offended, we're talking high-quality dog food.)

Back in the dietary Dark Ages, I literally grew up on the stuff and its legion of imitators (Spork, etc.). The gelatinous goop that came with it made me gag, but vapourized nicely when the Spam was fried, and fried Spam and fried eggs with fried potatoes was a common staple, along with anything else that could be fried.

Too often around our house, it resembled that legendary Monty Python sketch set at the Green Midget Café, where all the dishes came with Spam (e.g. Spam, Spam, Spam, Spam, egg and Spam), prompting an outraged customer to ask: "Don't you have anything without Spam in it?" while a band of Vikings belted out a rousing chorus of "Spam! Spam! Spam! Wonderful Spam!"

Made from ...

"Of course, classic Spam is allegedly composed of pork shoulder and ham, heavy on the shoulder, light on the ham."

Not sure how the Vikings ended up in a sketch about Spam.... Oh, those Monty Python guys.

If you have a tender tummy, you might want to skip over this next bit. Spam now comes in 13 varieties, including jalapeno, cheese, hickory smoke and, for a limited time (to celebrate the Broadway opening of Spamalot), golden honey grail and stinky French garlic.

Of course, classic Spam is allegedly composed of pork shoulder and ham, heavy on the shoulder, light on the ham. It was launched to a hungry, Depression-rattled nation on July 5, 1937, and since then more cans of Spam have been sold than there are people on Earth. That's a lot, more than seven billion and counting. If you slice it thin, you can feed a horde of Vikings on a single can, which retails for an average price of $2.97. Just add Kraft Dinner, spread ketchup over the whole thing and bon appétit!

While fastidious vegan locavores may turn up their noses, people in Guam can't get enough Spam, consuming more than 16 cans per person per year, according to that estimable journal of record, Time magazine. Sadly, 60 per cent of deaths in Guam are directly attributable to poor diet and lifestyle. Score one for fastidious vegan locavores.

For those who can't get enough of this stuff, there's the annual Spam Jam in Honolulu, another Spam hotspot. The 10th annual edition was held on April 28, where aficionados chowed down on Spam-fried rice loco moco or Spam nachos at Jimmy Buffett's.

Hey, it's a lifestyle. Just not a long one.

Spam, the often-maligned classic canned lunch meat, fits deliciously into frugal grocery budgets. DAVID MCNEW/GETTY IMAGES

Come on, just grin and bear it

STEVE MORGAN/GREENPEACE

Environment campaign

'Polar bear' arrest at U.K. gas station

This "polar bear" activist got a frosty reception from police after Greenpeace targeted Shell gas stations in Edinburgh and London.

Campaigners believe the Arctic ecosystem is being threatened by oil exploration. Greenpeace said it used an emergency shut-off switch to stop gas to the pumps at one station in Scotland.

METRO

One side says ...

"An oil spill in the Arctic would be catastrophic for wildlife such as walruses and whales. The Arctic must be saved and made a global sanctuary where oil drilling is banned."
Sara Ayech, climate and oil campaigner at Greenpeace

The other side says ...

"Shell recognizes that certain organizations are opposed to our exploration program Offshore Alaska and we respect the right of individuals and organizations to engage in a free and frank exchange of views about our operations."
Spokesperson for Shell

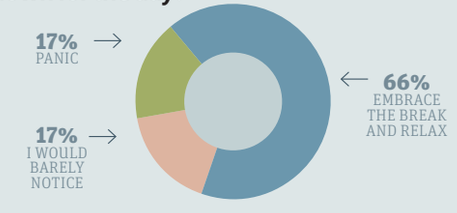
Arctic's arsenal

- **Hunting for oil.** Shell is due to begin drilling at two offshore sites in the Alaskan Arctic in the coming weeks. Russian oil giant Gazprom is also venturing into the Arctic this year.
- **Untapped resources.** The Arctic holds 13 per cent of Earth's undiscovered oil reserves and 30 per cent of its undiscovered natural gas, the U.S. Geological Survey says.

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What would you do if your Internet went down for the day?



Twitter

@carsonalison: Forgot how long the work day is without getting my afternoon buzz on at a stampede event. #missingstampede #yyc

@Lindtendo64: I still answer my phone every time with, "C-jay 92 plays today's best music: now show me my money!" #yyc

@kyleschaub: Drug deal right in open by Suncor building. #yyc #StayClassy

@shannoetry: Sunlight, you're a blessing... #yyc

@kevinjpower: The heat is starting to come back to #yyc. Now if only the humidity would leave us alone. #permasweat

@DanyaelHalprin: New Devonian Gardens sucks. Underwhelming and unimaginative. Such a great space, such a let down. #yyc #devoniangardens

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Calgary** Darren Krause • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar, **National Sales Director** Peter Bartrem • **Sales Manager** Blaine Schlechter • **Distribution Manager** David Mak • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown • **Vice-President, Finance** Phil Jameson • **METRO CALGARY** Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • **Telephone:** 403-444-0136 • **Fax:** 403-539-4940 • **Advertising:** 403-444-0136 • adinfocalgary@metronews.ca • **Distribution:** calgary_distribution@metronews.ca • **News tips:** calgary@metronews.ca • **Letters to the Editor:** calgaryletters@metronews.ca

WagJag.com

DEAL OF THE DAY!

GET DEALS ON YOUR PHONE: Made for iPhone

Multiple Offers!

BEYOND BEAUTIFUL: TWO OPTIONS:
OPTION 1: $59 FOR 3 MONTHS OF UNLIMITED MICRODERMABRASION AND IPL FACIAL TREATMENTS
OPTION 2: $99 FOR 6 MONTHS OF UNLIMITED MICRODERMABRASION AND IPL FACIAL TREATMENTS

Regular Price: $663

You Save: $604

Discount: 91%

$11 FOR A PET ID TAG AND $10 TOWARDS ONLINE PRODUCTS FROM REN'S PET DEPOT (A $22 VALUE)

$25 FOR 3 MONTHS OF UNLIMITED TAE KWON DO LESSONS AT HYDRA TAEKWONDO (A $210 VALUE)

$29 FOR AN ENGRAVED CRYSTAL GLASS PRISM WITH YOUR FAVOURITE PHOTO FROM TLC CRYSTAL (A $112 VALUE)

Visit: WagJag.com

Follow us on: facebook.com/wagjag @wagjagcalgary

Hurry to WagJag.com to purchase local deals before time runs out.

Jaunt.ca

Unique Getaways Within Reach

Follow us on: @GoJaunt facebook.com/GoJaunt

Old Time Charm in Downtown Victoria

The Dalton Hotel & Suites , Victoria, BC

ORIGINAL PRICE ~~$200~~

$99 Buy before July 25, 2012

Bane is back, recast, reimagined and finally living up to all the hype. HANDOUT/WARNER BROTHERS

The best and worst of Batman

Dark Knight on the rise. It hasn't always been box office brilliance as Metro looks at the Caped Crusader's past

IN FOCUS
Richard Crouse
scene@metronews.ca

Sometimes even villains get a second chance. The Dark Knight Rises, the last entry in Christopher Nolan's epic Batman trilogy, digs deep into Caped Crusader lore to reintroduce brawny bad guy Bane.

The abnormally strong antihero first appeared in the comics in 1993 but after a ridiculous appearance in Batman & Robin earned the title as the worst onscreen Batman baddie. As a scrawny convict pumped up by a drug known as Venom, he did little except growl and act as the punch line for a bad joke by his creator Dr. Jason Woodrue. "I call this little number Bane," he says. "Bane of humanity!"

The movie killed the Batman franchise for seven years, and it looked like Bane, played by wrestler Jeep Swenson — Holy haberdashery, Batman who chose his bad lucha libre mask? — would also be relegated to the big scoundrel cemetery in the Sky.

Ivy proved to be onscreen poison. HANDOUT/WARNER BROTHERS

Then Nolan cast Tom Hardy, got rid of the ridiculous mask and gave the brute a second chance. So Bane is back and super-evil, but how do other Batman big-screen baddies stack up on the Bat-scale of finest to vilest?

The Bat's Best

Cesar Romero and Jack Nicholson both played The Joker, Batman's arch nemesis, but Heath Ledger's Oscar-winning take on the psychotic clown in The Dark Knight is the most menacingly memorable.

Burgess Meredith made The Penguin's trademark squawking voice popular, but it was Danny DeVito in Batman Returns who really showed what a megalomaniacal monster he really was.

"You're just jealous because I'm a genuine freak and you have to wear a mask," he said. Batman has battled plenty of female foes but feline fiend Catwoman is the pick of the litter. Whether it's Lee Meriwether meowing, "You're going to see the purr-fect crime, when I get Batman in my claws," or Michelle Pfeiffer wielding a 12-foot bullwhip, the creepy kitty is fun enough for nine lifetimes.

The Joker became nothing more than a bad joke over time. HANDOUT/ABC

The Winged-One's Worst:

Too many one-liners from Two-Face in Batman Forever left critics unable to turn the other cheek after Tommy Lee Jones's over-the-top performance.

As played by Uma Thurman in Batman & Robin botanist-turned-eco-terrorist Poison Ivy proved that not even Mother Nature gets it right every time.

If for no other reason than the joke "Ice to see you!" Batman & Robin's cold-blooded killer Mr. Freeze (Arnold Schwarzenegger) makes the worst-of list. The Governator should've been sent to the cooler for his line-readings in this one.

On the web

Who was the best Batman and what did Anne Hathaway do to prepare for her role as Catwoman? Metro delved into the world of the Caped Crusader to mark the release of The Dark Knight Rises, in theatres next week. Scan this code or visit metronews.ca/features/the-dark-knight-rises.

2

SCENE

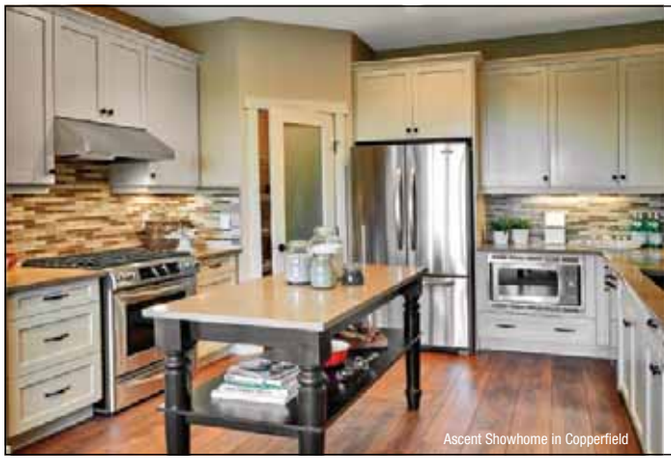
Scene in brief

Simpsons coming to Springfield?

A businessman in Springfield, Ore., says it's time for the city to embrace its most famous fictional residents and create a shopping district with a Simpsons theme. Jack Koehler owns Sweety's Frozen Yogurt, and he says business has been up since he put a set of Simpson statues in front of his store. He thinks the city should get involved, and he's proposing that a few blocks of downtown Springfield be turned into a Simpsons-themed shopping district. The city's community relations manager, Niel Laudati, tells KVAL there's no demand from the public, and he doubts anyone wants to spend tax dollars to license cartoon characters.
THE ASSOCIATED PRESS

On the web

Post-divorce, hope grows for a renewed film career for Katie Holmes



The only thing more attractive than a Sabal home is the price

Now building in Mahogany, Copperfield, Riversong and Reunion.

SABAL

the uncommonly stylish homebuilder

sabalhomes.com

Moving Day finds itself dreaming big

Comedy. Gabrielle Miller talks to Metro about the drunken, loveable cast of oddball characters from her new film

LIZ BROWN
liz.brown@metronews.ca

Directed by Mike Clattenburg, Moving Day harkens back to his previous work on The Trailer Park Boys. HANDOUT

Gabrielle Miller knows how to keep the boys in check.

After all, she grew up with brothers, is busy raising her five-year-old son and, now, in her latest role, wrangles a quartet of furniture movers with a laundry list of vices — from drinking, to criminal records and anger management issues.

In Moving Day, she plays Linda, an executive assistant at a small furniture moving business — Redmond's — who has her sights set on running the company.

"Redmond's is a little bit like a family and if you're working with those boys every day, you're going to have to have a bit of a tough side. It's hilarious because she's also a pretty sweet character," she says of Linda, who at one point is pushed to drop an F-bomb on the guys.

The film, from director Mike Clattenburg, has all the sensibilities of his most famous creation — The Trailer Park Boys.

It's the story of a few down-on-their-luck movers just trying to muddle their way through life and fulfill their dreams — whether that's getting a job for the city (you start at $16 an hour — but you have to know someone!), becoming a rock star, or wooing all the ladies in town.

Through the lowbrow humour he creates a cast of loveable characters that stumble (sometimes drunkenly) their way through a heartwarming story.

"It's such an incredible gift that he has," gushes Miller. "All of the characters are flawed and tough and they're just trying to get through the day. They're really well developed characters, they all have dreams and are just trying to make things work."

For Miller's character Linda, that means growing her "career" and taking the reins at Redmond's. Those types of dreams are something Miller can relate to.

"I grew up in a really big family. We didn't have a lot of money, so dreams were important. I worked my butt off — I had so many jobs before I started acting — a house cleaning business, I worked at a gas station…"

"Dreams are important and that's a big part of the film."

Working woman

Taking some time off

- **Busy life.** After spending some time at home to raise her son, Miller's career is back in full swing, with Moving Day and earlier this year, Sisters & Brothers. "I'm so grateful I was able to take time off to be there for my son," she says. "I was coming off six years of being on Corner Gas and I was tired. I really just needed to nurture myself and my son and have the time to get re-inspired and that's what happened. I'm excited again about working and taking on new roles."

FIESTAVAL LATIN FESTIVAL
FREE ADMISSION THIS WEEKEND
CALGARY OLYMPIC PLAZA SATURDAY AND SUNDAY 11AM TO 11PM
The best Latin bands and shows from western Canada, amazing Latin food, beer gardens
Latin dance classes, kids area, dance showcases, interactive programming, arts and crafts fair
INTERNATIONAL SHOWS: Toby Love (13 piece bachata band from the Dominican Republic),
from Los Angeles 12 piece Sonora Dinamita, from Colombia "Ramiro Padilla y su tropa Vallenata"
and from Mexico city 14 piece "Mariachi Internacional"
DON'T MISS...BE A LATIN LOVER!
FOR FULL LISTINGS GO TO WWW.FESTAVAL.CA

ATB Financial
VILLAGE BREWERY
PRO REALTY SALES
La Prensa
Corona Extra
arts
Alberta Foundation for the Arts
Aaron's
HolaCalgary.com
Pacific dental
El Reventon de Calgary
ColombiaCalgary.com
Alberta
WESTERN UNION
moving money for better

4 DAYS ONLY
COUNTRY HILLS TOYOTA SCION

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Katie Holmes. ALL IMAGES GETTY PHOTOS

Katie Holmes in another car accident

Katie Holmes may be enjoying her new life as a single mom in New York City, but it has been a bit more unpleasant for her chauffeur.

For the second time in a week, Holmes' car was involved in a fender-bender, with the latest incident leaving a huge dent near the car's tail.

Holmes and daughter Suri were leaving Suri's gymnastics class when their chauffeured Mercedes was struck by a recycling truck near 33rd Street and Sixth Avenue, according to E! News.

No one was injured and a police report was filed once Holmes and daughter were home.

A few days earlier, a paparazzi vehicle hit the Mercedes while it was taking them home from a toy store.

Russell Brand

Russell Brand moving on from Katy Perry

Russell Brand is clearly moving on from soon-to-be ex-wife Katy Perry and is reportedly dating Isabella Brewster, a former talent agent and the younger sister of Dallas star Jordana Brewster, according to Us Weekly.

"It's been going on for a few weeks. He really likes her," a source says. "She's cute. She is all over him and Russell loves it."

Brewster previously dated Bradley Cooper and Heroes star Milo Ventimiglia.

The Word

Silverman saving Obama through sexual favours?

THE WORD
Monica Weymouth
scene@metronews.ca

Plenty of celebrities are hosting fundraising events for the Obama campaign, from Sarah Jessica Parker's swanky A-list party at her New York City apartment to Gwen Stefani's upcoming family picnic in Los Angeles. But only Sarah Silverman has offered sexual favours in exchange for campaign contributions.

In a short video titled An Indecent Proposal, Silverman — in her trademark cereal-stained hoodie and last-night's ponytail — attempts to persuade billionaire casino magnate Sheldon Adelson to cancel his $100 million check to Mitt Romney.

"If you give that $100 million to Obama instead of Romney, I will — well, I won't have sex with you because we're not married and I'm a nice girl, but I will 'scissor' you wearing a bikini bottom through to fruition," she says.

"You'll be the only elderly billionaire on the block to have traditional lesbian sex through to climax with a girl who had her own show on Comedy Central."

Like all Sarah Silverman skits, it's probably funny if you can keep your eyes open — but we're not risking it.

Miley Cyrus

Miley Cyrus' brother taken to hospital

Miley Cyrus' younger brother, Braison Cyrus, was rushed to the hospital when he started spitting up blood because of complications from a surgery.

"I got my tonsils out last week," Braison explained to his fans via Twitter. "Not sure what happened exactly but long story short my artery opened and I was (bleeding) a lot. All good now."

Braison's dad, Billy Ray Cyrus, thanked the hospital staff for helping — but not for posting a gruesome photo of his son sitting up in his hospital bed holding a bloody bucket he'd been coughing into.

Sheen making big promises

Charlie Sheen is looking to do some good, vowing to donate one per cent of his profits from his new show, Anger Management, to the USO, a nonprofit that helps members of the U.S. military, according to Hollyscoop.

Sheen has declared he will donate a guaranteed $1 million, with no upper limit to what he'll donate should profits increase.

Charlie Sheen

The initial million marks the highest donation made to the organization from an individual.

Twitter

@MileyCyrus
How is it legal for men I've never seen before to sit in front of my house and then follow me around! So shady and scary

@YO_RANDYJACKSON
Who in their right mind buys gold shoes...

@ElizabethBanks
I cannot get enough of the Nestle Crunch Girl Scout Candy Bars!

@SteveMartinToGo
I'll be coming out as gay to promote my next bluegrass album but will return to straight after tour is over.

YOU COULD WIN A PASS FOR TWO TO A SPECIAL ADVANCE SCREENING OF STEP UP REVOLUTION IN 3D!
ONE STEP CAN CHANGE YOUR WORLD
STEP UP REVOLUTION
eone entertainmentone
VISIT club metro .COM TO ENTER
To register and for full contest details visit clubmetro.com
Don't forget to like us on Facebook! facebook.com/clubmetrocalgary
WIN A TRIP TO MIAMI!
ALSO, VISIT STEP-UP-REV.CA FOR YOUR CHANCE TO WIN A TRIP TO MIAMI, THE VIBRANT AND SUNNY SETTING OF
STEP UP REVOLUTION!

4 DAYS ONLY

COUNTRY HILLS TOYOTA SCION

2012 MODEL CLEAROUT

4 DAYS ONLY

OVER 30 DEMONSTRATOR MODELS TO CLEAR OUT

REBATES AS HIGH AS $10,000

TODAY & THURS 9AM-9PM

FRI & SAT 9AM-6PM

NO GIMMICKS, NO GIVEAWAYS
JUST THE STRAIGHT GOODS!

2012 SIENNA V6

Model #KK3DCT

EARN UP TO 15,000 ®AEROPLAN MILES

ONLY $228/BW

LIFE TIME OIL & FILTER OFFER

WITH EVERY NEW VEHICLE PURCHASE*

Country Hills TOYOTA SCION

CORNER OF DEERFOOT TRAIL & COUNTRY HILLS BLVD. NORTH | 403-290

CHTOYOTA.COM

DISCLAIMER: **Cash Incentives include cash rebates and cash discount. Vehicles may not be exactly as illustrated. Aeroplan Miles may not be combined with any other offer. 2012 payments based on low km, GST extra on all payments, 60 month lease. 2012 Yaris – 2.90% 60 mth lease rate, include $1,675 down payment lease end value $2,819 Lease end Value $11,019; 2012 Camry LE – 0.9%/36 mth lease rates lease end value$10,294; 2012 Sienna LE 8 Pass Based On 84 Mos Finance, 0 Down.; 2012 Tacoma - 1.9%/36 mth lease rate lease end value $12,511; 2012 Highlander - 4.90%/60 mth lease rates Down Payment $3,776 Lease end Value $13,743. 2012 Rav4 –

COUNTRY HILLS TOYOTA SCION

4 DAYS ONLY

RIS HB

5 DR Convenience Pkg
Model #KTUD3P BA

EARN UP TO 10,000 ®AEROPLAN MILES

ONLY $188/MO

2012 HIGHLANDER V6-4WD

Model #BK3EHA AA

EARN UP TO 10,000 ®AEROPLAN MILES

ONLY $438/MO

UIS V

Model #KN3DUP AAA

EARN UP TO 10,000 ®AEROPLAN MILES

ONLY $287/MO

2012 TACOMA 4X4 V6

Model #UU4ENA BA

EARN UP TO 15,000 ®AEROPLAN MILES

ONLY $338/MO

MRY LE

Model #BF1FLT AA

EARN UP TO 10,000 ®AEROPLAN MILES

ONLY $268/MO

2012 COROLLA

Model #BU42EP BA

EARN UP TO 15,000 ®AEROPLAN MILES

ONLY $178/MO

V4

Model #ZF4DVP AA

EARN UP TO 10,000 ®AEROPLAN MILES

ONLY $172/BW

2012 TUNDRA CREWMAX 4X4

Model #HY5F1T

EARN UP TO 15,000 ®AEROPLAN MILES

UP TO $10,000 IN REBATES

0-1111

AMVIC LICENSED

TOYOTA grad program

lease with ease at Country Hills Toyota

aeroplan

e $7,588; 2012 Corolla – 0.9% 60 mth lease rate, includes $2,202 down payment lease end value $7,473; 2012 Prius V – 2.90%/60 mth lease rates Down Payment 0.9% / 72 month, bi-weekly finance. For Contest Details, please see dealer. Freight, P.D.I., taxes and block heater extra on all Scion models.

COUNTRY HILLS TOYOTA SCION
4 DAYS ONLY

3 LIFE

Travel in brief

New Yorkers embracing ferry life

More than one million passengers have ridden ferries across the East River since the service was launched just over one year ago, New York City Mayor Michael Bloomberg said Monday. That's more than double in initial projection of 409,000 riders, Bloomberg said as he and City Council Speaker Christine Quinn rode the ferry from North Williamsburg in Brooklyn to Pier 11 in lower Manhattan to mark the milestone. The ferries, which make it fast and easy to reach waterfront businesses, parks and other locations, are popular with tourists as well as locals.

THE ASSOCIATED PRESS

On the web

Everything old is new again: Rodin Museum in Philly is reopening with the same look as in 1929

Hudson River Park: A destination for recreation

Urban oasis. A group of dedicated New Yorkers have turned a once-derelict patch of Manhattan into a place for outdoor fun

In the past decade, the decrepit piers and industrial zones along eight kilometres of the Hudson River on Manhattan's West Side have been utterly transformed.

Hudson River Park is now a destination that gets 17 million visits annually, with a bike path, green spaces, playgrounds and recreation ranging from mini-golf and skateboarding to kayaking and even stand-up paddleboarding. Melissa Lopez rented a bike a few weeks ago and was amazed at what she saw as she rode downtown through the park.

"It was gorgeous, like a little nature haven, beautiful flowers, trees, and only when you looked over to your left (at the buildings), did you realize you were in between a concrete jungle and this beautiful river," said Lopez, 29, who came in from her home in suburban Westchester for the day. "Everyone was doing something active — sunbathing, rollerblading, bike riding. There was one pier with a volleyball court with sand. I kept asking my boyfriend, 'Are we really in New York City?"'

Lopez's reaction is proof of just how much things have changed along the river. For much of New York City's history, "the waterfront was where the industrial areas were," said Madelyn Wils, president and CEO of the Hudson River Park Trust. "Then in the 1960s, the port business went away and the waterfront areas became so derelict they were an embarrassment. If you saw pictures of what this looked like even 10 years ago, you'd say, 'How could anyone let that happen?"'

Looking at the ribbon of spotless walkways, plantings and creative play areas along the river today between Battery Park City in Lower Manhattan and 59th Street, it's hard to imagine what Wils is describing.

But when she and other New Yorkers began working to create the park in the late 1990s, one of her goals as a mother of three living in Lower Manhattan was simply to make more places where kids could play. In 1998, the city and state provided land for the park, and construction began in 2001.

Last year's opening of Pier 25 in Tribeca, now one of the park's most popular areas with mini-golf and volleyball, was a crowning achievement.

There are still small sections along the water awaiting redevelopment — a pound for towed cars, a facility for Sanitation Department trucks — but the walkways and bike path are uninterrupted. (Wils says the park has "more bikes on the bike paths than anywhere else in the country — 6 million a year.") Between playgrounds, lawns, sports facilities, boating options and other amenities, the park's attractions number in the dozens.

"There are so many different boating opportunities in the park now," said Nancy Brous, metropolitan region director for the Hudson River Watertrail. Many of the programs are run by volunteers to educate New Yorkers who may never have been in a kayak or out on the river before, Brous said, but the walk-up kayaking programs also get "a lot of out-of-town visitors. This is something that's really going to be driving the tourist trade as time goes on and more people seek it out."

Another aspect of the recreational boating programs is teaching the public about the river. It's a tidal estuary, so the currents are strong, and the water can be murky as the tidal flow stirs up silt. "It's not crystal clear and you can't see that deep into it, but it's not pollution," Brous said. "People are very surprised when they learn about the water quality. Just by the birds you can tell it's clean — they're out there and they're catching fish."

Hudson River Park is also home to historic vessels that can be toured; public art like the AIDS memorial at 11th Street; yoga and other fitness programs; concerts, walks and talks, including a Sunday morning nature tour where participants learn about the park's 85 species of birds. Little wonder the park has started turning up in travel guides to New York City as an option for visitors looking for something to do besides shopping, theatre and museums.

THE ASSOCIATED PRESS

Visitors to Hudson River Park relax on a sculpture. MARY ALTAFFER/THE ASSOCIATED PRESS

If you go...

- **Hudson River Park.** Battery Park City to 59th Street. Walkway, bike path, playgrounds, sports, boating. Detailed information on activities and calendar of events including fitness classes and concerts, hudsonriverpark.org.

NEW! ALL-IN PRICING
FLY TO THE UK FOR A SUMMER OF SPORT
$649 London Roundtrip INCLUDES ALL TAXES & FEES
$649 Glasgow Roundtrip INCLUDES ALL TAXES & FEES
$799 Manchester Roundtrip INCLUDES ALL TAXES & FEES
canadian affair
DIRECT FLIGHTS FROM CALGARY • LEATHER SEATS • GENEROUS ECONOMY LEG ROOM • CHILD DISCOUNTS • CLUB CLASS UPGRADES
1-866-393-6654 canadianaffair.ca One Way fr $199 Including all taxes/fees. Call For Details
Departures from Calgary. Lowest fare shown & subject to availability. Flights with Air Transat. Prices include all taxes & surcharges. Fares are available for selected dates in Jul 2012. Terms & conditions apply. Reg in BC #2454.

Escape the city — and your iPhone and BlackBerry — in the Adirondacks, where all you'll need is a canoe for peace of mind. Here's our top four things to do.

AMBER RAY, METRO WORLD NEWS
travel@metro.lu

4 To-dos in the mountains of New York

It's increasingly difficult to truly "get away from it all," but one of Northeast America's most popular destinations still offers a real escape from your busy life back home.

New York's Adirondack Park is the largest wilderness area east of the Mississippi. (That's approximately 6.1 million acres where you have the potential to receive absolutely no cell phone service.) Outdoor adventure is the draw here; centering your trip around the High Peaks region, home to the village of Lake Placid, provides the opportunity to climb the state's tallest mountains, wade in world-class fly-fishing waters, and learn to paddle board, all in the same weekend. Because when you're negotiating a pitch or landing a brook trout, the last thing on your mind will be the week's sales reports.

Hiking and climbing

The Adirondack Mountain Club's High Peaks Information Center at Heart Lake (1002 Adirondack Loj Road, Lake Placid; 518-523-3441), is home base for some of the area's most popular trail heads — from short, easy hikes with big views (Mt. Jo) to classic slide climbs (Trap Dyke) to day-long excursions that culminate in standing atop New York State.

Fishing

Renowned for its rugged beauty and optimum conditions for a high trout population, the West Branch of the Ausable River is one of the most prized waterways among fly fishermen.

Where to stay: Golden Arrow Lakeside Resort

Seeking adventure doesn't require roughing it. Golden Arrow Lakeside Resort is a hotel located directly on Mirror Lake — swimming and paddle sports are part of the deal here. Splurge for a waterfront room, where waking to views of the lake a Whiteface Mountain are inspiration for your day's Need a little help planning your outdoors activity? The hotel has teamed with EMS to offer adventure packages. (2559 Main St., Lake Placid; 518-523-3353. Regular room rates start at $159.)

Splurge for a waterfront room at the Golden Arrow Lakeside Resort. HANDOUT

Paddle sports

The Saint Regis Canoe Area, northwest of Lake Placid, covers 18,400 acres of wilderness waterways designated for canoe and kayak use — no motors allowed. For rentals, guide services or just tips on trip planning, St. Regis Canoe Outfitters has locations in Saranac Lake (73 Dorsey St.; 518-891-1838) and at the edge of the St. Regis Wilderness (Floodwood Road at Long Pond Portage, Lake Clear; 518-891-8040).

Pro tips

Get to know the High Peaks region with a local guide. The Eastern Mountain Sports location on Main Street in Lake Placid is not only conveniently located, it's staffed by outdoors-loving professionals who can lead you to the right shoes for your High Peaks climb and actually guide you up that back country rock face you've been dreaming of tackling. EMS guides at this location offer instruction in rock climbing, kayaking, stand-up paddleboarding and more.

Home | Flights | Vacation Packages | Hotels | DEALS | Cars | Rail | Cruises | Tours | Activities | Mobile

BUNDLE YOUR SUMMER SALE

Flight, booked. Hotel, booked. Savings, banked.

Save up to 40%* on your stay when you bundle your flight and hotel together. That's enough savings to see more sites, take more tours or check out more restaurants on your summer getaway.

Expedia.ca™
Your trip, your way.

© 2012 Expedia, Inc. All rights reserved. Expedia, Expedia.ca, and the Airplane logos are registered trademarks, or trademarks, of Expedia, Inc. in the U.S. and/or other countries. Ticket fulfillment services provided by Tour East Holidays (Canada) Inc., 15 Kern Road, Suite 9, Toronto, Ontario M3B 1S9. TICO Registration No.: 50015827 and Tour East Holiday (Canada) Inc., 2000 Peel Street, Suite 735 Montréal, QC H3A 2W5. Quebec License No. 702246. *Discount limited to hotel portion of build-your-own (flight + hotel) bookings only (off Expedia.ca prices) purchased by July 31/12 for travel between July 3/12 and Sept 30/12. Some conditions apply. Only valid on select Bundle Your Summer Sale cities and properties. Offer subject to change or cancellation without notice. See expedia.ca for full details.

Health, wellness and ... Las Vegas?

Luxury spas. Sin City is now billing itself as a destination to relax and unwind — without the hangover

VAWN HIMMELSBACH
life@metronews.ca

Is it possible to find relaxation in Sin City? HANDOUT

Health and wellness isn't typically what comes to mind when you think of Las Vegas. But that's exactly what Sin City casinos now have on offer: peace and serenity.

In the land of booze, gambling and strippers, is it possible to attain a state of meditative Zen? If you can manage to resist poolside mojitos, avoid stuffing your face at all-you-can-eat buffets and tear yourself away from the blackjack table before losing your life savings, you may, surprisingly, find an oasis of serenity.

More than 45 luxury spas offer everything you'd expect, but often with a Vegas twist. Sure, you can go for a typical Swedish massage, but how about a brown sugar java jolt pedicure, a chakra-balancing session, or even yoga with dolphins?

Here are some top picks to get your aura glowing:

The Shio Salt Room at Aria boasts illuminated salt bricks that can help heal skin irritations. HANDOUT

The Spa at Aria Resort & Casino

This spa is themed around salt, stone, earth, fire and water; you're welcomed into the space by a water garden with Aji stones blessed in Japan. The spa's Shio Salt Room features a wall of illuminated salt bricks that encourage healing of skin irritations and upper respiratory problems, complete with vibrating lounge chairs. And the Ganbanyoku Stone Bed room features Japanese heated stone beds that emit negative ions and far-infrared rays to improve blood circulation, increase metabolism and eliminate toxins — incredibly soothing, unless there happens to be a man snoring like a bear on the stone next to you.

Make sure you know your 'intention' at the Trump spa. HANDOUT

The Spa at Trump

The Spa at Trump is a smaller spa with a more personalized experience. When you walk in, you're asked about your "intention" for the treatment: calm, balance, purify, heal or revitalize. Your treatment is customized around that intention, using essential oils and even gemstones and crystals. Try a signature gemstone spa treatment, such as the Revitalizing Rubies Massage, which uses a ruby-infused massage oil to ground your root chakra. The spa also has a few unique Vegas offerings: the Vegas Recovery Massage, Morning-After Eye Cure and Sun Worshipper Body Wrap. So even if you overindulge, you can always get in a little health and wellness.

Banking that can take you from here

CIBC RANKED STRONGEST BANK IN NORTH AMERICA
Bloomberg Markets THE WORLD'S STRONGEST BANKS 2012

CIBC FOR WHAT MATTERS.

Go social 'spa-ing' at Qua Baths & Spa at Caesars Palaces. HANDOUT

Qua Baths & Spa at Caesars Palaces

Qua Baths & Spa at Caesars Palaces takes its cue from ancient Roman traditions of relaxation, incorporating rituals of "social spa-ing" with mineral-enriched pools surrounded by dark-wood décor and waterfalls. It offers an expansive range of Vegas-worthy treatments, from hypnotherapy to chakra balancing to dream interpretation. Communal areas include the Laconium Room for heat therapy, the Arctic Ice Room (with fake snow to cool you off — perhaps less appealing to Canadians) and a tearoom staffed by a sommelier skilled at pairing teas with treatments.

Canyon Ranch SpaClub at The Venetian and Palazzo

Canyon Ranch SpaClub at The Venetian and Palazzo is one of the largest spas in the world, offering everything from ice cream pedicures to nutrition consultation to ancient Ayurvedic treatments from India. Its European-inspired Aquavana suite includes a Finnish sauna, crystal steam room, herbal-infused laconium, experiential rain showers, a wave room (a domed canopy with reflected water movements for a meditative experience) and a salt grotto with heated benches to provide a "sea air" experience.

Canyon Ranch SpaClub is one of the largest spas in the world. HANDOUT

The Spa at the Mandarin Oriental

The Spa at the Mandarin Oriental, inspired by 1930s Shanghai, features opulent art deco décor with a spa menu based on an "East meets West" philosophy. Start with the spa's signature foot ritual, based on the traditional hot herbal footbaths of the Far East, followed by a Jade Enzyme Facial or Mahjong Balance treatment focusing on pressure points and energy centres.

VAWN HIMMELSBACH IS A FREELANCE WRITER BASED IN TORONTO. CHECK OUT HER BLOG AT CHICSAVVYTRAVELS.CA

A treatment room at the Mandarin Oriental. HANDOUT

all the way to Denver.

Get up to 30,000 Aeroplan® Miles* with the CIBC Unlimited®1 Chequing Account and CIBC Aerogold® Visa Infinite™ Card.

30,000 Aeroplan Miles is more than enough to redeem for a ClassicFlight® reward in Economy Class to anywhere in Canada or the Continental USA.[1]

Speak to a CIBC advisor today. Visit any branch, go to cibc.com/chequing or call 1 800 465-CIBC (2422).

aeroplan

CIBC FOR WHAT MATTERS.

*Conditions apply. Ask for details. Open a CIBC Unlimited Chequing Account (UCA) and enroll in the Aeroplan feature from July 3, 2012 – October 31, 2012 (Oct. 17, if by phone/online), complete qualifying transactions, make a Visa Debit purchase (by phone/mail/online/at stores outside of Canada) using your CIBC Advantage Debit Card™1 and have CIBC Overdraft Protection Service on your UCA by Dec. 31, 2012. [1]Under Aeroplan's current reward chart, earn a long-haul ClassicFlight Reward for 30,000 Aeroplan Miles (applicable fees and taxes are additional). Visit aeroplan.com for details. ®Aeroplan, Aerogold and ClassicFlight are registered trademarks of Aimia Canada Inc.; CIBC authorized licensee. ™Visa Int./lic. user. ®1Registered trademark of CIBC. ™1Trademark of CIBC. "CIBC For what matters." is a trademark of CIBC.

Iceberg-watching in Newfoundland and Labrador. GEORGE FISCHER/THE CANADIAN PRESS

Gros Morne National Park in Newfoundland. GEORGE FISCHER/THE CANADIAN PRESS

115 of the best places to travel in Canada

Unforgettable Canada. Writers document Canada's natural wonders and urban attractions in latest edition of book

When you start planning your next trip, why not stay in Canada? You can take in the Montreal Jazz Festival, the nightlife in St. John's, or the Calgary Stampede.

Canada has many scenic vistas, natural wonders and urban attractions to offer travellers, but many Canadians don't know these special places exist.

"When was the last time someone did a good 'best of Canada' book?" was the question Noel Hudson asked himself when thinking about the next book he was going to write.

Together with longtime friend and photographer George Fischer they wrote Unforgettable Canada: 115 Destinations. The book, published by Boston Mills Press, showcases the best attractions the country has to offer.

From British Columbia to Newfoundland and Labrador and everywhere in between, the book explains where you can go iceberg-watching or see a sandcastle competition.

It took two years to compile photographs, research and write the book. But in reality, it actually took Hudson and Fischer much longer than that.

"The information for the trips were collected by both of us over a 15- to 20-year period," says Hudson, 56, in an interview. "It took us that long to amass all the information and knowledge about all these places."

The book, now in its third edition, began with 100 destinations that Hudson and Fischer chose from previous travels.

"We talked extensively about where we've travelled over the years and what we'd like to put in the book," says Hudson. "We talked about what we really liked, places we'd been to, places we'd still like to go that we always thought about going."

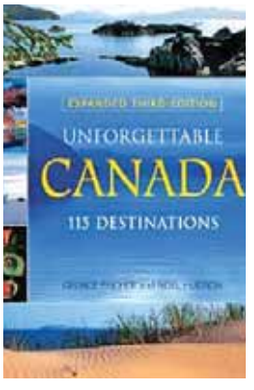
They attempted to strike a balance between big trips and smaller activities. The book includes the once-in-a-lifetime, two-day Rocky Mountaineer train trip from Calgary to Vancouver and more accessible excursions like going to the CN Tower in Toronto.

Hudson says both he and Fischer have been to roughly 75 out of the 115 destinations documented in the book.

"There's some overlap between us," he says of their travels. "There are very few places (in the book) that we haven't been."

Overall, Hudson's favourite place is the province of Newfoundland and Labrador. That's where travellers can go iceberg-watching, visit the Gros Morne National Park, or Jelly Bean Row, a candy-coloured lane of houses.

Although Hudson and Fischer did not travel together to the new destinations added in the expanded edition, Hudson says it allowed them to hit more places they haven't been to.



While Hudson explored the Prairies, Fischer drove across Canada's most northerly highway, the Dempster highway, in the Yukon and Northwest Territories.

THE CANADIAN PRESS

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Job Guaranteed!
Next in-class course: Aug 22nd - 26th, 2012
Next Seminar: Aug 7th, 2012 @ 7pm
Travelodge University Hotel - 2227 Banff Trail NW
www.globaltesol.com
GLOBAL TESOL COLLEGE

THAT'S THE POWER OF WIND™

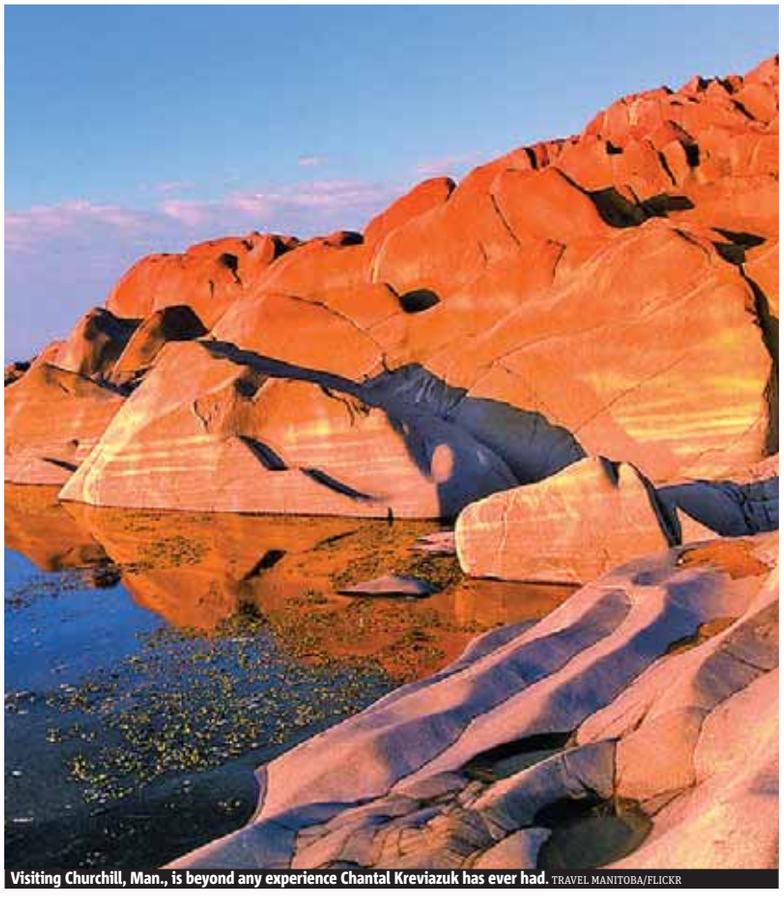
Only 20¢/min

GO INTO VACATION MODE
WITH OUR AMAZING EUROPEAN ROAMING RATES.

Get our Preferred European Roaming Rates add-on free until September 30th.
Pay one flat rate without the worry of extra fees or long distance charges.

Learn more at WINDmobile.ca

Certain countries only. See our website for a complete list of included countries and text and data rates. Data services subject to WIND's Fair Usage Policy and Internet Traffic Management Policy. All services subject to WIND's Terms of Service and are for personal use by an individual. Applicable taxes extra. Other conditions apply. WIND and WIND MOBILE are trademarks of Wind Telecommunicazioni S.p.A. and are used under license in Canada by Globalive Wireless Management Corp. © 2012 WIND Mobile.



Visiting Churchill, Man., is beyond any experience Chantal Kreviazuk has ever had. TRAVEL MANITOBA/FLICKR

Churchill offers true solace for Chantal Kreviazuk

Reconnecting.
Singer-songwriter loves taking time to unwind in the land of polar bears and dogsled runs

My favourite Canadian spot is Churchill, Man. I have been going there for years, for all sorts of reasons — ranging from personal trips, to program awareness building for Polar Bear International.

I have also gone to the region for a discovery voyage regarding my ancestors who used to run the land up at York Factory, the very origin of The Trade.

It is an adventure in the summer — you must have a rifle nearby, the polar bears roam about ... the belugas are feeding in the bay, it is beyond magical.

Chantal Kreviazuk
HANDOUT

This remote place offers true solace ... I find myself totally offline, and reconnected — to nature and humans ... everyone up there seems to be there for the same reasons ... it's the ultimate escape into "like-minds" or parallel intentions. Especially in Churchill in the winter, when it can get brutally cold, I feel like it's a true bonding experience with the other people up there.

The food is unexpectedly sophisticated and delicious, perhaps to completely blow away the common tourist, not sure ... but it's ridiculous.

Putting hot rocks in your mitts and boots, sitting by the fire with hot chocolate after a dogsled run ... or hanging on the tundra buggy for hours on end watching the polar bears in the behaviour patterns ... it is beyond any other experience I have had.

Every time I go, I truly feel like it's the first time back.

CANADIAN SINGER-SONGWRITER CHANTAL KREVIAZUK'S NEW CD/DVD SET IN THIS LIFE WAS RELEASED EARLIER THIS MONTH. RECORDED LAST SUMMER AT THE JACKSON TRIGGS AMPHIMEATRE, THE JUNO AWARD WINNER IS ACCOMPANIED BY THE NIAGARA SYMPHONY WHILE SHE PERFORMS HER HIT SONGS.

YOU COULD
WIN*
A RETURN FLIGHT FOR 2 TO
NEW YORK CITY
VIA LAGUARDIA AIRPORT WITH WESTJET
Non-stop flights from Calgary to New York via Newark also available. Convenient connections from many western cities.
To register visit
clubmetro.com
VISIT clubmetro.com TO ENTER
WESTJET
*No purchase necessary. Terms and conditions apply. For full contest details and terms and conditions, visit clubmetro.com

Get inspired by Asian flavours of bok choy and oyster mushrooms

ROSE REISMAN
for more, visit
rosereisman.com

The combined flavours of bok choy, mushrooms and this sesame sauce is outstanding.

I use whole oyster mushrooms for appearance as well as texture. Feel free to substitute other mushrooms, but it is best to slice them in large pieces.

I love to serve this alongside a fish or chicken dish.

1. Combine the soy sauce, sesame oil, oyster sauce, sugar, garlic, ginger and chili sauce in a small bowl and set aside.

2. Lightly coat a large, nonstick skillet with cooking spray, add the oil and set over medium-high heat. Add the mushrooms and sauté for 5 minutes or until tender. Add the sauce and cook for 2 minutes, until slightly thickened.

3. Place a shallow layer of water in a large saucepan and bring to a boil. Place the bok choy in the saucepan, cover and cook for 2 minutes or just until it is bright green.

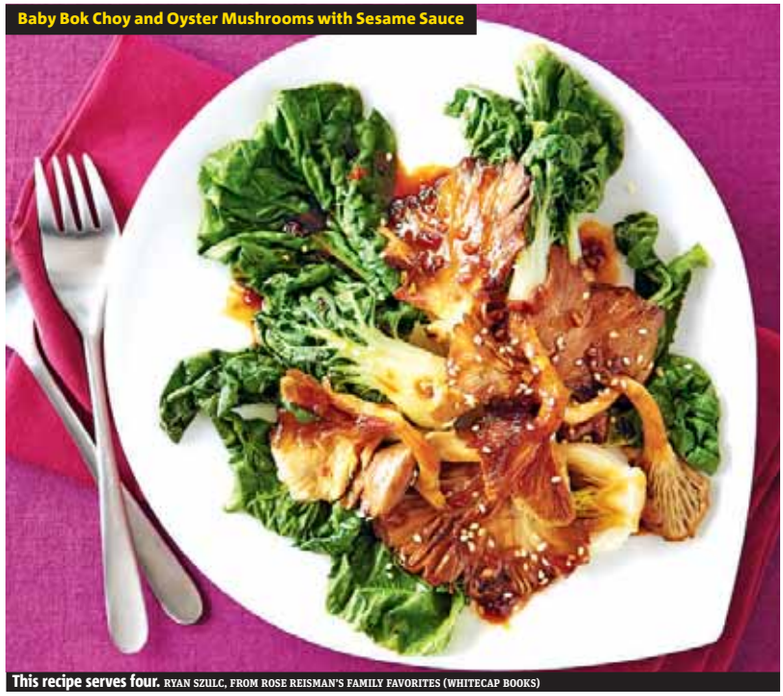
4. Drain well and place on a serving dish. Top with the sautéed mushrooms and sesame sauce, sprinkle with sesame seeds and serve immediately. **ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)**

Ingredients

Sesame Sauce
- 1 tbsp low-sodium soy sauce
- 2 tsp sesame oil
- 1 1/2 tsp oyster sauce
- 1 tbsp brown sugar
- 1 tsp finely chopped garlic
- 1 tsp finely chopped ginger
- 1 tsp hot chili sauce

Vegetables
- 2 tsp vegetable oil
- 8 oz whole oyster mushrooms
- 6 baby bok choy
- 1 tsp toasted sesame seeds

Baby Bok Choy and Oyster Mushrooms with Sesame Sauce



This recipe serves four. RYAN SZULC, FROM ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

Drink of the Week

'You put the lime in the coconut'

This delicious combination makes the perfect drink for those cool summer nights on the patio.

- 375 ml (1.5 cups) coconut milk
- 1 can (250 ml) frozen concentrate margarita mixers
- 250 ml (1 cup) white rum (optional)
- 1 l (4 cups) ice cubes
- 1 lime chopped for glass rim

In a blender, combine coconut milk, margarita frozen concentrate and rum, if using; add ice cubes. Pulse until blended and frothy, about one minute. **THE CANADIAN PRESS/ BACARDI MIXERS, RUM**

Asian Slaw. Teriyaki sauce nicely dresses up this crunchy side dish

This crunchy vegetable mix of broccoli and cauliflower hearts, red cabbage and carrots gets an Asian twist with a tofu teriyaki sauce. The slaw would be a good side to grilled meat or fish.

1. In a large bowl, place vegetable mix and add yellow pepper. Add tofu, along with oil and vinegar, and mix well.

2. Let mixture sit for 1 hour or overnight in refrigerator. Sprinkle with sesame seeds before serving.

THE CANADIAN PRESS/SUNRISE STIR-FRY TOFU N' SAUCE

Ingredients

- 1 pkg (350 g/12 oz) vegetable mix (broccoli, cauliflower, red cabbage, carrots)
- 1 sweet yellow pepper, sliced thinly
- 1 pkg (250 g/8 oz) stir-fry tofu cubes with teriyaki sauce
- 15 ml (1 tbsp) sesame oil
- 45 ml (3 tbsp) rice vinegar
- Sesame seeds, for garnish

Paper Clip Pork: One family's take on a Chinese BBQ staple

Chinese barbecue pork, or "char siu" in Cantonese, is a standard item found in every Chinese deli and restaurant. Not so traditional is one family's rather unique way of making it — with paper clips.

And the credit goes to uncle, Kin Woo. When he was a college student, he wanted to experiment with making traditional char siu. He says that "in the old days" in China, people would cook the pork in a clay or brick oven with a wood or charcoal fire underneath.

There were bars inside the oven with metal hooks that held the meat over the heat.

So one day, as family lore has it, he started fooling around with a paper clip. When he bent both ends into an S-shape, he discovered the perfect hook. And so the paper clips have been a trademark of his char siu for more than 30 years.

Ingredients

- 3- to 4-lb pork shoulder butt roast
- 8.5-oz jar hoisin sauce
- 1 cup white wine
- 1/3 cup of sugar
- 1 tbsp hot sauce
- 2 tsp kosher salt
- 24 large paper clips

This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

1. Cut pork lengthwise into 6 thick slabs. Cut each slab into 4 strips. Set aside.

2. In bowl, combine hoisin, wine, sugar, hot sauce and salt. Mix well until the sugar has dissolved. Add sliced pork and mix to ensure all of the meat is evenly coated. Cover and refrigerate for at least 24 hours.

3. When ready to cook, set one oven rack at the highest point. Remove the remaining racks. Heat the oven to 400 F.

4. Remove pork from refrigerator. Bend each paper clip, opening it to create a double-sided hook that resembles an S. One at a time, thread one side of a paper clip hook through one of the narrow ends of each strip of meat. If you hold one up by the paper clip, the meat should hang down vertically.

5. Open oven and, using oven mitt, pull rack forward. Set a rimmed baking sheet lined with foil under it (it will rest on the door for the moment).

6. One at a time, use paper clips to hook pork onto the oven rack so they hang down from rack's underside. When all meat is hung, push rack and rimmed baking sheet into the oven. Roast 45 minutes. When meat is cooked, carefully unhook and remove paper clips before serving.

TERRY WANG/ THE ASSOCIATED PRESS

Presenting yourself as prepared, confident and positive can help you get what you want. ISTOCK

When and how to play hardball with your boss

Ask and you shall receive. Three tips that will help you discuss what you deserve at the workplace

JULIA WEST
Metro World News in Philadelphia

It's not easy when what you want is right in front of you, but you're not quite sure how to get it.

At work you may feel that you deserve a raise or that you're the best candidate for a promotion, but you don't know how to let your boss know it.

While your track record should do most of the talking, we've learned a few tricks that may help tip the scales in your favour.

Be prepared

This cannot be stressed enough.

Make sure that you can point to specific achievements during your negotiations to add foundation to your request.

"You must have already sold the individual on the idea that you are the candidate for the position," says Grant Cardone, author of If You're Not First, You're Last and executive producer of National Geographic's Turnaround King.

In addition, Morgan Norman, co-founder/CEO of performance management system WorkSimple, says that "your manager needs to understand why you deserve a new job title or more money, as opposed to just saying you want it."

Be positive

Your boss might say no, but that doesn't mean you should close the book on the negotiation forever.

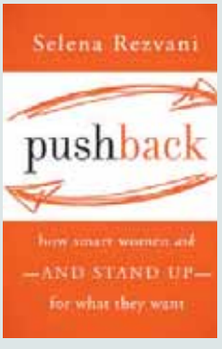
"Timing is everything," Selena Rezvani reminds us.

"Try asking a second time under different circumstances." Sometimes a "no" is a good thing, because it proves you're asking for something better. "If you never hear 'no,' you're probably not asking for enough," says Rezvani.

Cool and courageous

Be confident in your approach

Don't be afraid to ask for what you want. "People too often set low expectations for themselves when entering a negotiation," explains Selena Rezvani, author of Pushback: How Smart Women Ask — And Stand Up — For What They Want. "Always start with an ambitious outcome that would delight and thrill you, not just simply satisfy you."



Walk the walk

"Your manager needs to understand why you deserve a new job title or more money, as opposed to just saying you want it."

Morgan Norman
Co-founder/CEO of performance management system WorkSimple

metro
CANADA'S FIRST NEWS APP* IN NEWSSTAND
Now available for iPad, iPhone and iPod touch!
Available on the App Store

Cambridge CELTA - TESOL Training
www.celtacalgary.ca
Located in the heart of downtown, Global Village Calgary offers
Cambridge CELTA training for ESL/EFL teachers
Get the most widely recognized TESOL certificate in the world!
Free CELTA information session: July 19, 6 – 7 pm
Next full-time course: July 30 – August 24, 2012
Next part-time course: starting September 4, 2012
Global Village is Calgary's only official IELTS Test Centre offering tests 3 times a month. Visit www.ieltscalgary.ca
Global Village ENGLISH CENTRES
IELTS Official Test Centre

calea.
WE'RE HIRING!
CLEANROOM TECHNICIANS – CALGARY, ALBERTA
Calea is the leading Canadian provider of client-focused home healthcare products & services. We are a community partner and licensed Pharmacy, providing expert solutions and support resources to healthcare professionals, hospitals, patients and their caregivers. Calea is a subsidiary of Fresenius, a publicly traded multi-billion dollar global healthcare organization.
CLEANROOM TECHNICIAN
Multiple Positions Full time and Part time
Starting Wage $27.00 + Experience dependent
• Full time - Staggered shift start within the hours of 7am-5pm Monday to Friday
• Company paid health benefits
• Generous RRSP retirement plan after one year
• Educational Assistance
• Relocation assistance available
• Location 7111A-6th Street S.E. Calgary
SCOPE AND QUALIFICATIONS
• Aseptically preparing sterile drug admixtures according to technical knowledge and the detailed specification of the Standard Operating Procedures
• Participate in day-to-day operation of the cleanroom; and staging area, and labelling of sterile products
• Pharmacy Technician Diploma from a recognized college
• Must be registered with the Alberta College of Pharmacy
• Prior experience in a community hospital and/or pharmacy an asset
• Sound knowledge of pharmacy technology and aseptic compounding technique
• Strong English communication skills required
PLEASE FORWARD YOUR RESUME TO HUMANRESOURCES@CALEA.CA OR BY FAX: 905-238-9495
PLEASE INCLUDE THE POSITION TITLE IN THE SUBJECT LINE OF YOUR E-MAIL

Students, don't despair about debt

Getting in the red, without turning red.
Why education pays but BMWs don't

JELEEN YU
TalentEgg.ca

Let's face it. Debt happens.

It's a fact of life that almost all of us will need a little financial help at one point or another, whether it's for our home, car, livelihood, education — even our groceries.

Debt is an inevitable circumstance of life, and, for the most part, it's categorically evil.

But here's the kicker: Debt isn't always such a bad thing.

The basics

Ever heard of good debt?

Yes, it's an oxymoron, strange and it seems mythical at best, but believe it or not there are some things out there worth owing money for.

Here's what's on the "good" list:

- Your home
- Your own business
- Your education

These are otherwise known as things that will increase in value over time and give you the best bang for your borrowed buck. Because you're borrowing to finance things that won't lose their value (and will actually earn you money in the long-run), this kind of debt is considered good and justifiable.

Apply yourself! Scholarships and bursaries can help to ease the strain of student debt. ISTOCK

Bad debt, on the other hand, is money borrowed for things that will depreciate in value over time, sometimes even instantly (think: as soon as you leave the store!). Consumable goods like clothes, cars, video games and flat-screen TVs are expendables, as are pricey out-of-town trips you can't afford.

Left unmanaged, this kind of debt could leave you facing years — even decades — of loan payback ahead.

And the worst "bad" debt you can make? Credit card debt, since it usually carries the highest interest rates and the most onerous payback schedules out there.

Education gives back

Student loans — burdensome as they may seem during payback time — are considered some of the best debts to get into, and for good reason. While we all know the value of a good education, student loans have the potential to give back much more than what they take, and not just in terms of job prospects.

"In Canada, interest on student loans is tax deductible, so you can at least get some money back from the government, should you file your taxes properly," says anonymous Vancouver-based finance blogger Youngandthrifty, whose eponymous site (youngandthrifty.ca) aims to encourage better financial health among young Canadians. In other words, government-backed student loans not only increase your future earning potential, they also give you a tax credit on the interest portion of the amount paid on your loan each year.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Loonie loop hole

"In Canada, interest on student loans is tax deductible, so you can at least get some money back from the government, should you file your taxes properly"
Finance blogger Youngandthrifty

Check before cheque

Do your research

- It's important to note that the guidelines for a Canada Student Loan (CSL) vary from province to province, and the amount each student is granted depends on a lot of different factors.
- Doing your due diligence by visiting the National Student Loans Service Center's (NSLSC) website and CanLearn will help, as will considering other loan options like a low-interest line of credit from your local bank.

Twitter

@TalentEgg
Question of the day: How will you pay your tuition this year? Student loans, parents, scholarships, summer job?

@cheapstudents:
Mostly summer job. I'm hoping for scholarships but we will have to see how those pan out

@tpardi:
Student loan.

@Clairesjlo807:
student loans!

@kaitlynnerae:
Summer jobs and scholarship. Weeeeee work.

@ehmelynn:
Scholarships and Summer Job

YOUR CAREER...
HEALTH CARE AIDE
FULL AND PART-TIME
Curriculum developed by Alberta GOVERNMENT OF ALBERTA HEALTH AND WELLNESS
- on-site clinical training
- no waiting list
- excellent job opportunities
- training starting soon

Financial Assistance available to qualified applicants.
Academy OF LEARNING CAREER COLLEGE
www.academyoflearning.ab.ca

CALGARY NORTHEAST (403) 569-8973
CALGARY SOUTH (403) 252-8973

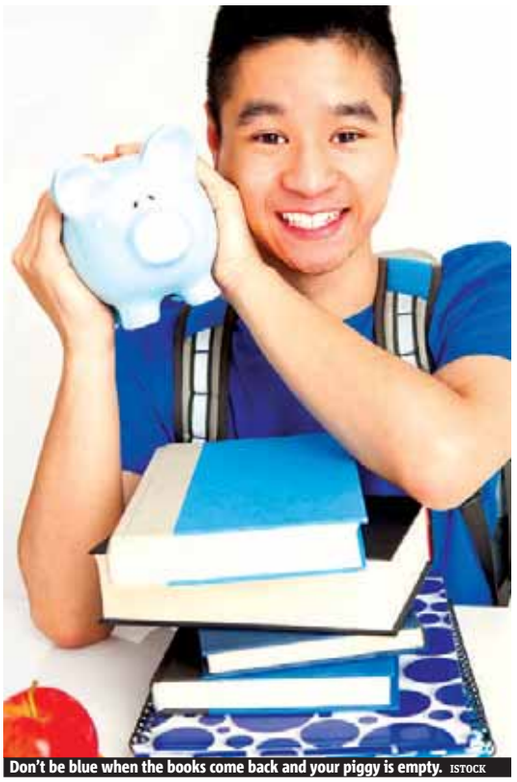
BECOME A HEALTH CARE AIDE IN 5 MONTHS

ALBERTA GOVERNMENT PROGRAM
Classes available on:
- Sat/Sun
- Evening/Night
- Morning

Curriculum developed by Alberta GOVERNMENT OF ALBERTA HEALTH AND WELLNESS
ABM College of Health and Technology
1, 3516 - 26th St. NE. Calgary T1Y 4T7 (opposite to Greenwood Inn)
Call Now: 403.719.4300
www.abmcollege.com • info@abmcollege.com

Professional Institute of MASSAGE THERAPY
SEPTEMBER START DATES FOR
Relaxation Massage Certificate 250 HOUR
Massage Therapy Diploma 1,000 HOUR
Advanced Massage Therapy Diploma 2,200 HOUR
FULL-TIME OR INDEPENDENT LEARNING
ASK US WHICH ONE IS RIGHT FOR YOU!
OPEN HOUSE • JULY 25TH • 4PM TO 7PM
805 14TH STREET NW
PH 403.247.4319
PIMTMASSAGE.COM
VISIT US ON FACEBOOK facebook.com/PIMTMassage

Balance summer fun and summer funds



Don't be blue when the books come back and your piggy is empty. ISTOCK

To the beach or the bank? How to save the money you make at your summer job

SAMANTHA SIM
TalentEgg.ca

For students, summer is a time to kick back, relax and enjoy the few months they don't have to study.

But as the temperature rises so does the spending on social activities, which can eat away at money saved for the upcoming school year. So what can students do to help better balance their saving and spending this summer?

TD Canada Trust spokesperson Michelle Snow, group product manager for Everyday Banking, says the biggest financial mistake she sees students make is a complete lack of planning.

"A lot of times it's just a complete lack of money-management altogether," she says. "They just live life as it goes by and don't plan."

Snow recommends three steps students should follow when managing their money this summer:

Plan Students should plan for their expected expenses (school, living costs and social life) and revenues (summer job, scholarships/bursaries, loans and parents). "Remember to pay yourself first," says Snow. "TD has a pre-authorized transfer service (PTS) that automatically moves a pre-set amount from your chequing to savings each time you're paid."

Track It's important for students to keep track of how much and what they're spending their money on, especially if you go over budget.

Adjust "Remember that life is fluid and full of changes," says Snow. "Extra expenses and/or extra revenue streams can pop up. It's important to take this money into account and determine the best way to allocate it."

University of Waterloo life science student Jaynell Rosario worked part-time at a doctor's office during the day and as a soccer referee at night last summer. She says the best way she managed her money was immediately separating her paycheque into savings and spending the minute she was paid.

"When you get paid, divide your pay cheque into chunks. Still have fun, but save most of it because when the school year comes around you'll regret your summer overspending," she says.

Snow suggests students check out student bank accounts with no monthly fees, or automatic saving programs that allow a fixed amount to be transferred from your chequing account to savings every time a debit transaction or ATM withdrawal is made. She says these can be helpful proactive tools for students to keep on top of managing their money.

Making her summer budget planning a family affair is what Ryerson University early childhood education student Patricia Alba found helpful in keeping on top of her spending.

"I sat down with my parents and laid out how much tuition, books and transportation would cost, plus spending money to hang out with friends," she says. "It helped to have that discussion with them and get their feedback."

Tracking your toonies

Early childhood education student Patricia Alba on writing it all down:

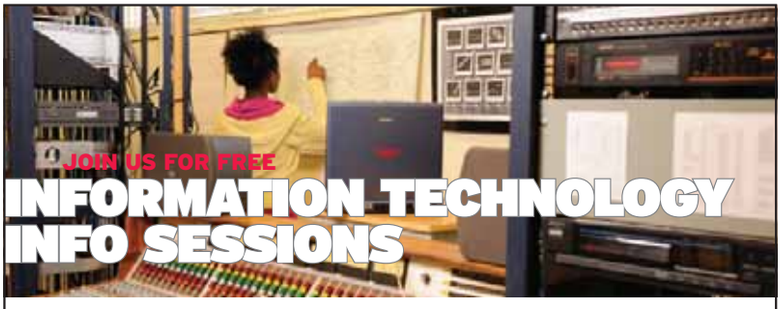
- Alba advises students to keep an updated spreadsheet with a running total so spending can be easily tracked. There are also free online and mobile tools that allow you to track your spending, such as Mint.com.
- "Make a spreadsheet and remember to keep all of your receipts," she says. "This will definitely keep you organized and on top of your spending."

Academic advice

"Still have fun, but save most of (your money) because when the school year comes around you'll regret your summer overspending."
Jaynell Rosario, Student

SAMANTHA SIM IS A JOURNALISM STUDENT AT RYERSON UNIVERSITY AND AN ASPIRING BUSINESS REPORTER.
TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

REEVES COLLEGE
Dreaming About Your New Career?
A great career does more than just pay the bills. It becomes a part of who you are. Your great career could be just months away with the right education from Reeves College. Take the first step toward a brighter future now! Choose from:
• Legal Admin Assistant
• Medical Office Assistant
• Office Administration
• Computer Graphic Design
• Oil & Gas Admin Assistant
• Accounting Technician
• Accounting & Payroll Admin
• Business Administration Mgt
• And More
CONTACT US FOR MORE INFO
CALL: 1.800.710.1448
VISIT: learn.ReevesCollege.ca
facebook /ReevesCollege
twitter/ReevesCollege
YouTube /ReevesCollege



SOFTWARE DEVELOPER

Build your skills as a software developer using industry-standard languages like C# and Java. SAIT's Object Oriented Software Developer program NOW INCLUDES mobile application development! Other concepts include integrating databases into applications and basic web development technologies. Round out your training with this 32 week Fast-Track full-time program that has an 8-week industry practicum. Apply NOW for the October 2012 intake at sait.ca.

DATABASE ADMINISTRATOR

SAIT's Database Administrator program prepares you for a career in developing, supporting and maintaining database management systems. This 40-week Fast-Track full-time program uses Oracle University curriculum and prepares you to administer databases across multiple platforms. Round out your training with an 8-week industry practicum. Apply NOW for the September 2012 intake at sait.ca.

TECHNOLOGY INFRASTRUCTURE MANAGEMENT

Managing a company's technical infrastructure is critical to its success. Develop technical skills in network and server management and project management foundations in SAIT's Technology Infrastructure Management program. This 40-week Fast-Track full-time program uses Microsoft Official Curriculum to develop your skills as a true IT professional. Apply NOW for the September 2012 intake at sait.ca.

Join us on Wednesday, July 18 at 7:00 pm in Room MD321 in the Heart building.

Call 403.210.4522 or Email: fast-track@sait.ca to confirm your attendance or for more information.

SCHOOL OF INFORMATION AND COMMUNICATIONS TECHNOLOGIES

FURTHER YOUR PASSION

SAIT POLYTECHNIC

Get a good job and keep it!

Bredin Institute is recruiting students for 3 new programs:

BREDIN WORKSKILLS Government of Alberta
- For those who wish to improve their essential skills and occupational specific skills to find employment in the oil & gas, trades or service industries.

IMMIGRANT WORKSKILLS Canada
- For new Canadians looking to improve their skills and access the job market successfully.

LINC 6 Canada
- 12 week Full time Professional level Language Training Program.

APPLY NOW!!

403.261.5775
silvana.arezo@bredin.ca
250, 910 7 Ave SW Calgary

bredin institute

Student Voice

Help us post-secondary students get real

Kari Merriott
Graduate
Business, Accounting Co-op
Georgian College

TalentEgg.ca

When I decided to attend college I chose to study a subject that I already had some experience with through some of my high school courses and that I thought would make me very employable. Accounting is not the most exciting field out there; however there are so many paths you can take once you understand the fundamentals of the "language of business."

My program was also great because it included a paid co-operative education component. I went through at least 15 interviews while I was looking for a co-op position and that experience taught me to persevere and be confident in my skills and capabilities.

The two co-op positions I had, one in a small accounting firm and the other at a nationwide tax preparation company, gave me invaluable real-world experience. While I did not leverage a job out of either of those positions, I still gained many skills that would aid me in my future job search.

Although I had previous work experience, I believe it was my people skills that helped me to secure two amazing positions with international corporations (one a well-known accounting firm and the other a large financial institution) even before I graduated from my program.

It was very difficult to decide which job to go with but I decided to try out banking and I met some outstanding people along the way.

Where I am now

I have left the corporate world and am currently working as an executive assistant at my local public library. I am very happy to be using many of the accounting skills that I learned in college in such a wonderful learning environment.

My recommendations for employers, schools and career centres

A lot of young people think that a university education is the ticket to the good life because that is what is being fed to us through our parents, teachers, friends, and the media.

I think it is important for educators to help students to have more realistic expectations.

They need to set them up for success in the real world by talking to them about how to handle the workplace environment, what to say in interviews, and how to make themselves more employable.

Employers need to be willing to take chances on the young and bright minds of tomorrow. Please let us prove to you what we can do and then you can see firsthand what our generation is all about.

My recommendations for students

To all the other recent grads and those of you who are still in school: never underestimate the power of maintaining personal relationships. Be open with people and tell them you are looking for a job in your field.

Email managers of companies that you would like to work for and ask them if you can meet with them to talk about their organization. Make sure that your resumé is always up to date and well organized. Most of all, keep your eyes open for different opportunities and you never know where your job search may take you!

TALENTEGG.CA, CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR STUDENTS AND NEW GRADUATES, WANTS TO HEAR YOUR STUDENT VOICE. SHARE IT AT TALENTEGG.CA.

*Image provided by Suncor Energy Inc.

WATER TREATMENT OPERATOR CERTIFICATE

Want to work in the oil sands operations? The Water Treatment Operator certificate prepares students for careers as operators responsible for providing guidance and support to SAGD (Steam Assisted Gravity Drainage) operations, including analyzing specifications and controlling continuous operation of the water plant units and equipment.

This program is created in partnership with the Oil Sands Leadership Initiative (OSLI), a collaborative network of companies operating in the Canadian oil sands to improve the industry's responsible development of Alberta's bitumen resource. OSLI members include ConocoPhillips Canada, Nexen Inc., Statoil Canada, Suncor Energy Inc., Total E&P Canada Ltd., and Shell Canada.

JOIN US ON WEDNESDAY, JULY 18 AT 7:00 PM IN ROOM MA118 IN THE HERITAGE HALL BUILDING.

CALL 403.284.8451 OR EMAIL: ENERGY.MSE@SAIT.CA TO CONFIRM YOUR ATTENDANCE OR FOR MORE INFORMATION.

OSLI Oil Sands Leadership Initiative

MACPHAIL SCHOOL OF ENERGY
FURTHER YOUR PASSION
SAIT POLYTECHNIC

CITY PRINT DISTRIBUTION INC.
DISTRIBUTORS OF METRO CALGARY

DISTRIBUTION DRIVERS

Applications are now being accepted for distribution drivers. If you are experienced, dependable, with references and have a reliable larger sized vehicle, the following position may be for you:

VENDING BOX AND DEALER DISTRIBUTION:
- Monday – Friday only: 1:00 am – 8:00am (all weekends and holidays off)
- No Home Delivery – No Collections – No Sales Calls
- Regular payment every two weeks.
- Long Term Contract for proven, dedicated service performance.

Highest competitive rates paid in the industry. For more detailed information on our next growth opportunity and to have your name placed on our active application file, please email Cory Evaskavich today at: **cevask@data2decision.com**

FIRST COME – FIRST SERVED – DON'T DELAY CALL TODAY!

Splitting cash a sticking point as NHL labour talks resume

Hockey. Negotiations continue with current bargaining agreement set to expire Sept. 15

The NHL and the NHL Players' Association are set to resume labour talks on Wednesday at the league offices in New York.

Total revenue of the league's operations is the biggest sticking point right now, and it's an important one.

The players like their cut right now. The owners don't.

The two sides met last Friday in another round of negotiations for a new collective bargaining agreement.

There were multiple reports coming out of the last round of talks that the owners' offer included players' hockey-related revenues getting slashed from 57 per cent to 46 per cent. It also was reported players would be forced to wait 10 years before becoming unrestricted free agents and contracts would be limited to five years — a major change considering Zach Parise and Ryan Suter decided to sign matching 13-year, $98-million US contracts with the Minnesota Wild.

NHLPA executive director Donald Fehr and NHL deputy commissioner Bill Daly are among those meeting Wednesday. The two sides have regularly met since opening talks June 29.

NHL commissioner Gary Bettman said after Friday's session, "We've got a lot of work to do in a relatively short period of time."

Fehr said he didn't know what kind of short time frame Bettman was talking about.

"The optimum would be to get a deal done as soon as you could," Fehr said, adding he viewed a strike as a "last resort."

"What a last resort means is you bargain in good faith, you do everything you can, you listen carefully to what the other side says, you make counter-proposals when you can, where you believe it's consistent with the kind of contract you believe is appropriate, and you keep at it until you get an agreement," he said. THE ASSOCIATED PRESS

Labour veteran

- Commissioner Gary Bettman oversaw the 1994-95 NHL lockout that forced a 48-game regular-season schedule.
- When labour problems lingered in 2004-05, Bettman shut down the league.
- It took years for the NHL to recover from the lost season.

Jays lose to Yankees again without ailing Bautista

Andruw Jones of the Yankees hits a three-run homer during the second inning Tuesday in New York. The Yankees defeated the Toronto Blue Jays 6-1. The Jays' Jose Bautista is on the 15-day disabled list but was relieved to learn there's no structural damage in his ailing left wrist. He thinks he could return as soon as he's eligible, though manager John Farrell said it's too early to tell. Bautista left Monday night's game feeling pain in his wrist after hitting a foul ball in the eighth inning. The Jays called up Anthony Gose from triple-A Las Vegas to fill the roster spot. MIKE STOBE/GETTY IMAGES

Cycling. Frank Schleck fails doping test at Tour

Frank Schleck of Luxembourg pulled out of the Tour de France and spent several hours in a police station in southwest France on Tuesday after failing a doping test.

The UCI said Schleck tested positive for a banned diuretic called Xipamide on July 14, another reminder of the doping cloud that has damaged the image of cycling — and its biggest event.

RadioShack team spokesman Philippe Maertens said Schleck went to the Pau police station of his own accord to co-operate with authorities. THE ASSOCIATED PRESS

Frank Schleck THE ASSOCIATED PRESS FILE

NHL

Stevens named assistant coach

Scott Stevens, a longtime New Jersey captain and defenceman, was named an assistant coach by the Devils on Tuesday.

Stevens, who was inducted into the Hockey Hall of Fame in 2007, was the first player to have his jersey retired by the Devils. His No. 4 hangs from the rafters at the Prudential Center, next to Scott Niedermayer (No. 27) and Ken Daneyko (No. 3), also defencemen who joined Stevens in leading New Jersey to three Stanley Cup titles (1995, 2000, and 2003). THE ASSOCIATED PRESS

NBA. Raptors unveil Kyle Lowry and Landry Fields

Point guard Kyle Lowry and swingman Landry Fields were introduced at the Air Canada Centre in Toronto on Tuesday.

Raptors general manager Bryan Colangelo said they are "giving the keys" to Lowry with hopes that he can become the cornerstone of a young, emerging team.

Lowry was acquired last week in a trade with the Houston Rockets that saw forward Gary Forbes and a protected future first-round draft choice go the other way.

The Raptors haven't been to the playoffs since the 2007-08 season, and haven't progressed past the first round since a 2001 East semifinal against Philadelphia that Lowry called "one of the best series I've ever witnessed on TV, period."

Lowry said he and Fields will help the team's defensive makeover, something that head coach Dwane Casey started last season with promising results. THE CANADIAN PRESS

Quoted

"Being given the keys I think I can drive this car to (becoming) a playoff team." Raptor Kyle Lowry

4 SPORTS

Golf

"It's been lovely just going about my business. It's been nice to sort of prepare and there's definitely not the madness that was going on last year."

Rory McIlory is enjoying the approach to this year's British Open much more than last year, when Rorymania was at its peak. Back then, the curly-haired Northern Irishman was coming off his first major victory — a runaway at the U.S. Open — and being heralded as the new face of a game desperate to move past Tiger Woods' stunning downfall. But since his eight-stroke win at the U.S. Open, McIlroy hasn't been much of a factor in the majors. He is just 23 years old, and even now, while admittedly mired in a bit of a slump, he's holding down the No. 2 spot behind Luke Donald in the world rankings.

"I don't think my game completely went off. Everyone has bad spells and I had a couple of bad weeks where I didn't play so well."

THE ASSOCIATED PRESS

Mobile sports

In the third week of racing, the Tour de France peloton is worn down. The nervousness of the first week has given way to physical and mental stress. At this point in the race, many of the riders left will simply hope to make it to the finish-line in Paris. Scan the code for the story.

Aim getting better with age

Soccer. Canada's captain Sinclair developed her game while keeping up with big brother

Burnaby, B.C., native Christine Sinclair signs autographs after the championship game of the CONCACAF women's Olympic qualifying tournament against the United States at Vancouver's BC Place Stadium in January. RICH LAM/GETTY IMAGES

Whenever Mike Sinclair drives by the old house in Burnaby, B.C., he can't help but marvel at the fact it's still standing.

"It took a beating," Sinclair says with a laugh. "I don't know how it's still upright. But I guess that's what you get when you get two really competitive kids around the same age."

Those two kids were Mike and younger sister Christine, who would leave countless broken windows and scuffed walls in her wake en route to becoming Canada's finest women's soccer player.

"Oh God, our windows, our next-door neighbours' windows, the windows of our neighbours two houses down," he said. "We've broken more things."

The concrete basement floor of their three-bedroom house provided the perfect venue for everything from roller-hockey to golf to soccer.

Fast forward a couple of decades and Christine Sinclair's aim has definitely improved. The 29-year-old is Canada's leading goal-scorer and has the third-most international goals in women's soccer history, trailing Americans Mia Hamm and Abby Wambach.

She'll lead a squad that will be playing for a medal on sport's grandest stage — the No. 7 Canadians will open the London Olympic Games against third-ranked Japan on July 25.

Trying to keep up with her older brother on the streets and playgrounds over the years built a toughness in Sinclair that was well on display last summer, when the striker scored on a beautiful bending free kick against Germany at the women's World Cup moments after her nose was shattered. Canadian goalkeeper Erin McLeod said it looked "like a zigzag."

Her goal was the lone bright spot at an otherwise disastrous World Cup that saw the Canadians knocked out after the preliminary round without a win.

But Sinclair said spirits are high heading into London. The team hired Englishman John Herdman as head coach in the fall and went on to beat Brazil to win the Pan American Games in October.

With 12 returnees from the Beijing Olympic team, Sinclair said Canada will field a squad that is wiser from its experiences in China.

"It was the first time our soccer team had qualified, and none of us had been there before and we were all inexperienced," Sinclair said. "The Olympics can be overwhelming, but now that there's a core group of us who have been there before, we can sort of help the younger players know what to expect that we didn't know four years ago."

Such as not wasting energy chasing after superstar athletes.

"I remember our team four years ago trying to get pictures with people during times when normally in camp you'd be resting, lying in bed watching TV. But instead people were out stalking Lionel Messi and things like that. That needs to change." THE CANADIAN PRESS

Cup half empty

The Canadian women's team spent the past few months based in Vancouver, with training scheduled in three-week blocks with a week away in between to train at home.

- They spent several months before the World Cup in Rome, a grind that had players counting the days until they could go home.
- "Players were ready to go home.... That is not what your mindset should be at a World Cup or an Olympics," Sinclair said.

Basketball. London likely last hurrah for Canadian women's captain Gabriele

Every morning for the past several years, Teresa Gabriele has crawled out of bed in pitch darkness to stock bread.

Not the most glamorous work for Canada's women's basketball captain, but her job with her family's bread business allowed her to pursue her Olympic dreams.

The 32-year-old point guard from Mission, B.C., doesn't see her work as a sacrifice.

"This is my dream and what I love to do, so this is what I'm doing right now," Gabriele said after a practice Tuesday at the Air Canada Centre in Toronto.

Gabriele, who says she may retire after the Games, has been on Canada's women's team more than a decade and is the only one left that played in Sydney in 2000, the last time a Canadian basketball team made the Olympics. THE CANADIAN PRESS

Teresa Gabriele TORSTAR NEWS SERVICE

Track

Blake on 'right path' after winning final pre-Games race

Yohan Blake warmed up for the London Olympics by timing 9.85 seconds to win the 100 metres at a Lucerne meet Tuesday in his first competitive race since beating Usain Bolt twice at the Jamaican Olympic trials.

Blake was far from the fastest out of the blocks but powered through the field with legal wind assistance of 1.6 metres per second. Jamaica teammate Michael Frater was second in 10.00.

"Definitely I am on the right path for the Olympics," the 21-year-old world champion said. "This is where I am supposed to be. I want to remain unbeaten and that's what I am doing."

Blake chose the low-key Spitzen Leichtathletik meeting to make what is expected to be his only appearance between the trials and the London Games.

He is scheduled to open his Olympic program when the 100 heats start on Aug. 4. THE ASSOCIATED PRESS

Pistorius finishes second in final tuneup in Italy

South African double-amputee sprinter Oscar Pistorius finished second in a 400-metre race in Italy on Tuesday, his final tune-up for the London Olympics. Pistorius clocked 46.56 seconds — well off the personal best of 45.07 he ran at the same meet last year — to finish behind Calvin Smith of the United States. Smith won in 45.52. PAOLO GIOVANNINI/THE ASSOCIATED PRESS

✔ SPECIALIZING IN CREDIT REBUILDING ✔
✔ HAVE YOU BEEN DECLINED FOR AN AUTO LOAN BEFORE? ✔
✔ 2 PAY STUBS + DRIVER'S LICENSE = DRIVE TODAY ✔
MR. MIKE CREDIT SOLUTIONS
403-926-5277
SOUTH POINTE TOYOTA SCION
11500 – 35ST SE
Next to Deerfoot Casino & Barlow TR. SE
WWW.APPROVEDNOW.CA

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
New York	56	34	.622	—
Baltimore	46	43	.517	9½
Tampa Bay	47	44	.516	9½
Boston	46	45	.505	10½
Toronto	45	46	.495	11½

CENTRAL DIVISION

	W	L	Pct	GB
Chicago	50	40	.556	—
Detroit	47	44	.516	3½
Cleveland	46	44	.511	4
Kansas City	38	51	.427	11½
Minnesota	37	52	.416	12½

WEST DIVISION

	W	L	Pct	GB
Texas	54	35	.607	—
Los Angeles	50	41	.549	5
Oakland	46	43	.517	8
Seattle	39	53	.424	16½

Tuesday's results
L.A. Angels 13, Detroit 0
N.Y. Yankees 6, Toronto 1
Chicago White Sox 7, Boston 5
Tampa Bay 4, Cleveland 2
Seattle 9, Kansas City 6
Baltimore at Minnesota
Texas at Oakland

Monday's results
Detroit 8, L.A. Angels 6
N.Y. Yankees 6, Toronto 3
Boston 5, Chicago White Sox 1
Cleveland 3, Tampa Bay 2
Minnesota 19, Baltimore 7
Seattle 9, Kansas City 4

Wednesday's games
All Times Eastern
Toronto (R.Romero 8-5) at N.Y. Yankees (Kuroda 8-7), 1:05 p.m.
Texas (Lewis 6-6) at Oakland (Blackley 2-2), 3:35 p.m.
L.A. Angels (C.Wilson 9-5) at Detroit (Fister 3-6), 7:05 p.m.
Chicago White Sox (P.Hernandez 0-0) at Boston (Doubront 9-4), 7:10 p.m.
Cleveland (Masterson 6-8) at Tampa Bay (Hellickson 4-6), 7:10 p.m.
Baltimore (Tom.Hunter 3-4) at Minnesota (Liriano 3-8), 8:10 p.m.
Seattle (Millwood 3-7) at Kansas City (B.Chen 7-8), 8:10 p.m.

Thursday's games
Cleveland at Tampa Bay, 12:10 p.m.
L.A. Angels at Detroit, 1:05 p.m.
Baltimore at Minnesota, 1:10 p.m.
Seattle at Kansas City, 2:10 p.m.
Chicago White Sox at Boston, 7:10 p.m.
N.Y. Yankees at Oakland, 10:05 p.m.

YANKEES 6, BLUE JAYS 1

Toronto	ab	r	h	bi	New York	ab	r	h	bi
RDavis lf	4	0	1	0	Jeter ss	4	1	2	1
Rasms cf	3	0	0	1	Grndrs cf	4	0	1	0
Lawrie 3b	3	0	0	0	Teixeir 1b	3	0	1	0
Encrnc 1b	4	0	2	0	AlRdrg dh	4	0	0	1
Lind dh	4	0	2	0	Cano 2b	4	1	1	0
YEscor ss	2	0	0	0	Swisher rf	2	1	0	0
BFrncs rf	2	0	0	0	AnJons lf	3	1	1	3
Gose ph-rf	2	0	1	0	Wise ph-lf	1	0	0	0
KJhnsn 2b	3	0	0	0	J.Nix 3b	4	1	3	0
Arencii ph	1	0	0	0	CStwrt c	4	1	1	1
Mathis c	3	1	1	0					
Totals	**31**	**1**	**7**	**1**	**Totals**	**33**	**6**	**10**	**6**

Toronto	000	000	010	**1**
New York	030	000	30x	**6**

E—R.Davis (6). DP—New York 1. LOB—Toronto 7, New York 6. 2B—R.Davis (9), Encarnacion 2 (18), Mathis (6), Jeter (18), Teixeira (21), J.Nix (5), C.Stewart (4). HR—An.Jones (12). SB—R.Davis (24). CS—J.Nix (2). S—Y.Escobar. SF—Rasmus.

	IP	H	R	ER	BB	SO
Toronto						
Cecil L,2-2	6	6	3	3	2	5
S.Dyson	1-3	4	3	3	1	0
Loup	2-3	0	0	0	0	0
Cordero	1	0	0	0	0	1
New York						
Sabathia W,10-3	6	4	0	0	1	6
Eppley H,8	1-3	0	0	0	0	0
Logan H,12	2-3	0	0	0	0	0
Qualls	1 1-3	2	1	1	1	1
Rapada	0	1	0	0	0	0
R.Soriano S,24-25	2-3	0	0	0	0	0

T—3:08. A—44,975 (50,291).

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Washington	52	36	.591	—
Atlanta	49	40	.551	3½
New York	46	44	.511	7
Miami	44	46	.489	9
Philadelphia	40	51	.440	13½

CENTRAL DIVISION

	W	L	Pct	GB
Cincinnati	51	39	.567	—
Pittsburgh	49	40	.551	1½
St. Louis	47	44	.516	4½
Milwaukee	43	47	.478	8
Chicago	36	53	.404	14½
Houston	34	56	.378	17

WEST DIVISION

	W	L	Pct	GB
San Francisco	50	40	.556	—
Los Angeles	48	43	.527	2½
Arizona	43	47	.478	7
San Diego	36	55	.396	14½
Colorado	35	54	.393	14½

Tuesday's results
Washington 5, N.Y. Mets 4, 10 innings
Cincinnati 4, Arizona 0
San Francisco 9, Atlanta 0
Miami 9, Chicago Cubs 5
Milwaukee 3, St. Louis 2
Pittsburgh at Colorado
Houston at San Diego
Philadelphia at L.A. Dodgers

Monday's results
Arizona 5, Cincinnati 3
Miami 5, Washington 3
St. Louis 3, Milwaukee 2
Colorado 5, Pittsburgh 4
Houston 2, San Diego 0
Philadelphia 3, L.A. Dodgers 2

Wednesday's games
All Times Eastern
St. Louis (Wainwright 7-9) at Milwaukee (Thornburg 0-0), 2:10 p.m.
Philadelphia (Cl.Lee 1-6) at L.A. Dodgers (Kershaw 7-5), 3:10 p.m.
Pittsburgh (Ja.McDonald 9-3) at Colorado (Guthrie 3-9), 3:10 p.m.
Houston (W.Rodriguez 7-7) at San Diego (Richard 6-10), 3:35 p.m.
N.Y. Mets (C.Young 2-3) at Washington (Zimmermann 6-6), 7:05 p.m.
Arizona (I.Kennedy 6-8) at Cincinnati (Latos 7-2), 7:10 p.m.
San Francisco (Vogelsong 7-4) at Atlanta (Minor 5-6), 7:10 p.m.
Miami (Jo.Johnson 5-6) at Chicago Cubs (Samardzija 6-8), 8:05 p.m.

Thursday's games
San Francisco at Atlanta, 12:10 p.m.
Arizona at Cincinnati, 12:35 p.m.
N.Y. Mets at Washington, 12:35 p.m.
Miami at Chicago Cubs, 2:20 p.m.
Houston at San Diego, 10:05 p.m.

TRANSACTIONS

MLB

AMERICAN LEAGUE

BALTIMORE ORIOLES—Placed 2B Robert Andino on the 15-day DL. Recalled LHP Zach Britton from Norfolk (IL).
CHICAGO WHITE SOX—Placed RHP Gavin Floyd on the 15-day DL, retroactive to July 8. reinstated RHP Philip Humber from the 15-day DL.
KANSAS CITY ROYALS—Designated LHP Jonathan Sanchez for assignment. Recalled LHP Ryan Verdugo and RHP Vin Mazzaro from Omaha (PCL). Optioned OF Jason Bourgeois to Omaha.
SEATTLE MARINERS—Recalled RHP Blake Beaven from Tacoma (PCL). Optioned RHP Steve Delabar to Tacoma.
TAMPA BAY RAYS—Reinstated OF Matt Joyce from the 15-day DL. Optioned INF Will Rhymes to Durham (IL).
TORONTO BLUE JAYS—Placed OF Jose Bautista on the 15-day DL. Selected the contract of OF Anthony Gose from Las Vegas (PCL).

NATIONAL LEAGUE

CINCINNATI REDS—Placed 1B Joey Votto on the 15-day DL, retroactive to July 16. Recalled RHP Todd Redmond from Louisville (IL).
COLORADO ROCKIES—Selected the contract of OF Andrew Brown from Colorado Springs (PCL). Recalled INF DJ LeMahieu from Colorado Springs. Placed INF Jonathan Herrera and INF Chris Nelson on the 15-day DL, retroactive to July 16. Transferred RHP Juan Nicasio from the 15-day to the 60-day DL.
NEW YORK METS—Reinstated OF Jason Bay from the 15-day DL. Designated INF Omar Quintanilla for assignment.

BASKETBALL

NBA

BROOKLYN NETS—Agreed to terms with F Kris Humphries on a two-year contract.

FOOTBALL

NFL

CHICAGO BEARS—Released RB Alvester Alexander. Agreed to terms with RB Lorenzo Booker on a one-year contract.
PITTSBURGH STEELERS—Re-signed OT Max Starks to a one-year contract.

CFL

SASKATCHEWAN ROUGHRIDERS—Signed WR Terence Jeffers-Harris.

HOCKEY

NHL

ANAHEIM DUCKS—Signed G Marco Cousineau to a one-year contract.
CHICAGO BLACKHAWKS—Named Jamie Kompon assistant coach.
LOS ANGELES KINGS—Signed D Thomas Hickey, F Stefan Legein, F David Meckler and D Jake Muzzin to one-year contracts.
NEW JERSEY DEVILS—Named Scott Stevens and Matt Shaw assistant coaches.
NEW YORK ISLANDERS—Agreed to terms with F Jason Clark on a three-year, entry-level contract.

SOCCER

MLS

MLS—Suspended Columbus F Emilio Renteria one game and fined him an undisclosed amount for his head butt of Sporting Kansas City's Paulo Nagamura in a July 14 game.

CYCLING

TOUR DE FRANCE

STAGES

June 30 — Prologue: Liege, Belgium, 6.4 kilometres (stage winner: Fabian Cancellara, Switzerland; Yellow Jersey: Cancellara)
July 1 — First Stage: Liege to Seraing, Belgium, plain, 198 (Peter Sagan, Slovakia; Cancellara)
July 2 — Second Stage: Vise to Tournai, Belgium, plain, 207.5 (Mark Cavendish, Britain; Cancellara)
July 3 — Third Stage: Orchies, France to Boulogne-sur-Mer, medium mountains, 197 (Sagan; Cancellara)
July 4 — Fourth Stage: Abbeville to Rouen, plain, 214.5 (Andre Greipel, Germany; Cancellara)
July 5 — Fifth Stage: Rouen to Saint-Quentin, plain, 196.5 (Greipel; Cancellara)
July 6 — Sixth Stage: Epernay to Metz, plain, 207.5 (Sagan; Cancellara)
July 7 — Seventh Stage: Tomblaine to La Planche des Belles Filles, medium mountains, 199.0 (Chris Froome, Britain; Bradley Wiggins, Britain)
July 8 — Eighth Stage: Belfort to Porrentruy, medium mountains, 157.5 (Thibaut Pinot, France; Wiggins)
July 9 — Ninth Stage: Arc-et-Senans to Besancon, individual time trial, 41.5 (Wiggins; Wiggins)
July 10 — Rest Day
July 11 — 10th Stage: Macon to Bellgarde-sur-Valserine, high mountains, 194.5 (Thomas Voeckler, France; Wiggins)
July 12 — 11th Stage: Albertville to La Toussuire-Les Sybelles, high mountains, 148 (Pierre Rolland, France; Wiggins)
July 13 — 12th Stage: Saint-Jean-de-Maurienne to Annonay Davezieux, medium mountains, 226 (David Millar, Britain; Wiggins)
July 14 — 13th Stage: Saint-Paul-Trois-Chateaux to Le Cap d'Agde, plain, 217 (Greipel; Wiggins)
July 15 — 14th Stage: Limoux to Foix, high mountains, 191 (Luis Leon Sanchez, Spain; Wiggins)
July 16 — 15th Stage: Samatan to Pau, plain, 158.5 (Pierrick Fedrigo, France; Wiggins)
July 17 — Rest Day
July 18 — 16th Stage: Pau to Bagneres-de-Luchon, high mountains, 197
July 19 — 17th Stage: Bagneres-de-Luchon to Peyragudes, high mountains, 143.5
July 20 — 18th Stage: Blagnac to Brive-la-Gaillarde, plain, 222.5
July 21 — 19th Stage: Bonneval to Chartres, individual time trial, 53.5 (33.1)
July 22 — 20th Stage: Rambouillet to Champs-Elysees, Paris, 120
Total — 3,496.9 kilometres.

CFL

EAST DIVISION

	GP	W	L	T	PF	PA	Pt
Montreal	3	2	1	0	84	100	4
Hamilton	3	1	2	0	88	109	2
Toronto	3	1	2	0	81	91	2
Winnipeg	3	0	3	0	56	116	0

WEST DIVISION

	GP	W	L	T	PF	PA	Pt
Saskatchewan	3	3	0	0	83	37	6
B.C.	3	2	1	0	92	75	4
Edmonton	3	2	1	0	62	42	4
Calgary	3	1	2	0	106	82	2

WEEK FOUR
Wednesday's game
Winnipeg at Toronto, 7:30 p.m.
Thursday's game
Saskatchewan at Calgary, 9 p.m.
Friday's game
Edmonton at B.C., 10 p.m.
Saturday's game
Montreal at Hamilton, 7 p.m.

GOLF

WEEKEND GLANCE

BRITISH OPEN

Site: Lytham, England.
Schedule: Thursday-Sunday.
Television: ESPN (Thursday-Friday, 5 a.m.-6 p.m., 7-10 p.m.; Saturday, 7 a.m.-2:30 p.m., 7-10 p.m.; Sunday, 6 a.m.-1:30 p.m.), ESPN2 (Saturday, 4-7 a.m., Sunday, 9 p.m.-midnight) and ABC (Saturday-Sunday, 3-6 p.m.).
Online: www.opengolf.com
PGA Tour site: www.pgatour.com
European Tour site: www.europeantour.com

PGA TOUR

TRUE SOUTH CLASSIC
Site: Madison, Miss.
Schedule: Thursday-Sunday.
Television: Golf Channel (Thursday, 3-6 p.m.; Friday-Sunday, midnight-3 a.m., 3-6 p.m.; Monday, midnight-3 a.m.).
Online: www.pgatour.com

LPGA TOUR

Next event: Evian Masters, July 26-29, Evian Masters Golf Club, Evian-Les-Bains, France. Last event: South Korea's Na Yeon Choi won the U.S. Women's Open on July 8 at Blackwolf Run in Kohler, Wis., for her first major title. She finished at 8 under for a four-stroke victory, closing with a 73 after shooting a 65 in the second round.
Online: www.lpga.com

CHAMPIONS TOUR

Next event: Senior British Open, July 26-29, Turnberry, Ailsa Course, Turnberry, Scotland. Last week: England's Roger Chapman won the U.S. Senior Open to join Jack Nicklaus, Gary Player and Hale Irwin as the only players to win the tournament and Senior PGA Championship in the same season. Chapman finished at 10 under at Indianwood in Lake Orion, Mich., for a two-stroke victory.
Online: www.pgatour.com

WEB.COM TOUR

Next event: Nationwide Children's Hospital Invitational, July 26-29, Ohio State University Golf Club, Scarlet Course, Columbus, Ohio. Last week: Doug LaBelle II won the Utah Championship, making a 5-foot par putt on the final hole for a one-stroke victory.
Online: www.pgatour.com

SOCCER

MLS

Wednesday's games
All Times Eastern
Chicago at New York, 1 p.m.
Portland at Chivas USA, 4 p.m.
Colorado at Toronto, 7 p.m.
New England at Montreal, 8 p.m.
Kansas City at Houston, 8:30 p.m.
Los Angeles at Vancouver, 10 p.m.
Dallas at San Jose, 11 p.m.

NASL

Wednesday's game
Fort Lauderdale at Minnesota, 8:30 p.m.

TENNIS

ATP WORLD TOUR BET-AT-HOME

At Hamburg, Germany
Singles
Juan Monaco (3), Argentina, def. Cedrik-Marcel Stebe, Germany, 6-4, 3-6, 7-5.
Jeremy Chardy, France, def. Albert Montanes, Spain, 6-4, 6-2.
Julian Reister, Germany, def. Fernando Verdasco (5), Spain, 6-2, 6-3.
Lukas Rosol, Czech Republic, def. Viktor Troicki (8) Serbia, 5-7, 6-3, 6-4.
Albert Ramos, Spain, def. Pablo Andujar, Spain, 6-1, 6-4.
Marin Cilic (4), Croatia, def. Flavio Cipolla, Italy, 6-3, 6-4.
Florian Mayer (7), Germany, def. Horacio Zeballos, Argentina, 7-6 (7), 7-5.
Tommy Haas, Germany, def. Martin Klizan, Slovakia, 6-2, 6-1.
Philipp Kohlschreiber (6), Germany, def. Bjorn Phau, Germany, 4-6, 6-2, 6-3.
Fabio Fognini, Italy, def. Marcel Ilhan, Turkey, 7-5, 6-2.
Nicolas Almagro (1), Spain, def. Tobias Kamke, Germany, 6-4, 6-1.

SWISS OPEN

At Gtaad, Switzerland
Singles
Feliciano Lopez (5), Spain, def. Adrian Ungur, Romania, 2-6, 6-4, 7-6 (7).
Grigor Dimitrov, Bulgaria, def. Julien Benneteau (6), France, 3-6, 6-4, 6-1.
Thomaz Bellucci, Brazil, def. Blaz Kavcic, Slovenia, 6-1, 6-1.
Lukasz Kubot, Poland, def. Ivan Dodig, Croatia, 3-6, 6-3, 6-4.
Dustin Brown, Germany, def. Sergiy Stakhovsky, Ukraine, 3-6, 6-4, 7-6 (8).
Ernests Gulbis, Latvia, def. Filippo Volandri, Italy, 7-6 (2), 4-6, 6-3.
Jan Hajek, Czech Republic, def. Edouard Roger-Vasselin, France, 4-1 retired.

WTA SONY SWEDISH OPEN

At Bastad, Sweden
Singles
First Round
Anabel Medina Garrigues (3), Spain, def. Laura Robson, Britain, 6-4, 7-6 (4).
Mariana Duque-Marino, Colombia, def. Sandra Roma, Sweden, 7-5, 6-1.
Silvia Soler-Espinosa, Spain, def. Anna Tatishvili, Georgia, 4-6, 6-3, 6-0.
Arantxa Rus, Netherlands, def. Rebecca Petersson, Sweden, 6-1, 6-2.
Klara Zakopalova (6), Czech Republic, def. Annika Beck, Germany, 2-6, 6-3, 6-4.
Kateryna Bondarenko, Ukraine, def. Carina Witthoeft, Germany, 6-2, 7-6 (5).
Julia Goerges (2), Germany, def. Barbora Zahlavova Strycova, Czech Republic, 6-2, 6-2.
Anastasia Pavlyuchenkova (5), Russia, def. Patricia Mayr-Achleitner, Austria, 6-2, 6-2.
Tsvetana Pironkova, Bulgaria, def. Lucie Hradecka, Czech Republic, 6-2, 7-5.
Shahar Peer, Israel, def. Lourdes Dominguez Lino, Spain, 6-4, 2-0 retired
Polona Hercog, Slovenia, def. Alexandra Panova, Russia, 7-5, 7-5.
Sofia Arvidsson, Sweden, def. Roberta Vinci (4), Italy, 6-4, 7-5.

The only thing more attractive than a Sabal home is the price

Now building in Mahogany, Copperfield, Riversong and Reunion.

SABAL

the uncommonly stylish homebuilder

sabalhomes.com

Honda CHECKERED FLAG EVENT

2012 CIVIC DX

MODEL SHOWN: FB2E2CEX

BI-WEEKLY PAYMENTS OF

$97# @1.99%

FOR 84 MONTHS WITH $0 DOWN
ORDER YOURS TODAY

$16,485‡ MSRP

INCLUDES FREIGHT & PDI

- ABS
- SIX AIRBAGS – STANDARD
- VEHICLE STABILITY ASSIST (VSA®) WITH TRACTION CONTROL

2012 CIVIC LX

MODEL SHOWN: FB2E4CEX

BI-WEEKLY PAYMENTS OF

$113# @1.99%

FOR 84 MONTHS WITH $0 DOWN

$19,235‡ MSRP

INCLUDES FREIGHT & PDI

- AIR CONDITIONING
- HANDSFREELINK™ BLUETOOTH® WIRELESS PHONE INTERFACE
- CRUISE CONTROL

2012 CIVIC EX

MODEL SHOWN: FB2E5CJX

BI-WEEKLY PAYMENTS OF

$125# @1.99%

FOR 84 MONTHS WITH $0 DOWN

$21,235‡ MSRP

INCLUDES FREIGHT & PDI

- POWER MOONROOF WITH TILT
- 16" ALUMINUM-ALLOY WHEELS
- LEATHER-WRAPPED STEERING WHEEL

OUR LOWEST INTRODUCTORY SEDAN PRICE IN 15 YEARS.

HONDA

HondaAlberta.ca

CALGARY HONDA	CROWFOOT VILLAGE HONDA	HONDA WEST	T&T HONDA	OKOTOKS HONDA	AIRDRIE HONDA
11700 Lake Fraser Drive SE	155 Crowfoot Way NW	55 Glenbrook Place SW	888 Meridian Road NE	100 Northgate Blvd	2971 Main Street SW
403 253 6531	403 239 3900	403 249 9100	403 291 1444	403 842 1100	403 945 8808

#Limited time financing offers based on new 2012 Honda models. Bi-weekly payment examples based on a new 2012 Civic Sedan DX MT, model FB2E2CEX/2012 Civic Sedan LX MT, model FB2E4CEX/2012 Civic Sedan EX MT, model FB2E5CJX available through Honda Financial Services on approved credit. MSRP is $16,485/$19,235/$21,235, includes $1,495 freight and PDI (all 2012 Civic models) financed at 1.99%/1.99%/1.99% APR with $0/$0/$0 down payment or equivalent trade equals $97.07/$113.26/$125.04 bi-weekly for 84/84/84 months. Cost of borrowing is $1,181.74/$1,378.32/$1,522.28 for a total obligation of $17,666.74/$20,613.32/$22,757.28. Taxes, license, insurance, environmental fees and registration are extra. ‡MSRP is $16,485/$19,235/$21,235 for a 2012 Civic Sedan DX MT, model FB2E2CEX/2012 Civic Sedan LX MT, model FB2E4CEX/2012 Civic Sedan EX MT, model FB2E5CJX and includes $1,495.00 freight and PDI (all 2012 Civic models). #/‡ Offers valid from July 1, 2012 through July 31, 2012 at participating Honda retailers. Offers valid only for Alberta residents at Honda Dealers of Alberta locations. Offers subject to change or cancellation without notice. Visit HondaAlberta.ca or see your Honda retailer for full details.

This Lexus may have you voting y-ES

ALL PHOTOS WHEELBASE

Engines

The ES 350's powertrain is straightforward, consisting of a 268-horsepower 3.5-litre V6 accompanied by a six-speed automatic transmission that carries over virtually unchanged from the 2012 edition.

But, for 2013 it doesn't end there. A new ES 300h hybrid features a 156-horsepower 2.5-litre four-cylinder gas engine that combines with a 141-horsepower electric motor to generate 200 net horsepower. Both function through a continuously variable transmission.

The hybrid borrows its powertrain from the Toyota Camry hybrid and represents a natural extension of the ES brand, especially since the recent demise of the Toyota-Prius-based HS 250h.

2013 Lexus ES 350/ES 300h

- **Type.** Four-door, front-wheel-drive midsize entry-luxury sedan.
- **Engines (hp):** 3.5-litre DOHC V6 (268); 2.5-litre DOHC 4 with electric motor (200, net).
- **Mileage:** L/100 km (city/hwy) 10.7/7.0 (3.5).
- **Base Price:** $44,000 (est.)

Interior

Other than the primary tach and speedometer gauges, the dashboard's control centre is a busy spot, with numerous minute knobs and buttons handling ventilation, audio and communications tasks. Fortunately, the console-mounted Remote Touch Interface can manipulate much of these systems in a relatively uncomplicated manner.

Base content

Being in the luxury realm, the ES 350 starts out with considerable standard equipment including power moonroof, 10-way adjustable power front seats, backup monitor, push-button start and an eight-speaker audio system. There's also a Drive Mode selector with Normal, Eco, or Sport settings for the powertrain and steering system.

Review. It's about time the world regarded the ES as a real Lexus

MALCOLM GUNN
Wheelbase Media

More style and substance are features the 2013 Lexus ES 350 can brag about. However the Toyota-Camry-based sedan can now include superlative fuel economy to its bag of tricks in the form of the gasoline-electric ES 300h hybrid.

The ES has always enjoyed a sterling reputation with Lexus buyers as the fleet's go-to entry-luxury model, even though the sportier IS series is less expensive. But in this league, size counts for plenty and the longer, wider and roomier ES beats the pants off the IS in the space race.

For 2013, interior volume has been slightly increased due to the addition of about five centimetres between the front and rear wheels. That adjustment makes the ES more livable, especially for rear-seat riders, but it's the car's outward appearance that's bound to make it a lot more likeable. Lexus's new character-building corporate face features a prominent lower air intake that first appeared on the GS sedan, along with restyled headlights and shapelier hood. It's a look that will show up on the rest of the fleet in due course.

In addition, the backside has been reworked to give the sedan a bit more bustle. The physical adjustments add considerable sparkle to what had been a design that for years was unnecessarily understated.

With its luxurious cabin environment, stress-free engine performance and trouble-free reliability, the ES should continue to garner serious consideration from entry-luxury shoppers. Dial in an invigorated redesign plus a fuel-sipper option and more folks than ever will likely vote y-ES.

5 DRIVE

Top Gear

That's right, jack

If you tow a medium to large trailer, you know what a hassle it is to use cinder blocks or pieces of wood to get the trailer to sit at the desired height. Where do you put the blocks when they're not in use, anyway? Attaching the sturdy Flip Jack Foot from Fastway products would appear to eliminate that problem. When secured to the trailer's tongue jack, it automatically drops down when the jack is extended, thereby adding up to six extra inches in length. It also automatically tucks up out of the way when the trailer jack is retracted. The Flip Jack Foot is available for 2 and 2.25-inch tongue jacks for $50 US from the company at fastwaytrailer.com, which also shows a list of local dealers.

WHEELBASE

On the Web

Scan code for more car reviews and news

Crowfoot
VILLAGE HONDA
DEMO DAYS ON NOW!!!
FILL `ER UP!
ON US!!
$500
GAS CARD
WITH ANY DEMO
OR USED VEHICLE
PURCHASE!
HURRY IN..ENDS SOON!!!
drive: 155 CROWFOOT WAY NW • call: (403) 451-6153 • surf: www.VILLAGEHONDA.com
AMVIC LICENSED. OFFER OAC. $500 GAS CARD OFFER VALID ON ALL IN-STOCK DEMO AND USED VEHICLES. OFFER VALID UNTIL JULY 31, 2012. NO RAIN CHECKS. CANNOT BE COMBINED WITH ANY OTHER OFFER. OFFER SUBJECT TO SALES MANAGEMENT APPROVAL. SEE DEALER FOR FULL DETAILS.

If you're not worried about fuel prices ...

Second Gear.
2006 to 2010
BMW M5

JUSTIN PRITCHARD
drive@metronews.ca

From 2006 to 2010, the E60 generation of BMW's M5 sedan offered up a slew of performance upgrades to handle the 500-horsepower output of the most powerful factory 5-Series yet.

The M5 isn't a car for the faint of heart — and high fuel and insurance costs mean a more modest 5-Series model with a smaller engine may make more sense for most shoppers who don't require the services of one of the fastest four-door cars on the planet.

Common Issues

Ensure all electronics on the M5 you're considering are working as expected. Note that reports of a 'frozen' iDrive central command system aren't uncommon. Watch for warning indicators that may become illuminated on your test-drive, especially pertaining to the SMG transmission, if so equipped. Many owners have reported some level of problems with the computer brain that controls this sophisticated transmission. Some also report problems with the oil lines and solenoids that operate the engine's valve timing system in earlier years — so be sure to have these systems verified for proper operation by a BMW mechanic.

A loud creaking noise from the M5's rear end could be caused by a problem with the differential, which could be remedied by switching to a different type of lubricating oil.

A full check of the M5's various (and complicated) electronics systems by a BMW service centre is key to confidence ahead of a purchase.

TORSTAR NEWS SERVICE

Engine

The M5 came exclusively with a 5-litre V10 developing 500 horsepower. Manual or SMG transmissions were available, and all models were rear-wheel drive.

What Owners Like

The last-generation M5 was praised by its owners for looks, exclusivity, performance, thrills, comfort and a high-quality cabin. Supportive seats and the convenience of a sedan were also highly rated.

What Owners Dislike

Many owners report frustration with terrible fuel mileage, and a rough and awkward feel to the M5's SMG transmission.

Verdict

Many of its owners will verify that the M5 isn't a car that's ideal for those after fantastic fuel consumption or inexpensive repair bills. However, as a four-door rocket-sedan, it has virtually no equals.

YOUR CALGARY
CREDIT REBUILDERS
YOU ARE APPROVED!
PAY STUBS
DRIVERS LICENCE
DRIVE TODAY
$0 DOWN
REBUILDING YOUR CREDIT IS EASIER THAN YOU THINK!
ADIL
Country Hills TOYOTA SCION
CORNER OF DEERFOOT TRAIL & COUNTRY HILLS BLVD.
AMVIC LICENSEE
403.560.2160
EZAUTOCREDITCALGARY.COM
CALL NOW OR APPLY ONLINE

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

ALBERTA JEEP DEALERS

SUMMER CLEARANCE

— EVENT —

ROLL INTO OUR CLEAROUT, ROLL OUT IN A LEGENDARY JEEP.

2012 JEEP GRAND CHEROKEE LAREDO

MOST AWARDED SUV EVER¥

$37,998•

PURCHASE PRICE INCLUDES FREIGHT.

TOP SAFETY PICK 2012 | CONSUMER DIGEST BEST BUY | 32 MPG HWY 8.8 L/100 KM HWY* | 290 HP BEST-IN-CLASS*

2012 Jeep Grand Cherokee Overland shown.§

OR CHOOSE

$222 BI-WEEKLY WITH $0 DOWN @ **4.99%‡**

- Canada's #1 selling mid-sized SUV*
- 3.6 L Pentastar™ VVT V6 delivering 290 HP
- Unsurpassed 4x4 V6 highway fuel economy*: HWY: 8.8 L/100 KM/CITY: 13.0 L/100 KM*
- Over 1,000 kilometre driving range on a single tank of gas

2012 JEEP WRANGLER 2-DOOR SPORT 4X4

UNRIVALLED LEGENDARY 4X4 CAPABILITY

$20,598•

PURCHASE PRICE INCLUDES $3,000 CONSUMER CASH* AND FREIGHT.

30 MPG HWY 9.3 L/100 KM HWY*

2012 Jeep Wrangler Sahara shown.§

OR CHOOSE

$120 BI-WEEKLY WITH $0 DOWN @ **4.99%‡**

- 3.6 L Pentastar™ VVT V6 with 285 HP
- Only true 4x4 off-road convertible
- Removable doors
- Fold-down windshield

2012 JEEP PATRIOT SPORT 4X2

MOST AFFORDABLE SUV IN CANADA≠

$17,798•

PURCHASE PRICE INCLUDES $1,750 CONSUMER CASH* AND FREIGHT.

TOP SAFETY PICK 2012 (With side seat air bags.)

40 MPG HWY 7.0 L/100 KM HWY*

2012 Jeep Patriot Limited 4x4 with optional Freedom Drive II® Off-Road Group shown.§

OR CHOOSE

$104 BI-WEEKLY WITH $0 DOWN @ **4.99%‡**

- Most capable SUV in its Class with available Freedom Drive II
- Best-in-Class rear seat legroom≥
- Premium interior with soft touch surfaces
- Fuel economy of a compact car

Jeep.ca/Offers

LESS FUEL. MORE POWER. GREAT VALUE.

10 VEHICLES WITH 40 MPG HWY OR BETTER.

CHRYSLER | Jeep | DODGE | RAM

SCAN HERE
FOR MORE GREAT OFFERS

Less Fuel. More Power. Great Value is a comparison between the 2012 and the 2011 Chrysler Canada product lineups. 40 MPG or greater claim based on 2012 EnerGuide highway fuel consumption estimates. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. See dealer for additional EnerGuide details. Wise customers read the fine print: •, ', ‡, §. The Summer Clearance Event offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating dealers on or after July 4, 2012. Dealer order/trade may be necessary. Offers subject to change and may be extended without notice. See participating dealers for complete details and conditions. •$37,998 Purchase Price applies to 2012 Jeep Grand Cherokee Laredo (26E) only. $20,598 Purchase Price applies to 2012 Jeep Wrangler Sport (23B+4XA) only and includes $3,000 Consumer Cash Discount. $17,798 Purchase Price applies to 2012 Jeep Patriot Sport (25D+C7) only and includes $1,750 Consumer Cash Discount. Pricing includes freight ($1,400-$1,595) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and taxes. Dealer order/trade may be necessary. Dealer may sell for less. See participating dealers for complete details. *Consumer Cash Discounts are offered on select new 2012 vehicles and are manufacturer-to-dealer incentives, which are deducted from the negotiated price before taxes. Amounts vary by vehicle. See your dealer for complete details. ‡4.99% purchase financing for up to 96 months available on the new 2012 Jeep Wrangler (23B+4XA)/2012 Jeep Patriot Sport (25D+C7) with a Purchase Price of $37,998/$20,598/$17,798 (including applicable Consumer Cash Discount) financed at 4.99% over 96 months with $0 down payment equals 208 bi-weekly payments of $222/$120/$104 with a cost of borrowing of $8,124/$4,404/$3,805 and a total obligation of $46,122/$25,002/$21,603. Pricing includes freight ($1,400-$1,595) and excludes licence, insurance, registration, any dealer administration fees and other applicable fees and taxes. Dealer order/trade may be necessary. Dealer may sell for less. ¥Based on automotive awards for SUVs 1974 to 2011. ■Based on *Ward's* 2012 Middle Sport/Utility Vehicle Segmentation. ¤Based on 2012 EnerGuide Fuel Consumption Guide ratings published by Natural Resources Canada. Government of Canada test methods used. Your actual fuel economy will vary based on driving habits and other factors. 2012 Jeep Grand Cherokee – Hwy: 8.8 L/100 km (32 MPG) and City: 13.0 L/100 km (22 MPG). 2012 Jeep Wrangler – Hwy: 9.3 L/100 km (30 MPG) and City: 12.7 L/100 km (22 MPG). 2012 Jeep Patriot 4X2 – Hwy: 7.0 L/100 km (40 MPG) and City: 9.0 L/100 km (31 MPG). ±Based on *Ward's* 2012 Middle Sport/Utility Segmentation. Excludes other vehicles designed and manufactured by Chrysler Group LLC. The Best Buy Seal is a registered trademark of Consumers Digest Communications LLC, used under licence. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc. ®Jeep is a registered trademark of Chrysler Group LLC.

This is a 1993 Mazda RX-7. Almost 20 years later, it calls a simpler sports car era to mind. PHOTOS BY JUSTIN PRITCHARD/FOR METRO

TWO WAYS
TO WIN
WITH SHELL!
SUMMER
AHEAD
Shell Favourite Road Trip Contest
Relive your favourite road trip for a chance to win $1,000 of Shell fuel.
To enter, just submit a 250 word essay describing your favourite road trip!
Contest closes on September 16, 2012.
Visit www.shell.ca/favouriteroadtrip for details.
Fuel up for Summer road trips ahead with New Shell Nitrogen Enriched Gasolines! Now containing 20% more cleaning agents than before. No other gasoline protects your engine† better!
5,000,000 AIR MILES®* reward miles Giveaway
Make a Shell pit stop for fuel and more at the convenience store for a chance to win 1 of 1,000 prizes of 5,000 AIR MILES reward miles.
Visit www.airmiles.ca/shellcontest for details.
Shell NITROGEN enriched gasolines
†Protection of intake valves and fuel injectors. ®Trademark of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Shell Canada Products. ©Trade-mark of Shell Brands International. Used under license.

Blast from the past

Sentimental value. High-performance sports car spent two decades stashed away at Mazda head office

JUSTIN PRITCHARD
drive@metronews.ca

In 1993, I was listening to Whoomp! (There It Is) on my Sony Walkman and playing Mortal Kombat on my Sega Genesis.

Getting my driver's licence was years away, but I had a poster of the 1993 Mazda RX-7 on the wall in my room, too.

That year, the RX-7 was being sold as Mazda's $45,000-plus flagship sports car. This machine is largely regarded as the highest-performing street-legal Mazda ever made. It's also the source of that "Zoom-Zoom" DNA present in Mazda's products to this day.

This was a special car for the Japanese automaker — and largely the reason that Mazda stashed one brand-new, bright yellow, un-modified unit away at their head office for two decades.

For a time, it was even parked in the front lobby — the same front lobby I walked into to pick up my first ever test-car (a Mazda MX-5) seven years ago. So, effectively, this particular yellow RX-7 watched from a few feet away as I started my career reviewing cars.

The 1993 model produced 255 horsepower.

Recently, I had the rare chance to realize a childhood dream and spend a week driving this exact RX-7. Sentimental value? Very much.

A supercomputer-designed suspension, lightweight hollow sway-bars and four-wheel ABS brakes were advanced for their time. Ditto the sophisticated, sequential twin-turbo setup — which helped the 1.3-litre rotary engine generate 255 horsepower and 217 lb.-ft of torque.

Two turbochargers meant two boosts of power smoothly merging with one another — perceived by the driver as virtually lag-free torque from just beyond idle to just shy of the 7,500 r.p.m. redline. This is the sort of technical, mechanical wizardry that makes excited aspiring car fanatics salivate.

Rear-wheel drive and a five-speed manual were standard. All said, it was fast by standards of its day, and is still quick and potent 20 years later. At full rip, torsos are pressed into seatbacks as the persistent whistling of the turbochargers enters the cabin — which is sweet.

The rotary engine's compact size allowed it to be mounted behind the front axle, helping with a 50/50 weight balance. Handling response is instant, direct, and surprisingly heavy and locked-on despite the size of the car.

I couldn't bring myself to drive this classic aggressively, but the eagerness and agility can be felt at every touch of the wheel.

The cabin exemplifies pure '90s Japanese sports-car cockpit-ness. It's tight and snug and hopelessly short on storage, though a centre-mounted 8,000 r.p.m. tachometer and a centre console curved towards the driver create a truly personal space to take in the performance.

Practical? Hell no. But if I ever felt more like I was in a cockpit, I don't remember it.

Without the distractions of modern day gadgets and safety gear, RX-7's engineers could focus purely on the driving experience. This was a car from an era where focusing on the driving experience was a very big deal.

And now, even two decades later, it still drops the jaws of people half its age. And the jaws of folks like me who had a poster of it on their bedroom wall when they were a kid.

New record for motorcycles at Dover

Autopilot

AUTO PILOT
Mike Goetz
drive@metronews.ca

Are you superstitious? I think I'm regular-stitious. I walk under ladders, but never carrying a black cat. Motorcyclists seem to be incredibly non superstitious. They think that the most superstitious date on the calendar — Friday the 13th — is the absolute bomb.

It's been a tradition since 1981 to drive your motorcycle to the resort town of Port Dover, Ont., on the shores of Lake Erie, every Friday the 13th, regardless of which month it falls on.

Every year it gets bigger, even the years when the "Black Fridays" show up on cooler months. With the last Friday the 13th of 2012 happening in July, and hot weather on the forecast, many predicted that this would be the biggest turnout ever. And it was.

About 50,000 motorcycles and 150,000 people were the numbers I heard repeatedly. I didn't actually count all the bikes and on-lookers clogging the streets of Dover, because I was too busy getting heat stroke, or what I thought was heat stroke. Turns out I was instantly cured by an adult beverage and some pan-fried Perch at the Erie Beach Hotel. But suffice to say, you couldn't swing a stuffed animal, like say a cat, without hitting leather, chrome, or a large person with a bandana. So I didn't.

Funnily enough, our gang didn't arrive at Dover via bikes, or via cars. Our pal Kirby hosted us in nearby St. Williams, and dropped us off by boat.

Great fun but I wouldn't necessarily recommend the water route, as dock space on that day is super tight. But with so many people on the pier looking at every boat coming into the marina, I can now appreciate how Queen Elizabeth felt on her Jubilee tour down the Thames.

It was my first Friday the 13th at Port Dover. Here are a few impressions and observations of the day, from this rookie attendee.

Last Friday, the 13th that is, saw roughly 50,000 motorcycles invade the town of Port Dover, Ont. MIKE GOETZ/FOR METRO

• Very hot and humid, saved only by a slight breeze.

• Did I mention it was hot?

• A warm day meant a lot of skin was uncovered. As usual, this is good and bad.

• The vibe was awesome. All those bikes and all those people and all that heat and nobody was cranky or pushy.

• The cruiser crowd, which prefers leather and Harley Davidson motorcycles, are definitely the majority, but there was solid representation from all motorcycle genres — sport bikes, vintage, touring, standards, trikes, etc.

• Huge police presence. But they didn't seem to have much to do, other than direct traffic.

• Port-a-potties and hot sun? Not a good combination.

• Very well organized. Only bikes allowed into and out of town by one road, and under the control of those efficient and courteous police officers.

People arriving by car have to park way out of town, in a designated farmer's field, and then get shuttled by school bus.

• Hundreds of bikes rolling into, or out of town, en masse, makes for great mechanical theatre — lots of flashy visuals, amazing soundtrack.

NISSAN

ENDS JULY 31, 2012

Summer
SAVIN' DAYS

$402 /MTH +GST SPECIAL LEASE ONLY 39 MTHS $0 DOWN OR $325 /MTH +GST 60 MONTH LEASE @ 2.9%

2012 NISSAN ROGUE S FWD
PWR LOCKS & WINDOWS, ABS, STABILITY & TRACTION CTRL
$24,228 $174B/W**
120777
UP TO $3000 OFF ON CASH PURCHASES ON ALL ROGUES

0% Financing, $0 Down
Up to $14,000 in Cash Discounts
AT SUNRIDGENISSAN.COM

2012 NISSAN TITAN KING CAB SV 4X4
AUTO, PWR LOCKS & WINDOWS, ABS, STABILITY & TRACTION CTRL
$34,508 MSRP: $42,608 $220 B/W*
121100
UP TO $14,000 OFF ON SELECT MODELS!

2012 NISSAN ALTIMA 2.5S
AUTO, A/C, PWR LOCKS & WINDOWS, STABILITY & TRACTION CTRL
$22,528 $154B/W*
OR 60 MTH LEASE @ 0%
$308 MONTHLY +GST
121003
UP TO $4,500 OFF ON CASH PURCHASES ON ALL ALTIMAS

2012 NISSAN SENTRA
AUTO, A/C, PWR LOCKS & WINDOWS, VOP PKG
$16,266 $143B/W**
OR 60 MTH LEASE @ 0%
$217 MONTHLY +GST
120981
UP TO $4,000 OFF ON CASH PURCHASES ON ALL SENTRAS

2012 NISSAN VERSA HATCHBACK S
AUTO, A/C, PWR LOCKS & WINDOWS, ABS
$14,280 $94B/W*
OR 60 MTH LEASE @ 3.9%
$216 MONTHLY +GST
121055
UP TO $2,500 OFF ON CASH PURCHASES ON SELECT MODELS

RIDGENISSAN.COMSUNRIDGENISSAN.COMSUNRIDGENISSAN.COMSUNRIDGENISSAN.COMSUN

Win a trip to
Hello Kitty Land in Japan!
http://hellokitty.sunridgenissan.com

PAYMENTS O.A.C. **84 MTHS @ 0% **72 MTHS @ 0%. TAXES (GST, $20 TIRE & $100 A/C) AND FEES ($449 ADMINISTRATION, $149.95 WHEELS LOCKS AND NITROGEN & $6.25 AMVIC) NOT INCLUDED. ERRORS AND OMISSIONS EXEMPT. VEHICLES MAY NOT BE EXACTLY AS SHOWN.

SUNRIDGE NISSAN
NISSAN Commercial Vehicles
3131 32 Ave NE, Calgary, AB
SUNRIDGENISSAN.COM 403-291-2626

Calgary's 50 BEST MANAGED COMPANIES
AMVIC LICENSED

London's buses will use the Michelin communicating tires. PHOTOS COURTESY MICHELIN

Michelin's 'communicating' tires tell their tales

Driving Force.
New system, which increases safety, to debut just in time for London Games

JIL MCINTOSH
drive@metronews.ca

It's dangerous to have low air pressure in a tire. The tire will run much hotter, which can potentially lead to a blow-out — and on a vehicle such as a bus, that could put many lives in danger. Maintenance crews normally check each truck or bus tire manually, but a new system from Michelin lets an operator instantly obtain all the necessary information just by stopping by with a handheld device.

These "communicating tires" use the combined technologies of a tire pressure monitoring system (TPMS) and radio frequency identification (RFID) chip to collect and forward the information.

They'll debut this summer on buses at the Olympic Games in London, England.

"This system allows a fleet to monitor tires just by walking by the tires with the sensor picking up the information through the RFID," says Francois Beauchamp, manager of the Field Engineering Group for Michelin Canada. There's no word yet on whether the system will come to Canada.

The components in the tire aren't new. Many passenger cars now come equipped with TPMS, which warns the driver when the air pressure in a tire is low. Some tires also contain RFID chips, primarily for inventory. However, Michelin says it is the first to combine them into a "full-fledged ecosystem" that instantly provides such information as the tire's identification number, when it was manufactured, when it was put on a vehicle, and its air pressure and temperature.

The chip is built into the tire and stays with it during its lifetime. Some of its information can also be updated, such as when the tire is retreaded. The chips do not contain batteries, but are powered by electromagnetic waves when the scanner collects their data.

Michelin estimates that it takes about 15 minutes to manually identify a commercial tire and check its pressure, and that this instant readout system will leave operators more time for visual inspections and tread depth checks. It also enables crews to easily verify the identification and age of the inside tires on buses with dual rear wheels, where that information — which is molded into the side of the tire — is hidden by the outer tires.

"Monitoring the tire pressure and temperature is related to safety, because in the transit community, you're transporting people," Beauchamp says. "You also achieve better maintenance of your fleet, which in turn gives you better fuel economy and fewer emissions."

Michelin's RFID Chip fits in the palm of a hand.

Tire facts

- **Safety.** In future, sensors could be installed at bus stops or other city points, which would "read" the information on communicating tires and instantly spot any potentially unsafe ones.
- **Validation.** Michelin's communicating tires took 7 years to develop and validate, and are covered by 20 families of patents.
- **Future.** By the end of 2012, some 1,200 communicating tires will have been installed on London buses.

Horoscopes

♈ Aries
March 21 - April 20
Temptation will come knocking today. Do you answer the door and let it in or do you call on all your powers of self-control and ignore it? Only you can decide, but consider this: Is enjoying yourself really a sin?

♉ Taurus
April 21 - May 21
You may find it hard to control your emotions today. Pluto, planet of extremes, will make you a bit touchy and maybe a bit jealous too. So, watch you don't go over the top and say something you'll later regret.

♊ Gemini
May 22 - June 21
Someone you work with seems determined to find fault with everything you do and it's getting you down. All you can do is sit tight and wait for him or her to get fed up with his or her carping.

♋ Cancer
June 22 - July 23
Close your ears to gossip because hardly any of what you hear today will be true. Someone is trying to poison your mind against a person you have known and trusted for years. Don't fall for it.

♌ Leo
July 24 - Aug. 23
Steer clear of a feud that is none of your business. If you get involved, it will make it appear you have taken sides. Before you know it, you'll be involved in a war of words no one can win.

♍ Virgo
Aug. 24 - Sept. 23
The more others say you need to make changes, the more you must resist. This is not the right time to throw everything up in the air. That applies as much to your personal life as it does to your career.

♎ Libra
Sept. 24 - Oct. 23
Something you have grown used to over the years will go out of your life today but that's good because it has been taking up more time and space than it deserves. Make room for new things.

♏ Scorpio
Oct. 24 - Nov. 22
Don't be silly and make promises you might want to back out of later on. And don't use emotional blackmail to get what it is you most desire. What will you do if your bluff is called?

♐ Sagittarius
Nov. 23 - Dec. 21
Both at home and at work you should strive for a more relaxed and forgiving attitude today — not because others deserve to be forgiven but because it will be you who suffers most if you get uptight.

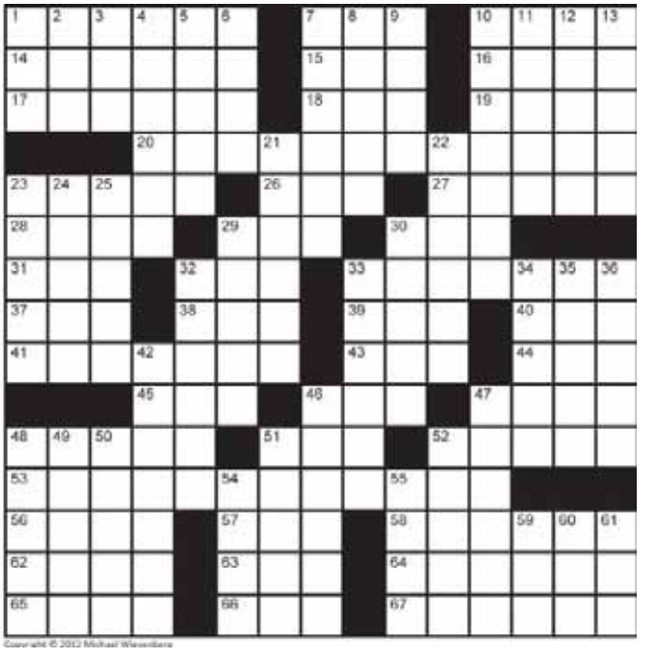
♑ Capricorn
Dec. 22 - Jan. 20
If things don't work out the way you plan today, chances are it's only a temporary setback. There's no need to panic. Have more patience with yourself and, most importantly, think long-term in everything you do.

♒ Aquarius
Jan. 21 - Feb 19
No matter how much others may say you should loosen the purse strings, you know it's the wrong thing to do. Luxury items must stay off your shopping list until such time as you can afford them.

♓ Pisces
Feb. 20 - March 20
Passions will be running high today, so think before you act both at home and at work. If someone in your family does not like the friends you hang out with come right out and ask them why. SALLY BROMPTON

Crossword: Canadianisms

BY MICHAEL WIESENBERG



Across
1. "No, really?" in Newfoundland
7. Canadian name for US calls soda
10. Isl. S of Aus.
14. Antique photos
15. One in the East
16. Concept, in Québec
17. Bend an elbow
18. "Sprechen ___ Deutsch?"
19. Track event
20. Hooch on Prairies; in ON, mix of beer, vodka, lemonade
23. Noted lover
26. Majors in acting
27. "Oye como va, mi ___"
28. Hatchet man
29. Pub mate
30. "But ___ me a canny hour ...": Burns
31. Crude msmt.
32. Guar ___
33. Tykes' clothing chain
37. Internet giant
38. *7 Faces of Dr.* ___
39. ___ possidetis: as you possess, at law
40. "Achtung Baby" producer Brian
41. Double 12-pack of Molson's or Moosehead
43. *Star Trek* letters
44. Scotsman's wee drappie
45. Car safety feature
46. E-I fill
47. Car roof with removable panels
48. Stadium cousin
51. Dog's bark
52. Poseur
53. Coffee with 2 creams, 2 sugars at 10-Down
56. Bards strings
57. Chevys, Cads
58. Electoral district: Canadian term
62. Green subj.
63. "Shoo!"
64. Fatigue cause
65. Nap
66. Sides in cricket
67. Swindled

Down
1. Fed. tax
2. Wu ___: tenet of taoism
3. PC program
4. RCA Victor dog
5. *Jungle Book* bear
6. 1914 Belgian battle line
7. Shoved
8. Cooling
9. Mackenzie tributary in YT and NT
10. Canada's quintessential fast food place, familiarly
11. "We owe you ___ of gratitude"
12. "Call 'em as I ___"
13. Montréal's underground
21. Hue and cry
22. Containing a certain precious element
23. Morocco capital
24. *The* ___ *Incident*: 1943 Western
25. ___ Yello soft drink
29. Hawaiian fests
30. Men's briefs, on the Prairies
32. ___ warming
33. Chinese self-defense
34. Place to eat, in PQ
35. Workers' group
36. Overly sentimental
42. Part of car's cooling system
46. What Canadians expect by late summer
47. PQ corner, variety, or convenience store
48. Holmes's adversary Irene
49. Rolls partner
50. Italian money
51. Sys ___: IT VIP
52. Either of two noted Roman authors
54. Frozen waffles
55. Boast
59. Baby-sitter's headache
60. Never: Ger.
61. Flit about

Yesterday's crossword

What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

3					7		2	
			4	2			9	
	8		6					1
	6	8		4				
1			3		6			4
				9		5	7	
4					9		5	
	3			1	5			
	5		2					8

Yesterday's Sudoku

1	8	5	2	7	3	9	4	6
4	9	2	1	6	5	8	7	3
6	7	3	9	8	4	1	5	2
2	1	4	6	9	8	7	3	5
8	6	7	3	5	1	2	9	4
5	3	9	7	4	2	6	8	1
7	4	8	5	1	6	3	2	9
9	2	1	4	3	7	5	6	8
3	5	6	8	2	9	4	1	7

Weather

BT BREAKFAST TELEVISION

ANDREW SCHULTZ
WEATHER SPECIALIST
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta".
WEEKDAYS 5:30 AM

TODAY	THURSDAY	FRIDAY
MAX: 29° MIN: 15°	MAX: 26° MIN: 13°	MAX: 24° MIN: 12°

This is gonna make some waves

Limited Collection of waterfront homes in Mahogany at unprecedented prices.

Register now!

SABAL
the uncommonly stylish homebuilder
sabalhomes.com

STAMPEDE TOYOTA

TRUCK SUPERSALE

TOYOTA MORE FOR YOU

2012 TACOMA DBL CAB SR5 POWER PACK

6500LB TOWING
TRAILER SWAY CONTROL
16 INCH ALLOYS
CLASS 4 HITCH

WAS ~~$34,365~~

$32,965* OR BI-WEEKLY $212*

STK#120812

2012 4RUNNER UPGRADE PACKAGE

STK#120970

POWER MOONROOF
LEATHER SEATS
BLUETOOTH
STAR SAFETY SYSTEM

WAS ~~$45,163~~

$42,375* OR BI-WEEKLY $269*

2012 TUNDRA CREWMAX PLATINUM

HEATED/COOLED SEATS
JBL AUDIO SYSTEM
PWR SLIDING REAR WINDOW
POWER MEMORY SEATS
20 INCH ALLOYS

WAS ~~$57,220~~

SALE PRICE $44,597* OR BI-WEEKLY $287

STK #120353

UP TO $10,000 IN SAVINGS!

SALES HOTLINE

1-888-479-7889

*Prices are before nitro and Taxes. Payments based on 60 month finance and 96 month Amortization.

STAMPEDE TOYOTA

A HOT NEW BRAND OF SERVICE

AMVIC licensed

2 Blocks North of the Trans Canada Highway just off Barlow Trail